

Chief Executive Officer: Mrs Alison Nettleship  
 Head of School: Mrs Kathryn Catherwood  
 Assistant Head of School: Miss Natasha Irvine



Weston Mill Community Primary Academy  
 Ferndale Road  
 Camel's Head  
 Plymouth  
 PL2 2EL

01752 365250

Westonmill.desk@discoverymat.co.uk



## Newsletter 28th April 2023

Firstly, I would like to thank you all for your support over the last two weeks whilst the work is completed in the Foundation outdoor area. We are extremely pleased with the finish product and the children have thoroughly enjoyed playing outside over the last few days. We are looking forward to sharing it with parents on Tuesday when we return following the May Day Bank Holiday.

A gentle reminder that school is closed to all children on Monday 1<sup>st</sup> May for the Bank Holiday. A letter has been sent out via ParentPay regard the Strike Day next Tuesday 2<sup>nd</sup> May. Parents will be updated on Tuesday morning if there are any further changes via email from ParentPay and on Facebook.

Information will be shared next week for the London Trip. Please ensure this is returned to school asap so that plans can be finalised for this trip. It is also important that any outstanding payments are made following the payment schedule. Mrs Powney is available to answer any questions you may have regarding the trip.

We hope you all have a lovely weekend.

Mrs Kathryn Catherwood

Head of School



### Weekly attendance for 24th April - 28th April

The UK Government expectation is **96%**. We are striving for children to achieve this as there is a direct link between attendance and achievement .

This week, our whole school attendance is **88.9%**

This week's winners are : **Mombasa Class** and **Oslo Class**

LONDON	85%
NAIROBI	80.5%
<b>MOMBASA</b>	<b>91.9%</b>
CAPE TOWN	90.5%



SAN FRANCISCO	92.5%
TOKYO	82%
SANTIAGO	85.4%
CANBERRA	94.8%
DUBAI	82.3%
<b>OSLO</b>	<b>96.3%</b>

## Communication and Reminders



We use **ParentPay** as our main method to communicate **important messages**, send weekly newsletters, book breakfast and after school club, payments for school dinners, clubs, educational visits (including residential) and discos.

As a school, 20% of our ParentPay accounts have **not** been activated. If you do not currently have access to your ParentPay account, **PLEASE** speak to Mrs Searle or Mrs Powney in the school office.

We kindly ask that all parents sign into their ParentPay account and ensure that their personal details are correct.

We ask that you ensure a mobile number and email address has been added to your account, so all future information is received.

### **IT IS IMPORTANT THAT YOUR DETAILS ARE ALWAYS KEPT UP TO DATE!**

You may already have an account but we would like to highlight the importance of adding all your children.

If a message is sent for a specific child, in a specific class and you have not added that child, you will not receive those messages.

If you need support with adding children or activating an account for the first time, please ask Mrs Powney or Mrs Searle.

Messages sent out this week included:

Info regarding .the Foundation area

Info regarding Strike Days

Info regarding the London Trip

**IF YOU MISSED THESE PLEASE CHECK YOUR  
PARENTPAY DETAILS.**

## **START OF THE SCHOOL DAY**

Our school gate leading to the playground will remain open until 9:10am every morning.

**Please use this entrance *only* when bringing your child to school.**

Reception entrance via the staff car park must not be used before this time. You will be asked to walk around, unless there has been an arrangement made with Mrs Catherwood or Mrs Powney.

In the unusual event of your child arriving extremely late for school, after 9:10am (gates closed), the reception entrance should be used to ensure that your child is registered and their lunch choice has been taken.

**Please be aware that crossing patrol is available for children arriving to school between 8:30 and 9am each morning. There will be **NO** crossing patrol after 9am each morning.**

**Important reminder: the school register is taken at 08:55am!**

**Children arriving after this time will be registered late, which has an enormous impact on attendance figures. By law we are required to register in this way. On average around 10% of our children are registered late everyday!**

**If your child is unwell please phone the school before 08.55am every day that they are unwell.**

**Let's work on improving our attendance together!**

**If you need support with this, please let us know.**



## **Oak Villa Car Park**

Following an incident, please ensure any parents using the Oak Villa Car Park take care when driving and parking, and hold your child's hand, if appropriate, when walking through the car park. This is to ensure that all children remain safe whilst arriving and leaving school each day. We appreciate your continued support with this to support our school community.



## May

1st May - Bank Holiday-School Closed

4<sup>th</sup> May-London Class Reading Session @ 2:15pm

5<sup>th</sup> May- King Charles III Coronation Celebration all children invited to wear Red, White and Blue non uniform/mufti.

8<sup>th</sup> May-King Charles III Coronation Bank Holiday-School Closed.

9<sup>th</sup> May-Tokyo Class Celebration of Learning @ 2:15pm

18<sup>th</sup> May-San Francisco Class Reading Session @ 2:15pm

19<sup>th</sup> May-Cape Town Class Assembly @ 2:20pm

19<sup>th</sup> May-PTFA Summer Disco (details to follow)

23<sup>rd</sup> May-London Class Celebration of Learning @ 2:15pm

25<sup>th</sup> May-Dubai Class Reading Session @ 2:15pm

26<sup>th</sup> May- Last Day of Term 5



## June

5th June - Start of Term 6

6<sup>th</sup> June-Dubai Class Celebration of Learning @ 2:15pm

8<sup>th</sup> June-Oslo Class Assembly @ 2:30pm

15<sup>th</sup> June-Santiago Class Reading Session @ 2:15pm

20<sup>th</sup> June-Foundation Parent's Meeting (3:15pm – 5:15pm)

22<sup>nd</sup> June-Dubai Class Reading Session @ 2:15pm

**22<sup>nd</sup> June-Mombasa Class Assembly @ 2:30pm**

26<sup>th</sup> June Year 6 London Trip

30<sup>th</sup> June-London Class Assembly @ 2:30pm



# SUMMER MENU

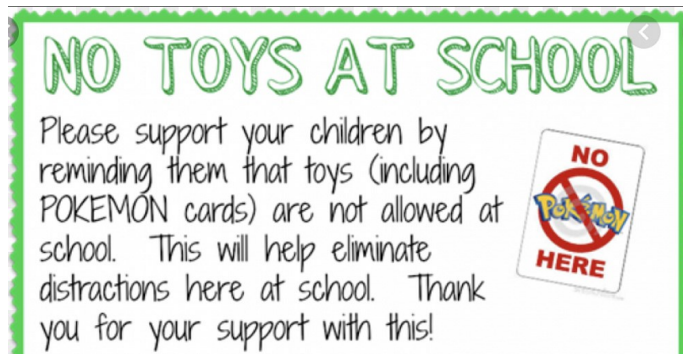
WEEK BEGINNING: 17 <sup>th</sup> APRIL • 8 <sup>th</sup> MAY • 5 <sup>th</sup> JUNE • 26 <sup>th</sup> JUNE 17 <sup>th</sup> JULY • 11 <sup>th</sup> SEPTEMBER • 2 <sup>nd</sup> OCTOBER		WEEK BEGINNING: 24 <sup>th</sup> APRIL • 15 <sup>th</sup> MAY • 12 <sup>th</sup> JUNE • 3 <sup>rd</sup> JULY 24 <sup>th</sup> JULY • 18 <sup>th</sup> SEPTEMBER • 9 <sup>th</sup> OCTOBER		WEEK BEGINNING: 1 <sup>st</sup> MAY • 22 <sup>nd</sup> MAY • 19 <sup>th</sup> JUNE • 10 <sup>th</sup> JULY 4 <sup>th</sup> SEPTEMBER • 25 <sup>th</sup> SEPTEMBER • 16 <sup>th</sup> OCTOBER	
CHOICE 1	CHOICE 2	CHOICE 1	CHOICE 2	CHOICE 1	CHOICE 2
<b>MONDAY</b> Jerk chicken with rice and peas H/W 	Vegan balls with pasta W/V 	<b>MONDAY</b> Spanish chicken served with new potatoes H 	Vegan nuggets with pasta W/V/Ve 	<b>MONDAY</b> Sausage roll with seasoned diced potatoes H 	Mexican bean quesadilla with rice H/V 
<b>PUDDING</b> Fruit salad, yoghurt W/Ve and fresh fruit		<b>PUDDING</b> Real fruit ice lolly, yoghurt and fresh fruit v		<b>PUDDING</b> Yoghurt and fresh fruit v	
<b>TUESDAY</b> Macaroni cheese with garlic bread H 	Courgette burger in a brioche bun H/V 	<b>TUESDAY</b> Cheese wheels served with seasoned diced potatoes H/V 	Vegetable Korma with rice and naan H/W/V/Ve 	<b>TUESDAY</b> Homecooked ham and pineapple pizza with wedges H/V 	Vegetable and Tofu Chow mein H/V/Ve 
<b>PUDDING</b> Strawberry dessert whip H/V, yoghurt and fresh fruit		<b>PUDDING</b> Yoghurt and fresh fruit v		<b>PUDDING</b> Fruity rocky road H/V, yoghurt and fresh fruit	
<b>WEDNESDAY</b> All day breakfast H 	Vegan all day breakfast H/V/Ve 	<b>WEDNESDAY</b> Crispy Piri Piri chicken burger in a brioche bun with herby wedge H 	Vegetable fritata served with garlic bread H/V 	<b>WEDNESDAY</b> Spaghetti and meatballs H/W 	Vegan chilli and rice H/W/V/Ve 
<b>PUDDING</b> Custard biscuit and fruit H/V/Ve, yoghurt and fresh fruit		<b>PUDDING</b> Fruity flapjack H/W/Ve, yoghurt and fresh fruit		<b>PUDDING</b> Fruit salad V/Ve, yoghurt and fresh fruit	
<b>THURSDAY</b> Roast chicken with Yorkshire pudding, roast potatoes H 	Butternut squash parcel served with roast potatoes, gravy H/V/Ve 	<b>THURSDAY</b> Roast gammon, roast potatoes, gravy H 	Vegetable sausage, served with roast potatoes, gravy V/Ve 	<b>THURSDAY</b> Roast chicken with Yorkshire pudding, roast potatoes, gravy H 	Broccoli and potato cheese bake with roast potatoes, gravy H/V 
<b>PUDDING</b> Yoghurt and fresh fruit v		<b>PUDDING</b> Fruit salad V/Ve, yoghurt and fresh fruit		<b>PUDDING</b> Jam and coconut sponge H/W/V, yoghurt and fresh fruit	
<b>FRIDAY</b> Fish fingers and fresh chips H 	Baked vegetable omelette with fresh chips H/V 	<b>FRIDAY</b> Fish croquettes and fresh chips H 	Cheese and tomato pizza with fresh chips H/V 	<b>FRIDAY</b> Oven baked battered pollock fillet and fresh chips H 	Cheese and tomato quiche with fresh chips H/W/V 
<b>PUDDING</b> Vegan orange cake H/V/Ve, yoghurt and fresh fruit		<b>PUDDING</b> Vegan chocolate brownie H/V/Ve, yoghurt and fresh fruit		<b>PUDDING</b> Fruit and jelly H/V/Ve, yoghurt and fresh fruit	

children can choose a hot meal from the above menu or a sandwich. Ham, cheese or tuna.



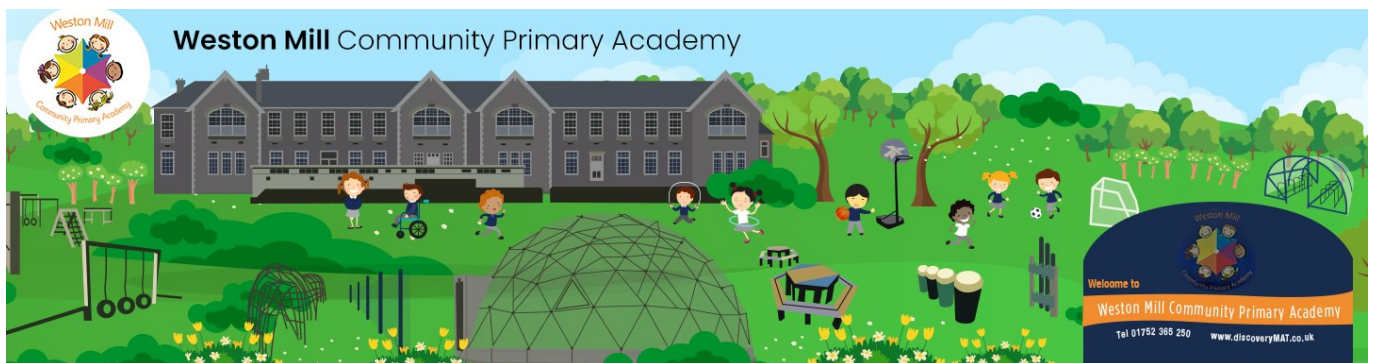
Weston Mill Nursery Lunch Menu					
Week A (17 <sup>th</sup> April, 8 <sup>th</sup> May, 5 <sup>th</sup> June, 26 <sup>th</sup> June, 17 <sup>th</sup> July, 11 <sup>th</sup> September, 2 <sup>nd</sup> October)					
<b>Monday</b> Jerk chicken with rice and peas H/W 	<b>Tuesday</b> Macaroni cheese with garlic bread H 	<b>Wednesday</b> All day breakfast H 	<b>Thursday</b> Roast chicken with Yorkshire pudding, roast potatoes H 	<b>Friday</b> Fish fingers and fresh chips H 	
Fruit salad, yogurt	Strawberry desert whip	Custard biscuit and fruit	Yogurt and fresh fruit	Vegan orange cake	
Week B (24 <sup>th</sup> April, 15 <sup>th</sup> May, 21 <sup>st</sup> June, 3 <sup>rd</sup> July, 24 <sup>th</sup> July, 18 <sup>th</sup> September, 9 <sup>th</sup> October)					
<b>Monday</b> Spanish chicken served with new potatoes H 	<b>Tuesday</b> Cheese wheels served with seasoned diced potatoes H/V 	<b>Wednesday</b> Crispy Piri Piri chicken burger in a brioche bun with herby wedge H 	<b>Thursday</b> Roast gammon, roast potatoes, gravy H 	<b>Friday</b> Fish croquettes and fresh chips H 	
Real fruit ice lolly	Yogurt and fresh fruit	Fruity flapjack	Fruit salad	Vegan chocolate brownie	
Week C (1 <sup>st</sup> May, 22 <sup>nd</sup> May, 19 <sup>th</sup> June, 10 <sup>th</sup> July, 4 <sup>th</sup> September, 25 <sup>th</sup> September, 16 <sup>th</sup> October)					
<b>Monday</b> Sausage roll with seasoned diced potatoes H 	<b>Tuesday</b> Homecooked ham and pineapple pizza with wedges H/V 	<b>Wednesday</b> Spaghetti and meatballs H/W 	<b>Thursday</b> Roast chicken with Yorkshire pudding, roast potatoes, gravy H 	<b>Friday</b> Oven baked battered pollock fillet and fresh chips H 	
Yogurt and fresh fruit	Fruity rocky road	Fruit salad	Jam and coconut sponge	Fruit and jelly	





## **TOYS IN SCHOOL**

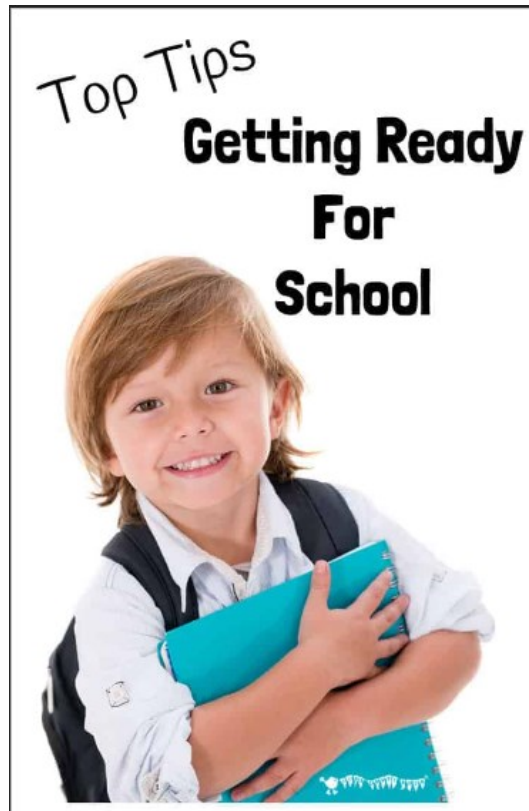
There has been an increase in children bringing toys to school over the last few weeks, including Pokemon cards. Please ensure your child is not bringing toys into school unless a prior arrangement has been made with the school INCO Mrs O'Brien, to support SEND needs or for a class event.



### **WEBSITE AND FACEBOOK**

Please follow us on our  
Facebook page - Weston Mill  
Community Primary

**You can also check our website for  
latest news, dates and letters.**



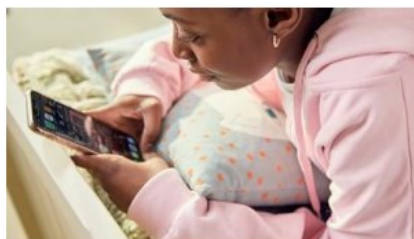
*The following link provides ideas for mark making, art, and early writing activities. Before letter, numbers or pictures come simple marks. Mark-making is a great start to writing and art. Marks are how children learn to express themselves and portray the world around them. So, get mark making and have some fun along the way. Use hands, fingers and feet. Squishing dough, swirling colours together – there are lots of ways to experiment with marks.*

[Make-a-mark,-make-a-start.pdf \(pacey.org.uk\)](https://www.pacey.org.uk/partners/school-ready/preparation/)

PACEY is the Professional Association for Childcare and Early Years. Formed in 1977. PACEY is a charity dedicated to supporting everyone involved in childcare and early years to provide high quality services, information and advice to children, their families and carers. Further information regarding school readiness can be found here:

<https://www.pacey.org.uk/partners/school-ready/preparation/>

## FREE NSPCC Online Safety Workshops for Parents & Carers



The NSPCC is running a series of free **Online Safety Workshops for Parents & Carers**.

**Core Content** - The workshops are 1 hour and will help parents and carers to find out about:

- What children and young people are doing online
- Parental concerns
- What the risks are for young people in terms of what they see, do, and who they meet online
- How to manage these risks as a parent/carer
- Sources of help and support

Each workshop will also focus on a combination of the following topics:

- Gaming
- Social Media
- Online Bullying
- Parental controls
- Mental health and well being
- Modelling good behaviour
- Online challenges, hoaxes and scams
- Persuasive design and screen time vs screen use

We would encourage that a lead professional from your setting is present on the training, so that you are aware of any concerns and can follow up appropriately. You will also benefit from hearing the same key messages as your parent/carer community. However, this isn't mandatory.

For more information and to request joining details please email [parentworkshops@nspcc.org.uk](mailto:parentworkshops@nspcc.org.uk)

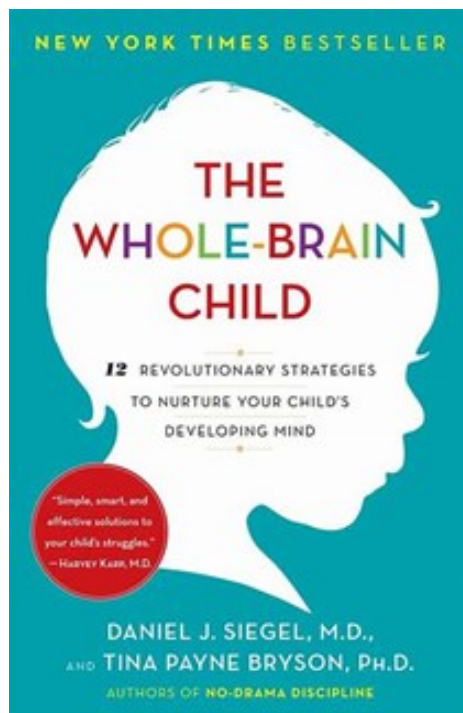
Date	Time	Content
22 March	6-7pm	Core + Social Media + Mental Wellbeing + Online Bullying
28 March	6-7pm	Core + Gaming + Social Media + Online Friendships
5 April	4-5pm	Core + Gaming + Social Media + Bullying + Parental Controls
11 April	7-8pm	Core + Online bullying, social media +modelling good behaviour
19 April	6-7pm	Core + Social Media + Parental Controls
25 April	4-5pm	Core + gaming, parental controls & bullying



STRATEGY #11  
INSTEAD OF COMMAND AND DEMAND...



...TRY PLAYFUL PARENTING



Some of the teachers across have been reading this book and are keen to share some of the strategies with you. These are things that we will be using in our classrooms and HUTs but also things that the group have used to support their own children and families at home. If you would like further information or ideas to support your child's behaviour please contact your schools Family Support Worker.

Beechwood – [l.armstrong@discoverymat.co.uk](mailto:l.armstrong@discoverymat.co.uk)

Oakwood- [m.horne@discoverymat.co.uk](mailto:m.horne@discoverymat.co.uk)

Weston Mill – [m.antell@discoverymat.co.uk](mailto:m.antell@discoverymat.co.uk)



WESTON MILL COMMUNITY  
PRIMARY ACADEMY

CELEBRATE THE CORONATION OF  
KING CHARLES III

On **Friday 5th May** we invite all  
children to come to school wearing  
red, white and blue mufti.

**CATER**ed  
FEEDING AMBITIONS - MAKING A DIFFERENCE  
EVERY CHILD EVERY TIME

IT'S THE  
**KINGS CORONATION**

JOIN ED AND CATE FOR A ROYAL FEAST

FRIDAY 5TH MAY 2023



CRISPY CORONATION  
CHICKEN OR  
VEGAN NUGGETS WITH A  
CORONATION DIP SERVED  
WITH FRESH CHIPS IN A  
UNION JACK BOX  
WITH  
DECORATED VANILLA CUP  
CAKES

# Parent and Toddler Group

Weston Mill Community Primary Academy will be starting a Parent and Toddler Group. This group will be run by Maggie Antell, our Family Support Worker, and Emma Palmer, one of our Mealtime assistants.

The group will be held every Wednesday between 9-10am and will start on the 25th January 2023.

Our Parent and Toddler Group will be held in the additional HUT room. Please arrive through the main reception door from the school playground. A member of staff will be at the door to greet you.

Refreshments will be available.





Weston Mill Community Primary Academy

## NURSERY

**Spaces are currently available  
for 2, 3 and 4 year olds within  
our Nursery.**

**We offer 15 funded hours per child,  
opening during term time only.**

**Me2 funding now accepted.**

**Please see the contact details below to  
express an interest in applying for a  
nursery place.**



For more information, please contact the  
school on **01752 365250** or email  
**[westomill.desk@discoverymat.co.uk](mailto:westomill.desk@discoverymat.co.uk)**.



## Medication at School Including Inhalers

At the end of each academic year all medication including inhalers in school should be sent home.

This enables us to ensure new consent is obtained at the start of an academic year.

Unfortunately, many of our consents are out of date. Recently, letters were sent home to parents/carers of children with out of date consent. A few have come back, but many are outstanding. Without consent your child's medication **cannot** be administered. If you are unsure if this affects your child please see Mrs Powney at the school reception/desk.

This term any inhalers that are not in their original boxes with a prescription label will be sent home along with any that are out of date.

Asthma is a very serious condition and none of us want to risk an incident where an asthmatics inhaler is unavailable.

For further information on the school's policy on Administering Medication please see below. (Full version of the document and our Health and Safety Policy can be found on our website).



**SUPPORTING CHILDREN WITH  
MEDICAL CONDITIONS POLICY**

Approved and signed by the Board of Trustees

26.09.22

Renewal Date: May 2024

## Managing medicines on school premises and record keeping

At Discovery Multi Academy Trust the following procedures are to be followed:

- Medicines should only be administered at school or nursery when it would be detrimental to a child's health or school attendance not to do so;
- No child under 16 should be given prescription medicines without their parents written consent (see template B) - except in exceptional circumstances where the medicine has been prescribed to the child without the knowledge of the parents. In such cases, every effort should be made to encourage the child or young person to involve their parents while respecting their right to confidentiality;
- It is trust policy to **not** administer non-prescription medication on school premises
- Where clinically possible, medicines should be prescribed in dose frequencies which enable them to be taken outside school hours;
- The trust academies and nursery will only accept prescribed medicines, with written permission from parent/carer that are in-date, labelled, provided in the original container as dispensed by the pharmacist and include instructions for administration, dosage and storage. The exception to this is insulin which must be in-date, but will generally be available to schools inside an insulin pen or a pump, rather than its original container;
- All medicines will be stored safely in a locked first aid cupboard/fridge. Children should know where their medicines are at all times. Where relevant, they should know who holds the key to the storage facility.
- Medicines and devices such as asthma inhalers, blood glucose testing meters and adrenaline pens should be always readily available state where and not locked away. Asthma inhalers should be marked with the child's name.
- During trips the first aid trained member of staff will carry all medical devices and medicines required;
- We will keep all controlled drugs that have been prescribed for a pupil securely stored in a non-portable container and only named staff will have access. Controlled drugs should be easily accessible in an emergency. A record should be kept of any doses used and the amount of the controlled drug held in the school;
- Staff administering medicines should do so in accordance with the prescriber's instructions. The trust's academies and nursery will keep a record (see template C and D) of all medicines administered to individual children, stating what, how and how much was administered, when and by whom. Any side effects of the medication to be administered at school should be noted. Written records are kept of all medicines administered to children. These records offer protection to staff and children and provide evidence that agreed procedures have been followed;



UK Health  
Security  
Agency



A practical  
guide  
for staff

# Managing **infectious** cases of **diseases** in all education and childcare settings

The online guide offers information and resources for the following:

Introduction to infection control in all education and childcare settings

Prevention and control

Outbreak management

Immunisation

Staff health, pet and animal contact

Cleaning the environment

Managing specific infections

Exclusion table

Diarrhoea and vomiting outbreak action list



## Advice and guidance

To find out more, visit [www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities](http://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities) or [bit.ly/2xiJpPZ](https://bit.ly/2xiJpPZ).







UK Health  
Security  
Agency

NHS

# Should I keep my child off school?

## Yes

### Until...

Chickenpox	at least 7 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

## No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

### Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfoc>.



## School Uniform.

Over the last few weeks we have noticed children coming to school wearing the incorrect uniform. As part of our home-school agreement, we ask that our children come to school dressed in their school uniform and with the correct PE kit. Your child's class teacher will have notified you of PE days, but we recommend having a PE kit in school each day. Please see details of the our school uniform below.

### **School uniform at Weston Mill is as follows:**

Navy jumper or sweatshirt

White or light blue shirt or polo shirt

Grey trousers or skirt

Black school shoes



**PE kit:**

White t-shirt

Plain Black/Navy shorts or jogging bottoms

Trainers

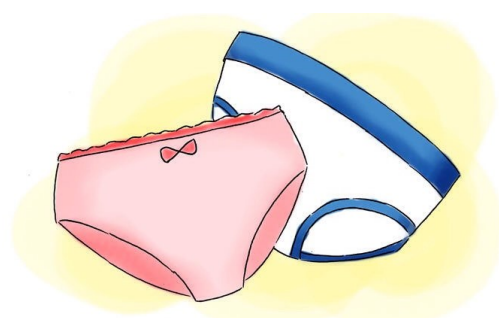


**Spare Underwear Appeal**

Please could we make an appeal for clean pants , socks, tights and vests for those little accidents for children of all ages.

If your child has needed any spare clothes please ensure they are washed and returned.

**A GREAT BIG THANK YOU!**





## Holiday Club

Enjoy a happy and healthy unique holiday experience at Plymouth Life Centre!



Our vibrant and varied holiday club provides a safe and fun environment where children can experience a wide range of activities.

Morning 8am to 9am - £2.50 | Core 9am to 3pm - £30.00  
Afternoon 3pm to 5pm - £5.00 | Food Lunch & Snack - £4.00

### Book Now

[www.plymouthactive.co.uk/activities/holiday-activities](http://www.plymouthactive.co.uk/activities/holiday-activities)

**Fit and Fed**

### Fit and Fed funded places

We are delighted to be working in partnership with the Fit and Fed programme which offers children on benefit-related free school meals funded places to our holiday club. For more information contact us on [fitandfed@plymouth.gov.uk](mailto:fitandfed@plymouth.gov.uk)

 PlymouthActive (@plymouthactiveleisure)

 @plymouthactive

 Plymouth Active - YouTube

Plymouth Active manages these facilities in partnership with Plymouth City Council



# FREE FUNDED HOLIDAY CLUB PLACES AVAILABLE ACROSS THE CITY!

**Q:** When do the Holiday Clubs run?

**A:** Funded Holiday Clubs operate Easter, Summer and Christmas.

**Q:** What age?

**A:** Fit and Fed is for school aged children from reception to year 11 (inclusive).

**Q:** Who is it for?

**A:** Fit and Fed is primarily for children who receive benefit-related free school meals. We are also able to fund places for Looked After Children, Children with Education Health Care Plans, Children under Child Protection Plans, Young Carers and Children of Recognised Refugees or Children from Asylum Seeking and Ukrainian families.



Inflatable Fun



Fun sports games



Free lunch

**TO BOOK A PLACE PLEASE VISIT  
[WWW.PLYMOUTH.GOV.UK/FITANDFED](http://WWW.PLYMOUTH.GOV.UK/FITANDFED)**

**FOR MORE INFORMATION EMAIL  
[SPORTSDEV@PLYMOUTH.GOV.UK](mailto:SPORTSDEV@PLYMOUTH.GOV.UK)**



# Fit and Fed