

Weston Mill Community Primary Academy

Friday 10th January 2025

This week:

Attendance

Celebrating Success

Our Learning

Recycling Appeal

Plymouth Albion Rugby Club Year 3 & 4

Important Dates

Email Addresses to Remember

Lunch Menu

Family Support Team

Head Lice

Nasal Flu Vaccination

Headteacher's update

Dear Parents and Carers,

Firstly, Happy New Year and welcome back to school; we hope you all enjoyed the holidays and have returned well rested.

As ever, the start of the new year offers us the perfect opportunity to reflect on the past and more importantly plan for the future. We are all excited to welcome Miss Tumilty to Year 3 and wish her every success in her new role. Hopefully you have had the chance to meet her on the playground at either the beginning or end of the day.

As the new term starts, so do our new extra-curricular clubs. Thank you all for your interest and hopefully you have all been made aware of who is taking part and when they occur. There have been some changes to how this is communicated so if you are unsure, please just ask a member of staff.

Swimming is now up and running for the Year 5 children and it has been great to hear reports of their energy and enthusiasm. As ever, the life-saving skill of swimming is so important for us, especially considering how close we are here to the water in our city. The swimming course lasts until the end of week three (last session – the fun one- is on 24.1.25). Last term, one very brave Y6 girl (Ava) conquered the 10m diving board; aim high Year 5.

We have had a visit this week from Plymouth Albion Rugby Club who came to encourage children in Y3 and Y4 to consider joining the rugby club. Many thanks to them for their ongoing support and with the Six Nations competition looming, it could be a great chance to generate some enthusiasm for the sport.

Blast from the Past visited Year 4 this week and spent the day exploring the amazing culture of Ancient Greece as an enrichment to their curriculum theme this term – look out for some photos of this. Next week, EYFS will have a visit from them related to Neil Armstrong: "One small step..." It's sure to be an "out of this world" experience – keep an eye out for the photos.

Thank you all for your ongoing support. We hope you have a wonderful weekend.

Best wishes,
Weston Mill Team

Attendance

We are continuing to strive for our attendance target of 96% and are making some progress to achieving this and ensuring our children regularly attend school to achieve success. If your child's attendance is less than 90%, you will be asked to attend an attendance meeting with Mrs Glead. It is important that these meetings are attended to ensure that we are providing the right support for your child to continue to attend school regularly. Our attendance policy can be accessed using the following link:

[Weston Mill Community Primary Academy - Policies](#)

A gentle reminder to parents that contact **must** be made with school on your child's first day of absence and each day until they return to school. If you do not provide a reason for your child's absence, this will be recorded as an unauthorised absence and could result in a penalty notice being issued by Plymouth City Council. Arriving late for school after 9.10am will also be recorded as an unauthorised absence.

Weekly attendance for 6th January to 10th January

The UK Government expectation is **96%**. We are striving for children to achieve this as there is a direct link between attendance and achievement .

This week, our whole school attendance is **94%**

This week's winners are : **PRICE Class** and **MOZART Class**.

| | |
|--------|-------|
| MOZART | 92.3% |
| PRICE | 96.2% |
| ZIMMER | 93.2% |



| | |
|-------------|-------|
| BRITTEN | 84.4% |
| DUN | 96.9% |
| HOLST | 94.8% |
| TCHAIKOVSKY | 96.2% |

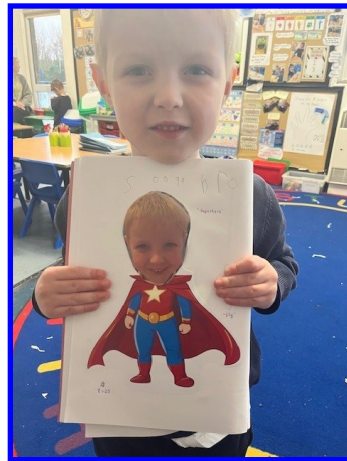
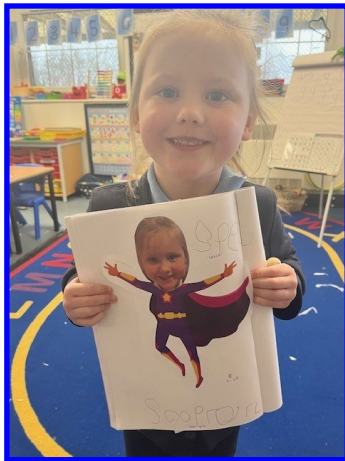
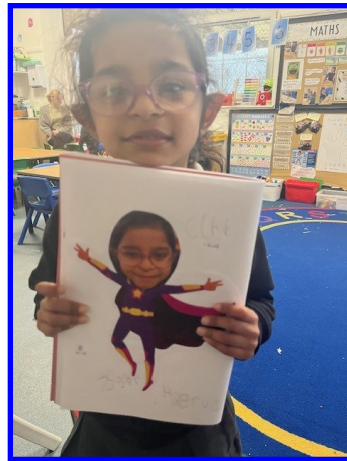
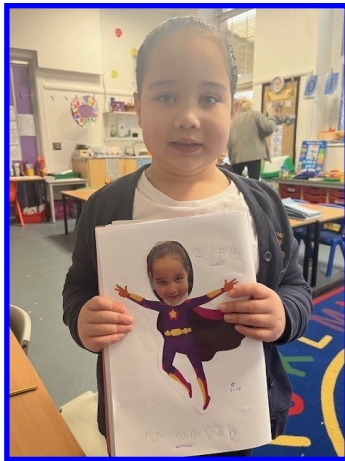
Celebrating Success

| Year | Value awards | Star Learners |
|------------------|--------------------------------------|----------------------|
| Nursery | Skylar J | Hugo |
| Reception | Florence | Elizabeth |
| Year 1 | Stanley M | Aimee-Jean |
| Year 2 | Bonnie | Alice |
| Year 3 | Elsie | George |
| Year 4 | Lucas | Bonnie |
| Year 5 | Amelia F | Darcie N |
| Year 6 | Amelia H, Sienna and Lexi | Magdalena |



Our Learning

This week in Mozart class we have shared our new book for Ready Steady Write called 'Juniper Jupiter'. The children loved imagining what superhero they would be, what they would look like and choose a name and super power!



Recycling Appeal

EYFS are making space rockets from junk modelling next week so would love any recycling, boxes, cereal boxes, newspaper etc donated.

Thank you x



Plymouth Albion Rugby Club Year 3 & 4

There are still spaces for Plymouth Albion Rugby Club Year 3 & 4.

Thursdays 3.15 to 4.15.

Please bring PE kit on this day.

To secure your place email:

Westonmill.desk@discoverymat.co.uk



School Uniform

Please ensure that your child comes to school each day wearing the correct school uniform. If you require additional items of school uniform, please speak to Mrs Lavers who will be more than happy to help from our spare uniform.

here's a 10% discount code for your parents to save money on uniform from [MyClothing](#).

Code = **UNIFORM10**

Expires 20/12/2024

Compulsory Uniform Items

Navy school jumper or cardigan (with or without the school logo)



White or blue polo shirt (with or without the school logo)



Trousers or shorts, or skirt (mid grey)



School Uniform

Update Below!

Parents are reminded that their child should wear the correct PE uniform to school on their PE days. We ask that children wear their school jumper/cardigan as part of their PE kit only. **Hoodies are no longer permitted.** We appreciate your continued support and invite parents to speak with Mrs Lavers if they require any support for any items of uniform.

PE Kit

White polo shirt or t-shirt
(with or without logo)



Black shorts



Navy/Black jogging bottoms



Important Dates

Class Assembly Dates

Year 4 Friday 31st January 2025 @ 9.15

Year 3 Friday 14th February 2025 @ 9.15

Year 2 Friday 21st March 2025 @ 9.15

Year 1 Friday 4th April 2025 @ 9.15

Year EYFS Friday 23rd May 2025 @ 9.15



Important Dates

Dates for your Diary

For all events and any changes click below:

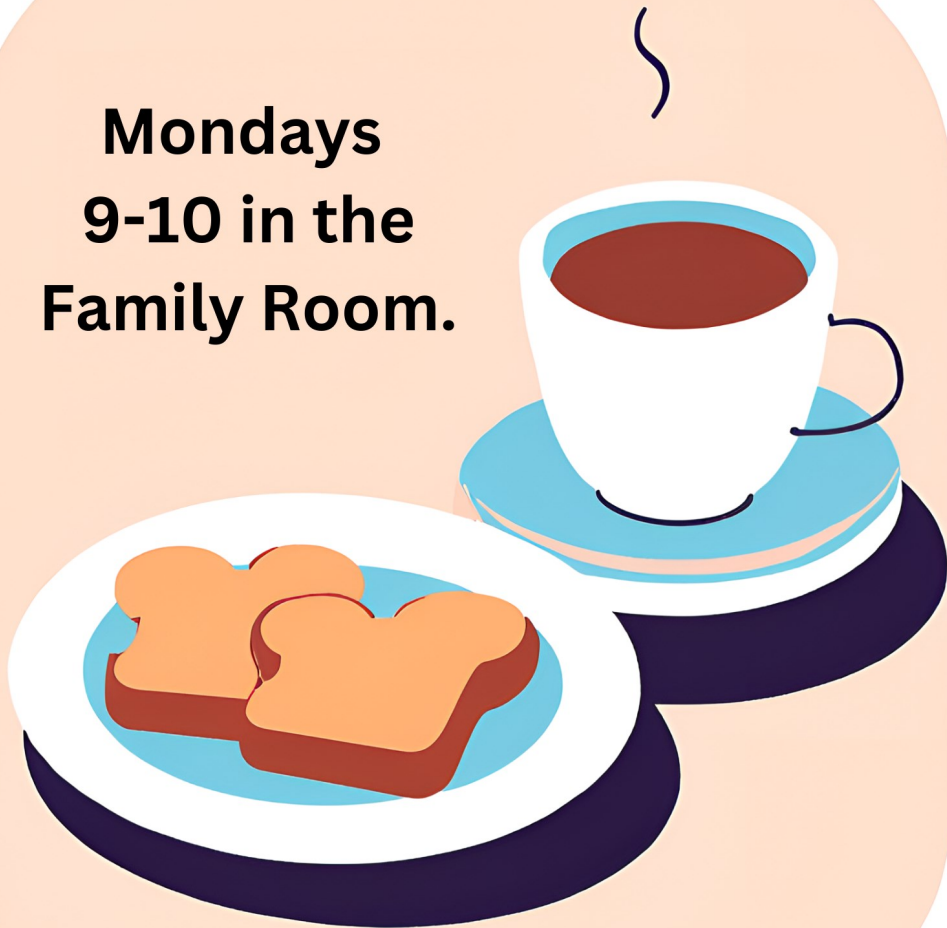
[Weston Mill Community Primary Academy - Calendar](#)



Important Dates

Tea, Toast and Talk

**Mondays
9-10 in the
Family Room.**



**just pop in for a quick chat and
a cuppa**

Email Addresses to Remember

Email Addresses to Remember

| | |
|-----------|--|
| Nursery | j.bulley@discoverymat.co.uk |
| Reception | n.gray@discoverymat.co.uk |
| Year 1 | j.gooding@discoverymat.co.uk |
| Year 1 | l.field@discoverymat.co.uk |
| Year 2 | k.kombostiotis@discoverymat.co.uk |
| Year 3 | j.tumilty@discoverymat.co.uk |
| Year 4 | j.butson@discoverymat.co.uk |
| Year 4 | s.mann@discoverymat.co.uk |
| Year 5 | a.hewlett@discoverymat.co.uk |
| Year 6 | l.wallace@discoverymat.co.uk |

Family Support Team

| | | | |
|--|---|--|---|
|  |  |  |  |
| Mr Steve Mann Assistant Head of School Deputy Designated Lead for Safeguarding Safeguarding Behaviour Attendance Family Support | Mrs Zoe Lavers Family Support worker First Contact to Signpost Parents Foodbank Courses for parents/Carers Services Families Community Support School Life Parents Questions & Answers Local Issues Coffee mornings Under 5 Group | Mrs Becca Gleed Head of School Designated Lead for Safeguarding Education and Curriculum PTFA Contact Family Support | Mrs Laura Harris INCO SEND Support SEND and Behaviour Support for Parents School Nurse Referrals DLA Applications GP Letters |

Lunch Menu

Please note week 3 Friday will be fishfingers instead of fishcakes.

Hot paninis will be available Mondays, Wednesdays and Fridays.

Cheese or Ham.



Lunch Menu










WEEK 1

W/C - MONDAY: 4TH NOV, 25TH NOV, 16TH DEC, 13TH JAN, 3RD FEB, 3RD MAR, 24TH MAR

WINTER WARMER HOT PANINI OR PASTA

Choose from Ham & Tomato or Cheese & Tomato, served with tortilla chips and vegetables. Or a Homemade tomato sauce with pasta.

| MEAT FREE MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|---|
| <p>CHOICE 1 - H, W, V Margherita pizza with potato wedges</p> <p>Allergens: (Glu), (Wh), (So), (Mi), m/c (E)</p> | <p>CHOICE 2 - H, W Chicken curry with rice</p> <p>Allergens: (Su)</p> | <p> All day breakfast - choose from meat or climate friendly option</p> | <p>CHOICE 1 - H Roast chicken, Yorkshire pudding, gravy and roast potatoes</p> <p>Allergens: (Glu), (Wh), (Mi), (E)</p> | <p>CHOICE 1 - H Homemade breaded haddock fillet served with fresh chips</p> <p>Allergens: (Glu), (Wh), (E), (Mi)</p> |
| <p> CHOICE 2 - H, W, V, VE Katerveg meatballs served with homemade tomato sauce & pasta</p> <p>Allergens: (Glu), (Wh), (So)</p> | <p> CHOICE 2 - H, V, VE Chickpea & sweetcorn burger served in a bun with potato wedges</p> <p>Allergens: (Glu), (Wh), (Mi), (So)</p> | <p>Meat Option Allergens: (Glu), (Wh), (E), (Mi)</p> <p>Climate Friendly Allergens: (Glu), (Wh)</p> | <p>CHOICE 2 - H, V Golden pastry topped vegetable pie, gravy & roast potato</p> <p>Allergens: (Glu), (Wh), (Mi), (Ce)</p> | <p>CHOICE 3 - H, V Tangy cheese, quinoa & vegetable muffin served with fresh chips</p> <p>Allergens: (Glu), (Wh), (E), (Mi)</p> |
| SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW | | | | |
| <p> DESSERT - V, VE Fruit Salad</p> | <p>DESSERT - H, W, V Butternut and date cake</p> <p>Allergens: (Wh), (E)</p> | <p> DESSERT - H, V, VE Cornish fairing biscuits and fruit slices</p> <p>Allergens: (Glu), (Mi), (E)</p> | <p> DESSERT - H, V, VE Fruit platter or Yoghurt</p> <p>Allergens: (Su), (Mi)</p> | <p> DESSERT - H, W, V, VE Fruity cornflake tart with custard</p> <p>Allergens: (Wh), (Bar)</p> |

AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT 

Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.

H = HOME-MADE IN THE KITCHEN, W = WHOLE WHEAT INGREDIENTS, VE = VEGAN DIET, V = VEGETARIAN

Allergen Key: Gluten (Glu), Barley (Bar), Wheat (Wh), Oats (O), Rye (R), Soya (So), Sesame (Se), Peanut (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (N), Egg (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c May Contain

 = Climate Friendly

DID YOU KNOW
You can have mixed or brown rice instead of potatoes!
Tilda



Lunch Menu



WEEK 2

WINTER WARMER HOT PANINI OR PASTA

Choose from Ham & Tomato or Cheese & Tomato, served with tortilla chips and vegetables. Or a Homemade tomato sauce with pasta.

W/C - MONDAY: 11TH NOV, 2ND DEC, 30TH DEC, 20TH JAN, 17TH FEB, 10TH MAR, 31ST MAR

| MONDAY | MEAT FREE TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|---|
| CHOICE 1 - H, W Baked bean and sausage pasta bake Allergens: (Glu), (Wh) | CHOICE 1 - H, V, VE Katerveg mince chilli and rice Allergens: (So) | CHOICE 1 - H Chicken chow mein Allergens: (Glu), (Wh), (Se), (So) | CHOICE 1 - H Roast beef, Yorkshire pudding, gravy and roast potatoes Allergens: (Glu), (Wh), (Mi), (E) | CHOICE 1 Fish fingers served with fresh chips Allergens: (Glu), (Wh), (F) |
| CHOICE 2 - V, VE Quorn dippers with seasoned potato wedges Allergens: (Glu), (Wh) | CHOICE 2 - H, V Tasty cheese wheels with herby diced potato Allergens: (Glu), (Wh), (Mi), (Mu) | CHOICE 2 - H, V, VE Vegetable sausage, mash and gravy Allergens: (Glu), (Wh), (Ce) | CHOICE 2 - H, V, VE Roast Quorn fillet, gravy and roast potatoes Allergens: (Glu), (Wh), (Bar) | CHOICE 2 - H, W, V Homemade cheese and tomato quiche served with fresh chips Allergens: (Glu), (Wh), (E), (Mi) |
| SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW | | | | |
| DESSERT - V, VE Fruit Salad | DESSERT - H, V, VE Fruity flapjack Allergens: (Glu), (O) m/c (Wh), (Bar) | DESSERT - H, W, V Westcountry root cake Allergens: (Glu), (Wh), (E) m/c (Mi), (Bar) | DESSERT - H, V, VE Fruit Platter Allergens: (Glu), (O), M/C: (Wh), (Bar) | DESSERT - H, V Zesty cake with custard Allergens: (Glu), (Wh), (E), (Su), (Mi) m/c (Bar) |

AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT

Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.

H = HOME-MADE IN THE KITCHEN, W = WHOLE WHEAT INGREDIENTS, VE = VEGAN DSH, V = VEGETARIAN.

Allergen Key: Gluten (Glu), Barley (Bar), Wheat (Wh), Oats (O), Rye (R), Soya (So), Sulphites (Su), Sesame (Se), Peanuts (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (N), Eggs (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c: May Contain

= Climate Friendly

DID YOU KNOW?
 You can have mixed or brown rice instead of potatoes!

Tilda



Lunch Menu



WEEK 3

WINTER WARMER HOT PANINI OR PASTA

Choose from Ham & Tomato or Cheese & Tomato, served with tortilla chips and vegetables. Or @ Homemade tomato sauce with pasta.

W/C - MONDAY: 18TH NOV, 9TH DEC, 6TH JAN, 27TH JAN, 24TH FEB 17TH MAR

| MONDAY | TUESDAY | MEAT FREE WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| <p>CHOICE 1 - H, W</p> <p>Beef cobbler served with mash and gravy</p> <p>Allergens: (Glu), (Wh) m/c (Mi), (Bar)</p> | <p>CHOICE 1 - H</p> <p>Chicken paella</p> | <p>CHOICE 1 - H, V, VE</p> <p>Tasty Katereveg bolognaise with garlic bread & pasta</p> <p>Allergens: (Glu), (Wh), (So) m/c (Se)</p> | <p>CHOICE 1 - H</p> <p>Roast gammon loin, Yorkshire Pudding, gravy & roast potatoes</p> <p>Allergens: (Glu), (Wh), (E)</p> | <p>CHOICE 1 - H</p> <p>Homemade fish cakes served with fresh chips</p> <p>Allergens: (Glu), (Wh), (F), (E)</p> |
| <p>CHOICE 2 - H, V</p> <p>Crispy samosa with rice</p> <p>Allergens: (Glu), (Wh), (E)</p> | <p>CHOICE 2 - V, VE</p> <p>Quorn nuggets with diced potato</p> <p>Allergens: (Glu), (Wh)</p> | <p>CHOICE 1 - H, V</p> <p>Creamy macaroni cheese with garlic bread</p> <p>Allergens: (Glu), (Wh), (Mi), (Mu) m/c (Se)</p> | <p>CHOICE 2 - H, V, VE</p> <p>Golden crisp topped shepherds pie, gravy & roast potatoes</p> <p>Allergens: m/c (Glu), (Wh), (Bar)</p> | <p>CHOICE 2 - V, VE</p> <p>Quorn fingers served with fresh chips</p> <p>Allergens: (Glu), (Wh)</p> |
| SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW | | | | |
| <p>DESSERT - V VE</p> <p>Fruit salad</p> | <p>DESSERT - H, V</p> <p>Orange honey cake</p> <p>Allergens: (Glu), (Wh), (Mi), (E)</p> | <p>DESSERT - H, V, VE</p> <p>Custard biscuits with fruit slices</p> <p>Allergens: (Glu), (Wh)</p> | <p>DESSERT - H, V, VE</p> <p>Fruit Platter</p> <p>Allergens: (So)</p> | <p>DESSERT - H, W, V, VE</p> <p>Chocolate cake with chocolate sauce</p> <p>Allergens: (Glu), (Wh), (E), (Mi) m/c (Bar)</p> |

AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT

Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.

H = HOME-MADE IN THE KITCHEN. W = WHOLE WHEAT INGREDIENTS. VE = VEGAN DISH. V = VEGETARIAN.

Allergen Key: Gluten (Glu), Barley (Bar), Wheat (Wh), Dairy (D), Egg (E), Soy (So), Sulphites (Su), Sesame (Se), Peanuts (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (N), Eggs (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c: May Contain



DID YOU KNOW
You can have mixed or brown rice instead of potatoes!

Tilda



Lunch Menu

ED'S SPECIAL EVENTS



NOVEMBER **BONFIRE NIGHT** (TUESDAY 5TH NOVEMBER)

Hotdogs with seasoned wedges, Warming chilli and rice, Jacket potatoes with bonfire beans and cheese, Toffee apple cake and custard



DECEMBER **CHRISTMAS LUNCH** (SEE YOUR SCHOOL FOR DATE)

See your schools poster for the full Christmas menu and date



JANUARY **SIX NATIONS** (FRIDAY 31ST JANUARY)

Fish fillet and chips or pasta, Cheese and leek plait, served with French green beans and carrots, Melting moments



FEBRUARY **TEDDY BEAR DAY** (MONDAY 10TH FEBRUARY)

Winnie the Pooh honey chicken with seasoned wedges and coleslaw, Kung Fu Panda stir fried noodles with veg, Paddington Bear marmalade cake



MARCH **INTER. SCHOOL MEAL DAY** (THURSDAY 13TH MARCH)

Roast beef and Yorkshire pudding, Italian Frittata, Lamington tray bake, Salad bar includes Swedish beetroot and apple salad



STAY UP TO DATE:



facebook.com/plymouthcatered



[@cateredplymouth](https://twitter.com/cateredplymouth)



[@cateredplymouth](https://www.instagram.com/cateredplymouth)



[@cateredplymouth](https://www.tiktok.com/@cateredplymouth)

Head Lice

Dear Parents

RE: HEAD LICE

Following a few cases of head lice at school, please use the information on this sheet when you look through your child's hair.

FOR THE FOLLOWING TREATMENT OF HEAD LICE WE ADVISE THE FOLLOWING: -

IT IS MUCH EASIER TO CHECK FOR HEAD LICE IF YOU HAVE WET HAIR.

Wash your child's hair and rinse.

Put conditioner on the hair and comb through (roots to ends) with a head lice comb. Rinse off conditioner as normal.

If you find head lice, please repeat this every day for ten days. You should then get rid of all the lice.

Please repeat for each member of the family, if you find head lice.

If you have big problems please visit your GP surgery, where they may prescribe lotion to treat.

PLEASE NOTE THAT EGGS NEED TO BE TAKEN OUT ONE AT A TIME. COMBS OR LOTION DO NOT GET RID OF THEM BECAUSE THEY ARE GLUED TO THE HAIR.

Please see the NHS advice below for further information.

[Head lice and nits - NHS](#)

Nasal Flu Vaccination

Any parents who missed the consenting process and still wish their child to have the flu vaccine, please ask call 01392 342 678 and a consent form can be completed over the phone and you will be assisted with booking into one of our community clinics to have the vaccination done.

Anyone who has already completed a consent form and their child did not get the vaccine for any reason will automatically receive and email inviting them book into a community clinic.



NHS

flu: 5 reasons to vaccinate your child

- 1. Protect your child**
The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia
- 2. Protect you, your family and friends**
Vaccinating your child will help protect more vulnerable friends and family
- 3. No injection needed**
The nasal spray is painless and easy to have
- 4. It's better than having flu**
The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record
- 5. Avoid costs**
If your child gets flu, you may have to take time off work or arrange alternative childcare

For more information visit
www.nhs.uk/child-flu

Flu i mmunisation
Helping to protect children, every winter

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