Chief Executive Officer: Mrs Alison Nettleship Head of School: Mrs Kathryn Catherwood Assistant Head of School: Miss Natasha Irvine



Weston Mill Community Primary Academy Ferndale Road Camei's Head Plymouth PL2 2EL

01752 365250 Westonmill.desk@discoverymat.co.uk



Newsletter 19th May 2023

We have had another extremely busy week at Weston Mill this week. Children in Year 3 and 4 visited Porsham Farm as part of their Farming and Food topic. The children thoroughly enjoyed exploring the farm and learning more about life on the farm. We are looking forward to returning to the farm next year as part of this topic. Thank you to the parents who came in this week to San Francisco Class reading session and Cape Town Class' assembly. Next week, London Class parents are invited to their Celebration of Learning event within the Foundation environment. Please arrive through the school office.

We regularly update out Facebook Page and newsletters with information related to school events. Please continue to check these dates as we sometimes need to reschedule these events due to unforeseen circumstances. Where this is the case, we endeavour to provide parents with as much notice as possible.

We are looking forward to seeing the children tonight at the School Disco - the last one of the year. The PTFA are currently finalising arrangements for the Year 6 Leaver's Disco and more information will follow after the half term break. A few parents have been asking about Sport's Day, which will be on Thursday 22nd June, starting at 10am. More information about this event will be sent home next week to parents. I hope you all have a lovely weekend.

Mrs Kathryn Catherwood

Head of School

Weekly attendance for 15th May- 19th May

The UK Government expectation is 96%. We are striving for children to achieve this as there is a direct link between attendance and achievement.

This week, our whole school attendance is 88.7%

This week's winners are: MOMBASA Class and Oslo Class

LONDON	86.4%
NAIROBI	89.5%
MOMBASA	91.4%



SAN FRANCISCO	81.9%
TOKYO	84.8%
SANTIAGO	92.9%
CANBERRA	90.9%
DUBAI	78%
OSLO	93%

Communication and Reminders



We use **ParentPay** as our main method to communicate **important messages**, send weekly newsletters, book breakfast and after school club, payments for school dinners, clubs, educational visits (including residentials) and discos.

As a school, 20% of our ParentPay accounts have **not** been activated. If you do not currently have access to your ParentPay account, **PLEASE** speak to Mrs Searle or Mrs Powney in the school office.

We kindly ask that all parents sign into their ParentPay account and ensure that their personal details are correct.

We ask that you ensure a mobile number and email address has been added to your account, so all future information is received.

IT IS IMPORTANT THAT YOUR DETAILS ARE ALWAYS KEPT UP TO DATE!

You may already have an account but we would like to highlight the importance of adding all your children.

If a message is sent for a specific child, in a specific class and you have not added that child, you will not receive those messages.

If you need support with adding children or activating an account for the first time, please ask Mrs Powney or Mrs Searle.

Messages sent out this week included:

Info regarding . PTFA School Disco

Info regarding . Year 6 Walk to the Park

Info regarding . London Trip

IF YOU MISSED THESE PLEASE CHECK YOUR PARENTPAY DETAILS.

START OF THE SCHOOL DAY

Our school gate leading to the playground will remain open until 9:10am every morning.

Please use this entrance only when bringing your child to school.

Reception entrance via the staff car park must not be used before this time. You will be asked to walk around, unless there has been an arrangement made with Mrs Catherwood or Mrs Powney.

In the unusual event of your child arriving extremely late for school, after 9:10am (gates closed), the reception entrance should be used to ensure that your child is registered and their lunch choice has been taken.

Please be aware that crossing patrol is available for children arriving to school between 8:30 and 9am each morning. There will be no crossing patrol after 9am each morning.

Important reminder: the school register is taken at 08:55am!

Children arriving after this time will be registered late, which has an enormous impact on attendance figures. By law we are required to register in this way. On average around 10% of our children are registered late everyday!

If your child is unwell please phone the school before 08.55am every day that they are unwell.

Let's work on improving our attendance together!

If you need support with this, please let us know.



Oak Villa Car Park

Following an incident, please ensure any parents using the Oak Villa Car Park take care when driving and parking, and hold your child's hand, if appropriate, when walking through the car park. This is to ensure that all children remain safe whilst arriving and leaving school each day. We appreciate your continued support with this to support our school community.



May

23rd May-**London** Class Celebration of Learning @ 2:15pm

23rd May Year 5 Trip to Ernesettle Solar Farm

26th May- Last Day of Term 5



5th June - Start of Term 6

6th June-**Dubai** Class Celebration of Learning @ 2:15pm

8th June-**Oslo** Class Assembly @ 2:30pm

9th June-NSPCC Day,-Non Uniform Day For A Donation To NSPCC.

15th June-**Santiago** Class Reading Session @ 2:15pm

20th June-Foundation Parent's Meeting (3:15pm – 5:15pm)

22nd June Sports Day

26th June Year 6 London Trip

29th June-Dubai Class Reading Session @ 2:15pm

29th June-Mombasa Class Assembly @ 2:30pm

30th June-**London** Class Assembly @ 2:30pm







JELLY IMAGES

Free delivery to school for all orders made before 26th May





IMPORTANT CHANGE AFTER HALF TERM

SANDWICHES CAN ONLY BE ORDERED ON

MONDAY & TUESDAY AFTER HALF TERM.

SUMMER MENU







Weston Mill Nursery Lunch Menu

Week A (17th April, 8th May, 5th June, 26th June, 17th July, 11th September, 2td October)

Monday	Tuesday	Wednesday	Thursday	Friday
Jerk chicken with rice and peas ne	Macaroni cheese with garic bread	All day breakfast	Roast chicken with Yorkshire pudding, roast potatoes	Fish fingers and fresh chips
Fruit salad, yogurt	Strawberry desert whip	Custard biscuit and fruit	Yogurt and fresh fruit	Vegan orange cake

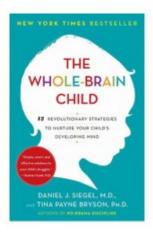
Week B (24th April, 15th May, 21th June, 3rd July, 24th July, 18th September, 9th October)

Monday	Tuesday	Wednesday	Thursday	Friday
Spanish chicken served with new potatoes	Cheese wheels served with seasoned diced potatoes HV	Crispy Pid Pid chicken burger in a brioche bun with herby wedge	Roast garmnon, roost potations, grany	Fish croquettes and fresh chips
Real fruit ice lolly	Yourt and fresh fruit	Fruity flapiack	Fruit salad	Vegan chocolate browni

Week C (1st May, 22nd May, 19th June, 10th July, 4th September, 25th September, 16th October)

Monday	Tuesday	Wednesday	Thursday	Friday
Sourage roll with seasoned diced potatoes	Homecooked hom and pineappile pizza with wedges	Spagnetti and muotitodis specification	Roast chicken with Yorkshire pudding roast potatoes, gravy s	Oven baked battered policick fillet and fresh chips
Yogurt and fresh fruit	Fruity rocky road	Fruit solod	Jam and coconut sponge	Fruit and jelly



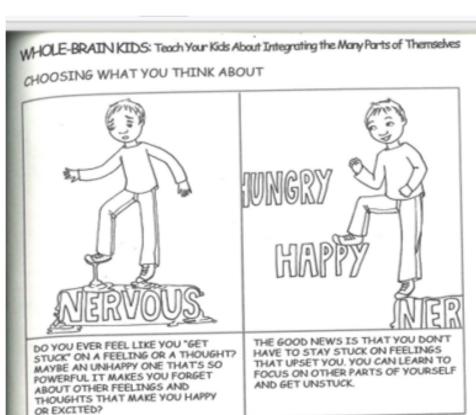


Some of the teachers across have been reading this book and are keen to share some of the strategies with you. These are things that we will be using in our classrooms and HUTs but also things that the group have used to support their own children and families at home. If you would like further information or ideas to support your child's behaviour please contact your schools Family Support Worker.

Beechwood - I.armstrong@discoverymat.co.uk

Oakwood- m.horne@discoverymat.co.uk

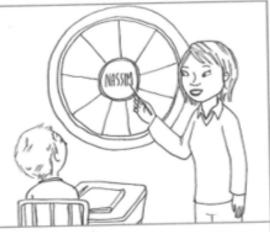
Weston Mill - m antell@discoverymat.co.uk



FOR EXAMPLE:



THINKING ABOUT THE SPELLING BEE. HE EVEN HAD A STOMACHACHE. HE DIDN'T FEEL LIKE EATING HIS LUNCH OR PLAYING AT RECESS. ALL HE COULD THINK ABOUT WAS SPELLING. HE WAS NERVOUS.



THEN HIS TEACHER, MS. ANDERSON, TAUGHT HIM ABOUT HIS WHEEL OF AWARENESS. SHE EXPLAINED THAT OUR MINDS ARE LIKE A BICYCLE WHEEL. AT THE CENTER OF THE WHEEL, CALLED THE HUB, IS OUR SAFE PLACE WHERE OUR MIND CAN RELAX AND CHOOSE WHAT IT THINKS ABOUT.



The following link provides ideas for mark making, art, and early writing activities. Before letter, numbers or pictures come simple marks. Markmaking is a great start to writing and art. Marks are how children learn to express themselves and portray the world around them. So, get mark making and have some fun along the way. Use hands, fingers and feet. Squishing dough, swirling colours together – there are lots of ways to experiment with marks.

Make-a-mark,-make-a-start.pdf (pacey.org.uk)

PACEY is the Professional Association for Childcare and Early Years. Formed in 1977. PACEY is a charity dedicated to supporting everyone involved in childcare and early years to provide high quality services, information and advice to children, their families and carers. Further information regarding school readiness can be found here:

https://www.pacey.org.uk/partners/school-ready/preparation/

FREE NSPCC Online Safety Workshops for Parents & Carers



The NSPCC is running a series of free **Online Safety Workshops for Parents & Carers** in during the summer term and beyond via Zoom.

The workshops are 1 hour and will help parents and carers to find out about:

- What children and young people are doing online
- Parental concerns
- What the risks are for young people in terms of what they see, do, and who they meet online
- How to manage these risks as a parent/carer
- Sources of help and support

Each workshop will also focus on a combination of the following topics:

- Gaming
- Social Media
- Online Bullying
- Parental controls
- Mental health and well being
- Modelling good behaviour
- Online challenges, hoaxes and scams
- Persuasive design and screen time vs screen use

We would encourage that a lead professional from your setting is present on the training, so that you are aware of any concerns and can follow up appropriately. You will also benefit from hearing the same key messages as your parent/carer community. However, this is not mandatory.

For more information and to request joining details please email

parentworkshops@nspcc.org.uk

Date	Time	Content
16 th May	4-5pm	Core + Online bulling, social media +modelling good behaviour
24 th May	5-6pm	Core + Online bullying + Online friendships + Parental controls + Social Media
1 st June	7-8pm	Content TBC
6 th June	7-8pm	Core + Online Gaming + Parental Control
15 th June	4-5pm	Core Content + Online Bullying + Mental Health Well-Being + Modelling Good Behaviour
21 June	6-7pm	Core + Mental health and wellbeing + Online friendships+ Parental controls
28 June	7-8pm	TBC
3 July	6-7pm	Core + social media + controls + role modelling
13 July	5-6pm	Core + Gaming + Social + Bullying + Parental Controls
18 July	7-8pm	TBC
16 Aug	7-8pm	Core + Gaming + Social Media + Sharing Nudes + Parental Controls



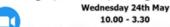
Summerhouse Services

Supporting Brighter Futures



Practitioner Training One Day Workshop

'Anger, Children, Young People & You'



Discounted Offer - Virtual - £35.00 pp (Usually £70)

First Come First Serve - Also suitable for parents and carers

Your virtual & discounted experience will achieve the same outcomes as our face to face offer and will remain informative, interactive, engaging and enjoyable!

An ideal workshop for those with no awareness of this subject, together with those that support young people generally, or who demonstrate issues with anger. Those attending can expect to gain awareness, from a humanist and holistic perspective, of anger as a normal and healthy emotion.

You will 'look beneath the surface' of a young person's world, who may be experiencing difficulty in dealing with conflict in different ways and gain empathy and insight for those children and young people that are often labelled as 'difficult', 'challenging', 'troublemakers' or 'bullies'.

You will have a safe space in which to explore your own issues with conflict and understand how this can impact on how you support others with these difficulties. In doing so, you will build your capacity to use student-centred approaches to engage positively with young people, to help them diffuse and resolve conflict situations safely and appropriately, without the use of positive handling or other physical contact techniques. You will also hear feedback from young people as to what hinders and helps them cope with their anger, from their point of view !

This workshop has been designed in response to identified need from young people, practitioners and parents and carers and offers the opportunity to address areas that fall within the Healthy School, Safeguarding, Restorative Practice, SEND and Whole School Approaches among others.

Outcomes

- Explore anger holistically, as a healthy and natural emotion.
- Empathically consider the experience of a young person who has difficulty in managing anger.
- Establish the link between a young person's way of dealing with conflict and their emotional and mental world
- Reflect on your own responses to anger and conflict management style and the impact these have when supporting young people with anger issues.
- Distinguish between helpful and unhelpful ways of responding to conflict situations and explore the issues around using 'consequences' and potential alternatives to these.
- Develop supportive, generic and informed interventions to address the self-esteem and resilience needs of young people who may have problems handling their anger.
- Learn ways in which to safely and effectively diffuse conflict situations using student-centred, orbital and non-contact approaches to facilitate symbiotic (mutually beneficial) outcomes.
- Identify avenues for seeking support around the issue of conflict, as well as pathways for further training and support for practitioners, young people and their family and friends.

Some Feedback From Previous Workshops

'Fantastic ! Highly professional and very enjoyable; thank you !'

"I loved the friendly, chilled but professional approach. It has helped me feel more confident supporting others."

Tam delighted that after just one day I have been able to use this approach with my son and he has come up with a sensible plan that will help him get back to school and cope better with his own behaviour. Thank you so much for this. Treally enjoyed it too 'I "Parient of young person 2 days

'I will definitely try and employ the straightforward approaches that the workshop has offered...Thank you .'

'A great day that has really helped me understand how I can modify my approach to the young people I support. Even on Zoom it was really interactive and enjoyable ! Thank you.

Excellent | I gained a lot more than I expected from the workshop and Penny makes the virtual offering both enjoyable and interactive ! Thank you."

'Today has given me a new understanding and insight into the world of the young people I work with. I feel much better equipped to help them in a way that feels comfortable for me too. Thank YOU!

'This training is filling the gap in my professional development that I have been looking for for a long time. Thank You!'

Booking Details

Cost - £35.00 pp

bookings enquiries please email penny.logsdail@summerhouseservices.org

This workshop uses the Zoom video conferencing platform for delivery. If you require any support installing Zoom or accessing the meeting, please contact me prior to the date for free support in this. Your booking confirmation will contain the invitation link to join the workshop.

Contact Details

Penny Logsdail

Summerhouse Services

154 Crossway . Plymouth . PL7 4JA T. 07869173154 E. penny.logsdail@summerhouseservices.org

U. www.summer-house.org F. https://www.facebook.com/supportingbrighterfutures



















By UNIVERSITY OF PLYMOUTH



Company Number 13427929

Parent and Toddler Group

Weston Mill Community Primary Academy will be starting a Parent and Toddler Group. This group will be run by Maggie Antell, our Family Support Worker, and Emma Palmer, one of our Mealtime assistants.

The group will be held every Wednesday between 9-10am and will start on the 25th January 2023.

Our Parent and Toddler Group will be held in the additional HUT room. Please arrive through the main reception door from the school playground. A member of staff will be at the door to greet you.

Refreshments will be available.



Weston Mill Community Primary Academy

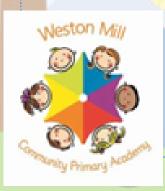
NURSERY

Spaces are currently available for 2, 3 and 4 year olds within our Nursery.

We offer 15 funded hours per child, opening during term time only.

Me2 funding now accepted.

Please see the contact details below to express an interest in applying for a nursery place.



For more information, please contact the school on 01752 365250 or email

westomill.desk@discoverymat.co.uk.

CALLING ALL DADS OR DADS TO BE



"What I liked most about Dad's group was the opportunity to talk to other dads and have space to chill with my kids".

<u>Dads</u> your kids and coffee, how does that sound?

Start the <u>weekend</u> having some time with your child/ren and meet other local dads.

Opportunity to share stories of vomit, poo and sleep deprivation.

Try your hand at some new activities.

Find out about services available for you!!

Sessions will run monthly on a Saturday morning 10am - 12pm

- 18th March
- 22nd April
- 20th May
- 24th June
- 15th July

Please book to reserve your space



LARK CHILDREN'S CENTRE

Sure Start Community Room (around the back of Ham Drive Nursery PL2 2NJ 01752 313293 | michelle.caiels@larkcluster.co.uk |

The Garden House in Buckland Monachorum.

We are a charity, our aim is to further the science of horticulture and to preserve, enhance and present the gardens for the education and enjoyment of the public.

This summer we will be running some wonderful events that the children may love to come to.

Boxtree Productions will be performing A Midsummer Night's Dream on Saturday 29th July at 2pm and 6pm.

Illyria Theatre will be performing Robin Hood on Saturday 9th September at 2pm.

Street food will be available for all theatre events catering for all tastes. Just bring your picnic blankets, stretch out your legs and join us in the open-air for an experience the whole family will enjoy.

We also have the Scarecrow Trail throughout the Summer holidays for children to come and view and vote for their favourite. The winning scarecrow will win free entry to the garden for 4 people. This will run from Saturday 15th July until Sunday 3rd September. There is still time to submit and entry if you would like to.

Our Teddy Bear Picnic will be on Thursday 10th August. There will be face painting, story-telling, a teddy bear trail, a FREE teddy bear cookie and a teddy bear picnic available to purchase on the day for kids (and grown up kids too!) There will be the chance to win a soft toy donated by Toy Cupboard in Tavistock and a Charlie Bear donated by Charlie Bears in Launceston. We will also have a selection of lawn games available to play.

Entry to the garden is free to members. All information is found on www.thegardenhouse.org.uk/whats-on/













Medication at School Including Inhalers

At the end of each academic year all medication including inhalers in school should be sent home.

This enables us to ensure new consent is obtained at the start of an academic year.

Unfortunately, many of our consents are out of date. Recently, letters were sent home to parents/carers of children with out of date consent. A few have come back, but many are outstanding. Without consent your child's medication **cannot** be administered. If you are unsure if this affects your child please see Mrs Powney at the school reception/desk.

This term any inhalers that are not in their original boxes with a prescription label will be sent home along with any that are out of date.

Asthma is a very serious condition and none of us want to risk an incident where an asthmatics inhaler is unavailable.

For further information on the school's policy on Administering Medication please see below. (Full version of the document and our Health and Safety Policy can be found on our website).



SUPPORTING CHILDREN WITH MEDICAL CONDITIONS POLICY

Approved and signed by the Board of Trustees 26.09.22

Managing medicines on school premises and record keeping

At Discovery Multi Academy Trust the following procedures are to be followed:

- Medicines should only be administered at school or nursery when it would be detrimental to a child's health or school attendance not to do so;
- No child under 16 should be given prescription medicines without their parents written consent (see template B) - except in exceptional circumstances where the medicine has been prescribed to the child without the knowledge of the parents. In such cases, every effort should be made to encourage the child or young person to involve their parents while respecting their right to confidentiality;
- It is trust policy to not administer non-prescription medication on school premises
- Where clinically possible, medicines should be prescribed in dose frequencies which enable them to be taken outside school hours;
- The trust academies and nursery will only accept prescribed medicines, with written permission from parent/carer that are in-date, labelled, provided in the original container as dispensed by the pharmacist and include instructions for administration, dosage and storage. The exception to this is insulin which must be in-date, but will generally be available to schools inside an insulin pen or a pump, rather that its original container;
- All medicines will be stored safely in a locked first aid cupboard/fridge. Children should know where their medicines are at all times. Where relevant, they should know who holds the key to the storage facility.
- Medicines and devices such as asthma inhalers, blood glucose testing meters and adrenaline pens should be always readily available state where and not locked away.
 Asthma inhalers should be marked with the child's name.
- During trips the first aid trained member of staff will carry all medical devices and medicines required;
- We will keep all controlled drugs that have been prescribed for a pupil securely stored in a non-portable container and only named staff will have access. Controlled drugs should be easily accessible in an emergency. A record should be kept of any doses used and the amount of the controlled drug held in the school;
- Staff administering medicines should do so in accordance with the prescriber's instructions. The trust's academies and nursery will keep a record (see template C and D) of all medicines administered to individual children, stating what, how and how much was administered, when and by whom. Any side effects of the medication to be administer at school should be noted. Written records are kept of all medicines administered to children. These records offer protection to staff and children and provide evidence that agreed procedures have been followed;





A practical guide for staff

Managing infectious cases of infectious diseases of infectious in all education and childcare settings

The online guide offers information and resources for the following:

Introduction to infection control in all education and childcare settings

Prevention and control

Outbreak management

Immunisation

Staff health, pet and animal contact

Cleaning the environment

Managing specific infections

Exclusion table

Diarrhoea and vomiting outbreak action list





To find out more, visit www.gov.uk/government/publications/ health-protection-in-schools-and-other-childcare-facilities or bit.ly/2xiJpPZ.









Should I keep my

child off school?



Until...

Chickenpox	at least a days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to atlend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swe ling started
Scabies	they've had their first treatment
Scarlet Fever	24 nears after they started taking aritibiotics
Whooping Cough	48 hours after they started taking antibiotics



but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek







Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit https://grco.de/minfec.

School Uniform.

Over the last few weeks we have noticed children coming to school wearing the incorrect uniform. As part of our home-school agreement, we ask that our children come to school dressed in their school uniform and with the correct PE kit. Your child's class teacher will have notified you of PE days, but we recommend having a PE kit in school each day. Please see details of the our school uniform below.

School uniform at Weston Mill is as follows:

Navy jumper or sweatshirt White or light blue shirt or polo shirt Grey trousers or skirt Black school shoes





PE kit:

White t-shirt
Plain Black/Navy shorts or jogging bottoms
Trainers



Spare Underwear Appeal

Please could we make an appeal for clean pants, socks, tights and vests for those little accidents for children of all ages.

If your child has needed any spare clothes please ensure they are washed and returned.

A GREAT BIG THANK YOU!





TOYS IN SCHOOL

There has been an increase in children brining toys to school over the last few weeks, including Pokemon cards. Please ensure your child is not brining toys into school unless a prior arrangement has been made with the school INCO Mrs O'Brien, to support SEND needs or for a class event.





WEBSITE AND FACEBOOK

Please follow us on our Facebook page - Weston Mill Community Primary

You can also check our website for latest news, dates and letters.





+ WRAPAROUND CARE OPTION
8.15_{AM} - 5.15_{PM}

HALF TERM CAMP

TUES30TH MAY-THURS1STJUNE2023
EGGBUCKLAND COMMUNITY COLLEGE









*TRAINAS ATEAM *

Bring your team mates and all improve together.

One team space available each day only - Suitable for teams ages Under 7's - Under 12's

TOURNAMENT DAYON THURSDAY 15 JUNES

WWW.high5sportscamps.co.uk



WEEKLY MASTERCLASS SESSIONS RUN BY CHARLIE LEGG ALSO AVAILABLE AT EGGBUCKLAND COMMUNITY COLLEGE

Every Monday & Thursday, 4-5.30pm during term time. Email: info@high5sportscamps.co.uk to book a place



PLYMOUTH ACTIVE

Holiday Club

Enjoy a happy and healthy unique holiday experience at Plymouth Life Centre!



Our vibrant and varied holiday club provides a safe and fun environment where children can experience a wide range of activities.

Morning 8am to 9am - £2.50 | Core 9am to 3pm - £30.00 Afternoon 3pm to 5pm - £5.00 | Food Lunch & Snack - £4.00

Book Now

www.plymouthactive.co.uk/activities/holiday-activities



Fit and Fed funded places

We are delighted to be working in partnership with the Fit and Fed programme which offers children on benefit-related free school meals funded places to our holiday club. For more information contact us on **fitandfed@plymouth.gov.uk**

- (©) PlymouthActive (@plymouthactiveleisure)
- @plymouthactive
- Plymouth Active YouTube

Plymouth Active manages these facilities in partnership with Plymouth City Council



FREE FUNDED HOLIDAY CLUB PLACES AVAILABLE ACROSS THE CITY!

O: When do the Holiday Clubs run?

A: Funded Holiday Clubs operate Easter, Summer and Christmas.

Q: What age?

A: Fit and Fed is for school aged children from reception to year 11 (inclusive).

Q: Who is it for?

A: Fit and Fed is primarily for children who receive benefit-related free school meals. We are also able to fund places for Looked After Children, Children with Education Health Care Plans, Children under Child Protection Plans, Young Carers and Children of Recognised Refugees or Children from Asylum Seeking and Ukrainian families.



TO BOOK A PLACE PLEASE VISIT
WWW.PLYMOUTH.GOV.UK/FITANDFED

FOR MORE INFORMATION EMAIL
SPORTSDEV@PLYMOUTH.GOV.UK





