

Chief Executive Officer: Mrs Alison Nettleship
Acting Head of School: Mrs Kathryn Catherwood
Assistant Head of School: Miss Natasha Irvine



Weston Mill Community Primary Academy
Ferndale Road
Camel's Head
Plymouth
PL2 2EL

01752 365250

Westonmill.desk@discoverymat.co.uk



Newsletter 16th December 2022

This week has been the busiest of the term! Thank you to everyone who attended some (or all) of our Christmas events this week. It was lovely to welcome parents back into school to share in Foundation Nativity performance. The children were fantastic and Mrs Gray, Mrs Wye and Mrs Turner are extremely proud of them all.

Thank you to everyone who attended our Christmas Carol concert and Christmas Fayre this week. The PFTA raised £400 which is incredible. It has been lovely to bring our school community together to celebrate Christmas.

Our focus this term has been to build a positive school community and provide opportunities for parents to come into school and share in their children's learning. We have been overwhelmed with the support we have had this year and are looking forward to continue to provide these opportunities in the new year.

Please see the updated dates for January and February in this newsletter. More information will be sent out to parents regarding Parent's Evening in January. We will continue to update our Facebook page with key information and events.

We hope all of our families have an amazing Christmas and we look forward to welcoming you back in the new year.

Merry Christmas Everyone!



We would like to say a huge THANK YOU to Simon Hawkins, of Simon Hawkins Home Improvements, who donated a selection box for every child in the school as a gift from Father Christmas this year. We are extremely grateful for this generous donation and keeping the spirit of Christmas alive. Thank you!

Weekly attendance for 12th - 16th Dec 2022

The UK Government expectation is 96%. We are striving for children to achieve this as there is a direct link between attendance and achievement.

This week's winners are :

LONDON	73.5
NAIROBI	70.5
MOMBASA	81.0
CAPE TOWN	85.5



SAN FRANCISCO	87.5
TOKYO	71.3
SANTIAGO	84.4
CANBERRA	74.4
DUBAI	76.3
OSLO	83.7

Christmas at V



Weston Mill



Strep A Advice...



If your child has been to the hospital/doctors for a swab, please ensure your child remains at home until you receive the results.

STREP A

Group A Strep infections cause various symptoms such as sore throat, fever, chills and muscle aches. As a parent, if you feel that your child seems seriously unwell, you should trust your own judgement.

Contact NHS 111 or your GP if:

- your child is getting worse
- your child is feeding or eating much less than normal
- your child has had a dry nappy for 12 hours or more or shows other [signs of dehydration](#)
- your baby is under 3 months and has a temperature of 38C, or is older than 3 months and has a temperature of 39C or higher
- your baby feels hotter than usual when you touch their back or chest, or feels sweaty
- your child is very tired or irritable

Call 999 or go to A&E if:

- your child is having difficulty breathing – you may notice grunting noises or their tummy sucking under their ribs
- there are pauses when your child breathes
- your child's skin, [tongue or lips are blue](#)
- your child is floppy and will not wake up or stay awake

<p>Scarlet Fever</p> <p>You can get more information here:</p> <p>Scarlet fever - NHS (www.nhs.uk)</p>	<p>Children need to stay off for 24 hours after starting antibiotics. If antibiotics are not prescribed by the GP children will need to stay away from your setting for 2-3 weeks as they may still be infectious.</p> <p>Cases who are still infectious (e.g. within first 24 hours of antibiotics or until fully recovered if antibiotics not taken) should avoid people in vulnerable groups. This includes people with chronic illness such as cancer or diabetes, who are immunocompromised, or who have had very recent influenza or chicken-pox infection. All suspected cases of scarlet fever should seek medical care, either via NHS 111 or their GP.</p>
<p>Impetigo</p>	<p>Impetigo is a skin infection. It will start with red sores or blisters. These will burst quickly and leave crusty, golden-brown patches.</p> <p>Anyone with signs of impetigo should speak to their GP. They should stay at home for two days (48 hours) after starting antibiotic treatment or until all lesions have crusted over / healed.</p>
<p>Strep Throat</p>	<p>Strep throat is an infection in the throat and tonsils caused by bacteria called group A <i>Streptococcus</i> (group A strep). It is spread by talking, coughing, or sneezing. It can only be diagnosed by swabbing the throat and running a test on the swab. Cases can attend the setting when they no longer have a fever AND have taken antibiotics for at least 24hrs.</p>

Reading at Home

This term we are focusing on improving reading across the school. An important part of learning to read and building reading fluency is practise. Each week, your child will bring home their Accelerated Reading book or their RWI book to read at home. They will also have their Reading Record to be completed once they have read with an adult at home. Here are some of the ways reading at home can develop a love of reading and build your child's reading fluency.



At Weston Mill we teach early reading using RWI. Below we have some more information about how your child will learn to read at school and information on how to listen to your child read and support their reading practise.

How will my child learn to read?

First, your child will learn to read:

- Set 1 Speed Sounds: these are sounds written with one letter:
m a s d t i n p g o c k u b f e l h r j v
y w z x and sounds written with two letters
(your child will call these 'special friends'): **sh th ch**
qu ng nk ck
- Words containing these sounds, by sound-blending,
e.g. m-a-t *mat*, c-a-t *cat*, g-o-t *got*, f-i-sh *fish*,
s-p-o-t *spot*, b-e-s-t *best*, s-p-l-a-sh *splash*
- Blending Books and Red, Green and Purple Storybooks.

Second, he or she will learn to read:

- Set 2 Speed Sounds: **ay ee igh ow oo oo ar or**
air ir ou oy
- Words containing these sounds
- Pink, Orange and Yellow Storybooks.

Third, he or she will learn to read:

- Set 3 Speed Sounds: **ea oi a-e i-e o-e u-e aw**
are ur er ow ai oa ew ire ear ure
- Words containing these sounds
- Blue and Grey Storybooks.

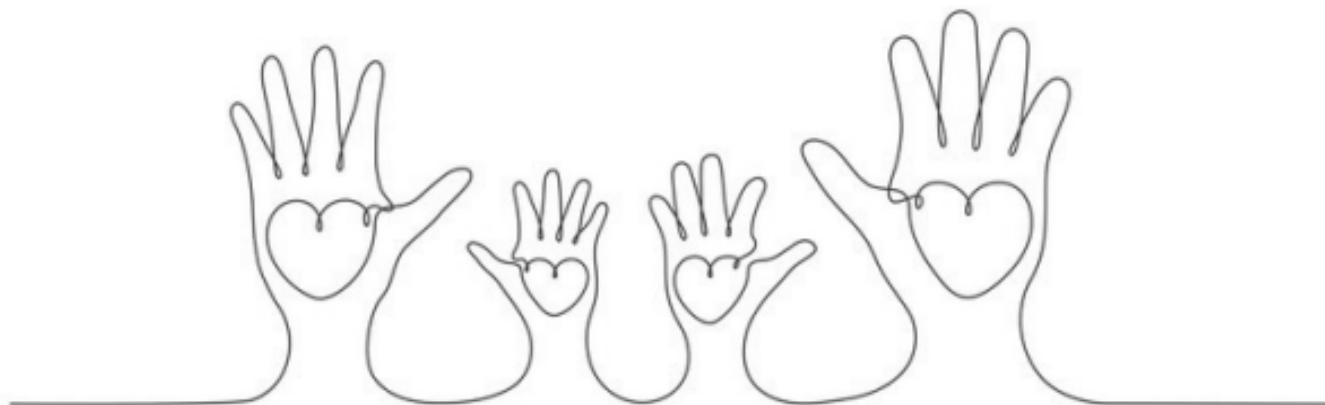
Your child will be taught to say the sound for the letter and not the letter name, so 'm' as in 'mat', not 'em'; 's' as in 'sun' not 'es'.

How to listen to your child read



- Do not read the book aloud before your child reads it to you.
- Ask your child to read the sounds and words before he or she reads the story.
- When your child reads the story, ask him or her to sound out the words that he or she can't read automatically. Don't allow your child to struggle too much. Praise your child when he or she succeeds.
- Read back each sentence or page to keep the plot moving. (Your child's energy is going into reading the words not the story.)
- Do not ask your child to guess the word by using the pictures.
- Do it all with patience and love!

We have a storytime every day at school so children develop a love of stories. We hope that you will do the same by reading a bedtime story to your child every night. We have wonderful books in school for you to borrow.



“Let’s Talk about Children”

Therapeutic Parenting is a nurturing parenting style developed from consistent, empathic, and emotional based responses to your children as a response to their behaviours.

We believe that all children would benefit from experiencing therapeutic parenting and want to share this parenting style through the use of a ‘Therapeutic Toolbox’.

This programme is full to top tips and advise to support you and your child on the journey of parenting and growing up.

This is a 6 week programme and topics include :

- what does it mean to be a therapeutic parent?
- Emotions
- Anger and aggression
- Managing tricky behaviours
- Play
- Parental self care



Starting Wednesday
25th January 2023
At Beechwood School

Dates for your



January

5th January - Year 1/2 Theatre Trip to Pinocchio

10th January - Parent's Evening

11th January - Parent's Evening

19th January - Tokyo Class Parent Reading session @ 2:15pm

26th January - San Francisco Class Assembly @ 2:30pm

February

1st February - Mombasa Celebration of Learning @ 2:15pm

3rd February - PTFA Spring Disco Timings TBC

9th February - Santiago Class Assembly @ 2:30pm

20th February - NPD - School Closed to all pupils

23rd February - Canberra Class Parent Reading Session @ 2:15pm

28th February - Cape Town Celebration of Learning @ 2:15pm

WEBSITE AND FACEBOOK

Please follow us on our
Facebook page - Weston Mill
Community Primary

**You can also check our website
for
latest news, dates and letters.**



Our PTFA are busy preparing for our Christmas events to raise funds for the school. If you are interested in joining the PTFA, please contact the school office on 01752 365250 or email westonmill.desk@discoverymat.co.uk for more information.

We are always looking for more volunteers to support us with events for the children and bring our school community together. Our PTFA usually meet once a month to discuss and plan for school events, but we are grateful of any time that you could spare to support us at school.

Do you like to DRAW?

The Box is thrilled to launch our new young people's drawing competition.

Submit your favourite drawing to enter. There are three categories, primary school, secondary school and 18-25 years. The theme is simply **'For the Joy of Drawing'**

Winners will receive a great prize and have their work displayed at The Box.

Scan or take a high quality photograph of your drawing (min 300dpi) and email to-
theboxlearning@plymouth.gov.uk

Label the file with your initials, the date and category entered, for example - Joe Bloggs, entered on 30th Nov, in the Primary category would be labelled JB301122P (use S for secondary and YP for 18-25)

Closing date for all entries is 5pm on 11 Dec 22
Full terms and conditions can be found at:
www.theboxplymouth.com/drawing-competition



Supported using public funding by
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ed's AWESOME LUNCHTIME MENU

WEEK 01
WEEK BEGINNING: 31ST OCT • 21ST NOV • 12TH DEC • 16TH JAN
6TH FEB • 6TH MARCH • 27TH MARCH

	CHOICE 1	CHOICE 2
MONDAY	Cheese & tomato pizza with jacket wedges H/V	Vegan balls with tomato sauce & mixed vegetable rice H/W/V/ve
PUDDING	Iced apple cake H/W/V, yoghurt and fresh fruit	
TUESDAY	Beef chilli with rice & nacho chips H/W	Breaded nuggets, bbq sauce & herby wedges V/VE
PUDDING	Fresh fruit platter H/V/VE, yoghurt and fresh fruit	
WEDNESDAY	Meatballs with tomato sauce served with pasta H/W	Vegan pasty pocket with sauté potatoes H/V/VE
PUDDING	Custard biscuit and fruit H/V/VE, yoghurt and fresh fruit	
THURSDAY	Roast chicken with Yorkshire pudding, roast potatoes & gravy H	Courgette sausage with roast potatoes and gravy H/V
PUDDING	Fruit salad V/VE, yoghurt and fresh fruit	
FRIDAY	Crispy fish bites with fresh chips H	Vegetable quiche with fresh chips H/W/V
PUDDING	Chocolate brownie H/W/V, yoghurt and fresh fruit	

WEEK 02
WEEK BEGINNING: 7TH NOV • 28TH NOV • 2ND JANUARY
23RD JAN • 20TH FEB • 13TH MARCH

	CHOICE 1	CHOICE 2
MONDAY	Sausages in gravy served with creamy mash H	Vegetable pie served with creamy mash H/V
PUDDING	Fruity cookie H/W/V, yoghurt and fresh	
TUESDAY	Beefy pasta bake and garlic bread H/W	French bread pizza with herby wedges H/V
PUDDING	Fresh fruit platter V/VE, yoghurt and fresh fruit	
WEDNESDAY	Sweet and sour chicken served with rice H/W	Macaroni cheese with garlic bread H/V
PUDDING	Shortcake & fruit H/W/V/VE, yoghurt and fresh fruit	
THURSDAY	Roast gammon with apple sauce, roast potatoes and gravy H	Vegetable shepherds pie with gravy H/V/VE
PUDDING	Fruit salad V/VE, yoghurt and fresh fruit	
FRIDAY	 Fish fingers with chips	Folded bean & cheese quesadillas with fresh chips H/V/VE
PUDDING	Spiced pear tray bake served & custard H/W/V, yoghurt and fresh fruit	

WEEK 03
WEEK BEGINNING: 14TH NOV • 5TH DEC • 9TH JAN • 30TH JAN
27TH FEB • 20TH MARCH

	CHOICE 1	CHOICE 2
MONDAY	Beef burger in a brioche roll with jacket wedges H	Sausage and haricot bean stew served creamy mash H/V/VE
PUDDING	Oat and date slice H/W/V/VE, yoghurt and fresh fruit	
TUESDAY	Cheese wheel with herby diced potatoes H/V	Ratatouille pasta bake H/V/VE
PUDDING	Fruit salad V/VE, yoghurt and fresh fruit	
WEDNESDAY	All day breakfast H	Vegan all day breakfast H/V/VE
PUDDING	Cheese, crackers and apple slices H/V, yoghurt and fresh fruit	
THURSDAY	Roast chicken served with Yorkshire pudding, roast potatoes & gravy H	Broccoli bake with roast potatoes and gravy H/V
PUDDING	Banana flapjack H/W/V/VE, yoghurt and fresh fruit	
FRIDAY	Bubble coated salmon fillet with fresh chips	Cheese and potato slice with fresh chips H/V/VE
PUDDING	Chocolate orange cake & chocolate sauce H/W/V, yoghurt and fresh fruit	

Photographs are for illustration purposes only and listed items may be subject to change due to supply.

CATE'S CORNER

Q: Why did the bee say a phone?
A: To call/bee/er.

FRESH FRUIT, LOCAL WESTCOUNTRY YOGHURT AND WEST COUNTRY MILK AVAILABLE DAILY. FRESH DRINKING WATER IS AVAILABLE THROUGHOUT THE LUNCH TIME PERIOD. ALL MEALS SERVED WITH SEASONAL VEGETABLES. CHICKEN ALTERNATIVES TO BEEF AND PORK UPON REQUEST. ONE MEAT FREE DAY.

H: HOME MADE IN THE KITCHEN.
W: WHOLE WHEAT INGREDIENTS.
VE: VEGAN DISH.
V: VEGETARIAN
Z: THE VEGETARIAN LINE.

REGULARS
Jacket Potatoes with Beans, Cheese & Tuna Mayonnaise & Coleslaw
Fresh Salad Bar
AVAILABLE DAILY

DO YOU KNOW?
You can have more of brown rice, pulses or potatoes
Tilda

EVERY CHILD EVERY TIME



Plymouth Argyle Women .v. Cheltenham Town Women

SUNDAY 8TH JANUARY 2023 @ HOME PARK, kick off at 1400

Plymouth Argyle Women's FC are playing at **Home Park**, on **Sunday 8th January 2023**, and it would be amazing to continue to build on the legacy of the Lionesses in the Summer and get a record attendance for Women's Football in the Southwest.

Plymouth Argyle Women play in Tier 3 of the Women's football pyramid and sit only 2 leagues below the Women's Super League.

This is a great opportunity as a community to come together and support Women and Girls football and show the players that we appreciate their commitment and dedication to football.

Apart from anything else it, it promises to be a fun filled exciting afternoon, with the Plymouth Argyle **Fanzone** open, Pilgrim Pete and much more happening.

If your Daughter or Son would like to attend this fixture, Tickets are priced as below:

Adults - £8
U23's - £5
12-18 yrs - £1
U12's - free

Tickets can be purchased online via this link:

<https://www.eticketing.co.uk/pafc>

or by telephone on 01752 907700, Home Park Ticket Office who will be happy to talk you through the seating options or in person at the Ticket Office on match day.

Children under 12 years of age must be accompanied by an appropriate adult or they will be refused entry