

# Weston Mill Community Primary Academy

Friday 22nd November  
2024

## Headteacher's update

Dear Parents and Carers,

### Staffing

We would like to inform you that Mrs. Hawker will be leaving us at Christmas to take up a new role as a senior leader at another school. Whilst we will be sad to see her go, we wish her every success in this new chapter of her career. We want to take this opportunity to thank Mrs. Hawker for all she has done for Weston Mill, working hard across the school to inspire our children. We are currently in the process of appointing a new teacher to join us from January and will share further details as soon as possible. To ensure a smooth transition for the children, there will be a handover period towards the end of term, allowing the children to begin building relationships with their new teacher.

### This week

As the weeks fly by, it's incredible to think that December is just around the corner! Our school has been buzzing with activity this week, with lots more to come over the next few weeks! Year 6 have completed their three-week programme of swimming lessons! We are so proud of their effort and determination—well done, Year 6!

This week, our School Council had the privilege of visiting the Lord Mayor's Chamber. It was an inspiring and educational experience, and the children represented our school beautifully.

A huge thank you to all the parents who joined us for our Coffee, Cake, and Calculate session this week. It was wonderful to see so many of you working alongside your children on their maths—what a great way to learn together!

This afternoon, Year 5 led their class assembly, sharing their learning journey so far this year. It was a brilliant showcase of their hard work. A big well done to everyone involved!

### Looking ahead

With December nearly here, we're getting ready for a festive and exciting time. Keep an eye out for updates about our upcoming Christmas events—there's lots to look forward to!

Next week, EYFS will explore the local area with a visit to Ham Woods—don't forget those wellies! Year 6 will welcome a special visitor to launch their new topic—stay tuned to hear more about this exciting experience next week.

Thank you for your continued support. Wishing you a wonderful weekend!

The Weston Mill Team

## This week:

Attendance

Celebrating Success

Our Learning

School Uniform: Includes discount code

Important Dates

Email Addresses to Remember

Lunch Menu

Family Support Team

Design A Christmas Card

Head Lice

Nasal Flu Vaccination

# Attendance

We are continuing to strive for our attendance target of 96% and are making some progress to achieving this and ensuring our children regularly attend school to achieve success. If your child's attendance is less than 90%, you will be asked to attend an attendance meeting with Mrs Gleed. It is important that these meetings are attended to ensure that we are providing the right support for your child to continue to attend school regularly. Our attendance policy can be accessed using the following link: [Weston Mill Community Primary Academy - Policies](#)

A gentle reminder to parents that contact **must** be made with school on your child's first day of absence and each day until they return to school. If you do not provide a reason for your child's absence, this will be recorded as an unauthorised absence and could result in a penalty notice being issued by Plymouth City Council. Arriving late for school after 9.10am will also be recorded as an unauthorised absence.

## Weekly attendance for 18th November to 22nd November

The UK Government expectation is **96%**. We are striving for children to achieve this as there is a direct link between attendance and achievement.

This week, our whole school attendance is **91.2%**

This week's winners are : **MOZART Class** and **TCHAIKOVSKY Class**.

MOZART	100%
PRICE	85.2%
ZIMMER	88.4%



BRITTEN	82.6%
DUN	95.5%
HOLST	88.0%
TCHAIKOVSKY	95.7%

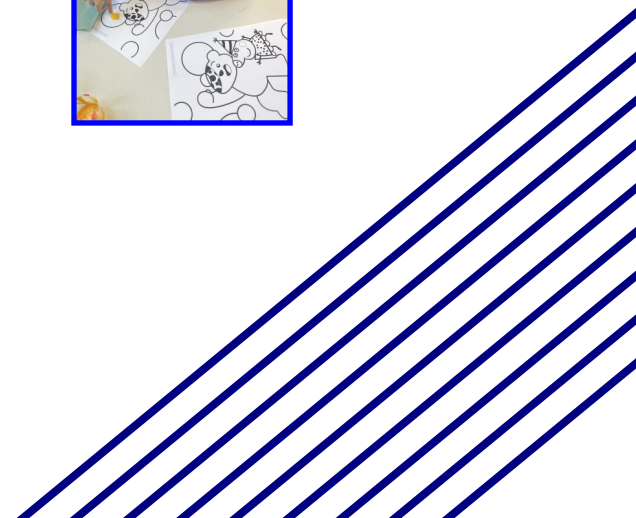
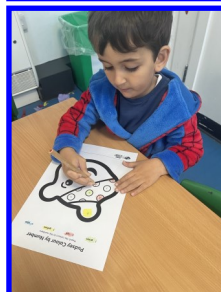
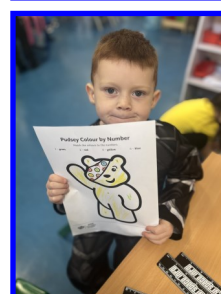
# Celebrating Success

<b>Year</b>	<b>Value awards</b>	<b>Star Learners</b>
<b>Nursery</b>	<b>Evelyn</b>	<b>Kaycee</b>
<b>Reception</b>	<b>Freddie</b>	<b>Elizabeth</b>
<b>Year 1</b>	<b>Aimee-Jean</b>	<b>Ruby</b>
<b>Year 2</b>	<b>River</b>	<b>Ethan</b>
<b>Year 3</b>	<b>Elsie</b>	<b>Yasmina</b>
<b>Year 4</b>	<b>Brodie</b>	<b>Wynter</b>
<b>Year 5</b>	<b>Rosalia</b>	<b>Denver</b>
<b>Year 6</b>	<b>Amelia</b>	<b>Sophie</b>



# Our Learning

Nursery Children Enjoying Children In Need.



# Our Learning

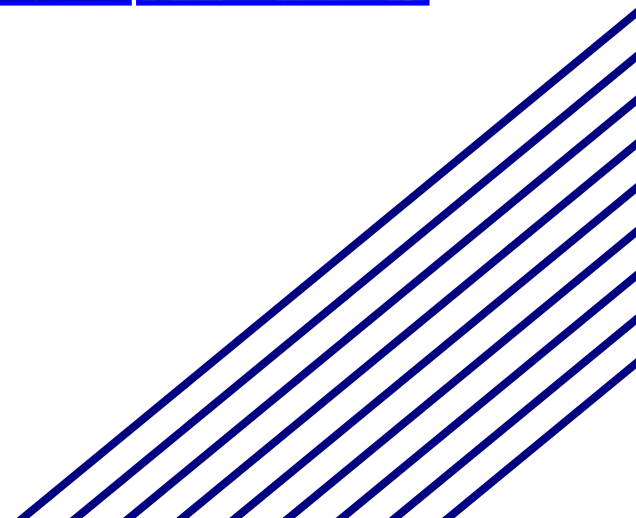
On Thursday 14th November Florence Price class took part in an outdoor maths lesson. They spent time find different 2D shapes in the playground and surrounding area. They worked hard to identify circles, squares, rectangles and hexagons. They were really engaged with their learning it was brilliant to hear them using mathematical vocabulary correctly.





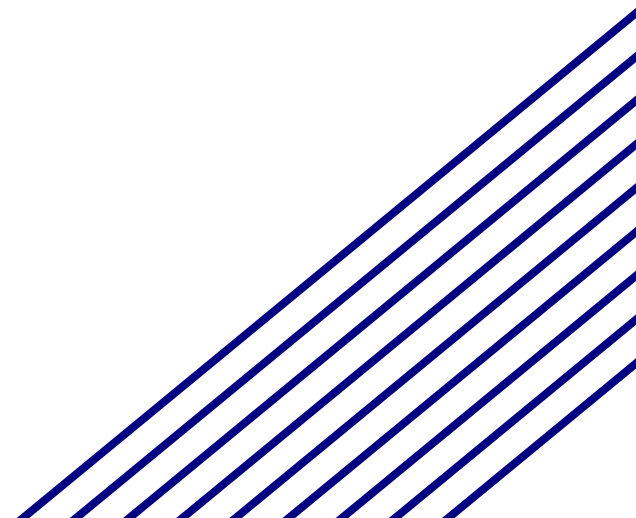
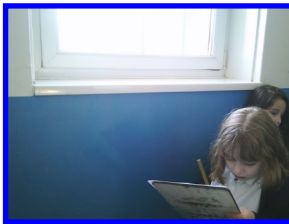
# Our Learning

Year 2 were very lucky to have some pedestrian training the last few weeks. The children took part in a programme called "Walk Wise" for the last 6 weeks. The programme aims to help children to begin to make safe decisions about where and when to cross the road. Last week, Year 2 completed their training and received their certificates. They are now very capable and independent pedestrians. Well done Year 2!



# Our Learning

In Year 2 we have been learning about Materials in Science and their every day uses. After we discussed materials, we went for a walk around the school and looked at different objects and the materials they are made of. We worked collaborative to identify objects/buildings and determined what materials have been used to make or build them.



# School Uniform

Please ensure that your child comes to school each day wearing the correct school uniform. If you require additional items of school uniform, please speak to Mrs Lavers who will be more than happy to help from our spare uniform.

here's a 10% discount code for your parents to save money on uniform from [MyClothing](#).

Code = **UNIFORM10**

Expires 20/12/2024

## Compulsory Uniform Items

Navy school jumper or cardigan (with or without the school logo)



White or blue polo shirt (with or without the school logo)



Trousers or shorts, or skirt (mid grey)





# School Uniform

Update Below!

Parents are reminded that their child should wear the correct PE uniform to school on their PE days. We ask that children wear their school jumper/cardigan as part of their PE kit only. **Hoodies are no longer permitted.** We appreciate your continued support and invite parents to speak with Mrs Lavers if they require any support for any items of uniform.

## **PE Kit**

White polo shirt or t-shirt  
(with or without logo)



Black shorts



Navy/Black jogging bottoms



# Important Dates

## Class Assembly Dates

**Year 4 Friday 31st January 2025 @ 9.15**

**Year 3 Friday 14th February 2025 @ 9.15**

**Year 2 Friday 21st March 2025 @ 9.15**

**Year 1 Friday 4th April 2025 @ 9.15**

**Year EYFS Friday 23rd May 2025 @ 9.15**



# Important Dates

## Dates for your Diary

For all events and any changes click below:

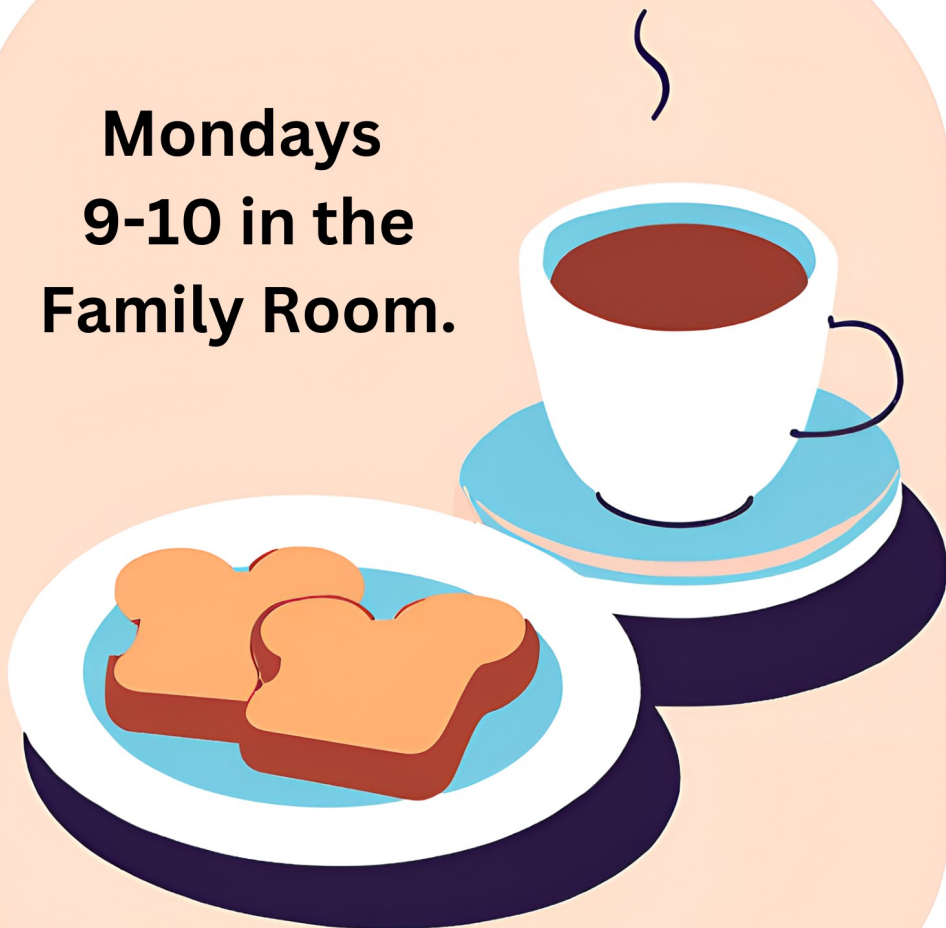
[Weston Mill Community Primary Academy - Calendar](#)



# Important Dates

## Tea, Toast and Talk

**Mondays  
9-10 in the  
Family Room.**



**just pop in for a quick chat and  
a cuppa**



# Important Dates

Have you already started Christmas things? Come and join in with a relaxing time in a bit of craft.

Please let Mrs Lavers know that you are coming, send her a quick email [z.lavers@discoverymat.co.uk](mailto:z.lavers@discoverymat.co.uk)

This is a group for adults to do the crafting, (We will also have refreshments).

Come and Make  
**CHRISTMAS  
CRAFT**

**WEDNESDAYS**  
1.30PM -3PM

**20TH NOVEMBER**  
4TH & 11TH  
DECEMBER

glass lanterns, Mini Gonks, Tree  
decorations, Cards and gift labels

# Important Dates

Does your child struggle with bedtime? Who takes up more space in your bed, your child or you?

Do you need help with getting a bedtime routine established?

Come to our Sleep Workshop and we may be able to help you. The session is going to be face to face with other parents and carers and a video link to the team delivering the workshop.

This session is limited to 12 spaces and so it is first come first served. It is an interactive session with discussion etc.

Please email Mrs Lavers to book your place and she will be in touch with exact details.

Are you tired of a bedtime struggle?



## SLEEP WORKSHOP

**THURSDAY  
DECEMBER 5th  
1.15pm- 3pm in  
the Family Room**

Limited to 12 adults.  
Please email Mrs Lavers  
[z.lavers@discoverymat.co.uk](mailto:z.lavers@discoverymat.co.uk)  
to book your place

# Important Dates



*Eyfs Christmas  
Stay & Play*

THURSDAY 19TH  
DECEMBER 2-3PM

ALL WELCOME!



# Important Dates

## Brahms and Mozart Class Christmas Nativity

Foundation parents, families and  
carers are welcome to the  
performance on:

Thursday 19<sup>th</sup>  
December 9.30am





# Important Dates



**CATERed**  
FEEDING MASTERS. MAKING A DIFFERENCE  
EVERY CHILD EVERY TIME.

## JINGLE BELLS...

...JINGLE ALL THE WAY TO CHRISTMAS LUNCH!

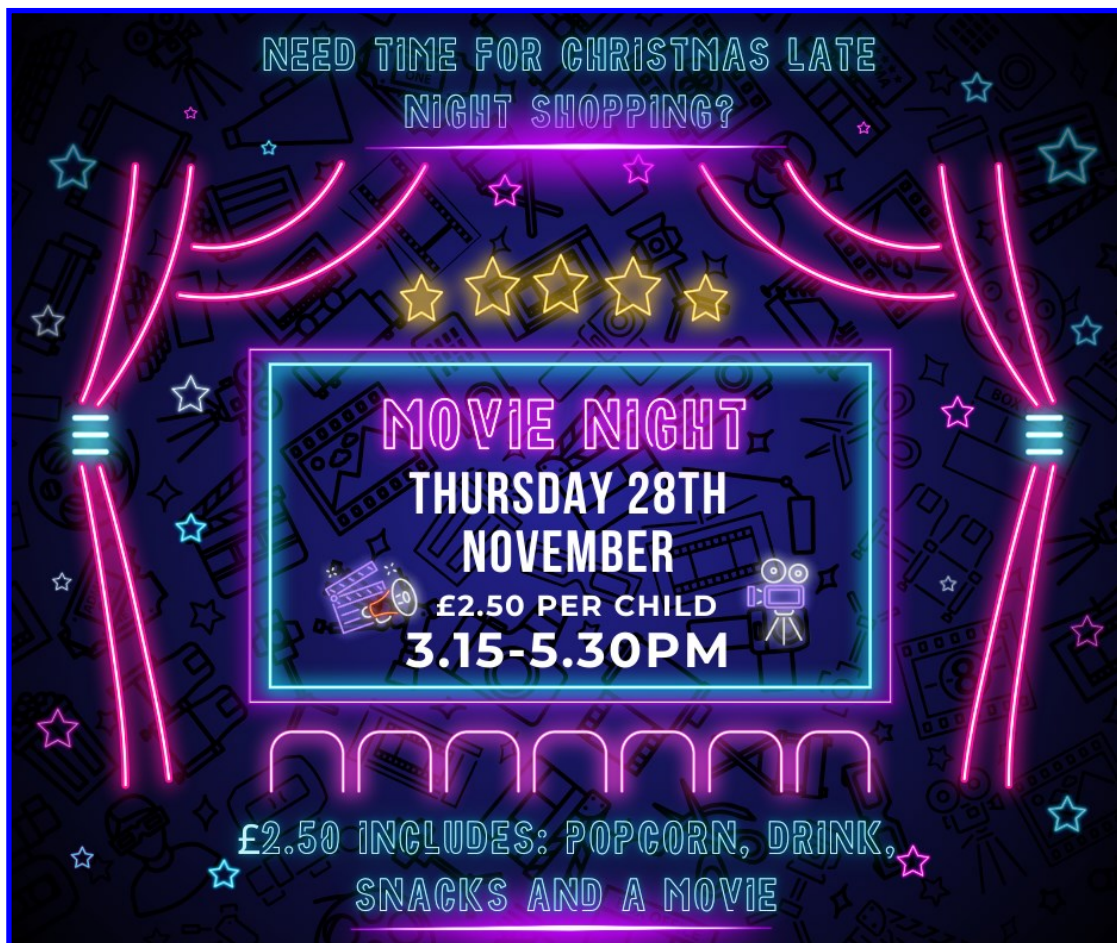
ROAST TURKEY AND CHIPOLATA  
SAUSAGE, QUORN FILLET OR CARROT AND  
CRANBERRY PARCEL SERVED WITH  
SEASONAL VEGETABLES, ROAST POTATOES  
AND GRAVY

CHOCOLATE 'KRISP-MAS' PUDDINGS  
CHRISTMAS CUSTARD BISCUITS  
RUDOLF MUFFINS  
CHRISTMAS CHOCOLATE ICE CREAM ROLL

**ON**  
*Wednesday 18th December*

# Important Dates

Need time to get your Christmas shopping done? The PTFA are running a movie night Thursday 28th November 3.15 - 5.30pm, £2.50 paid via ParentPay.



NEED TIME FOR CHRISTMAS LATE NIGHT SHOPPING?

**MOVIE NIGHT**  
**THURSDAY 28TH**  
**NOVEMBER**  
£2.50 PER CHILD  
**3.15-5.30PM**

£2.50 INCLUDES: POPCORN, DRINK, SNACKS AND A MOVIE

The poster features a dark background with a pattern of film-related icons like cameras, film strips, and stars. It is decorated with vibrant neon lights in shades of pink, purple, and blue, forming a frame around the central text. The text is presented in a mix of bold, outlined fonts and solid colors.

# Email Addresses to Remember

## Email Addresses to Remember

Nursery	<a href="mailto:j.bulley@discoverymat.co.uk">j.bulley@discoverymat.co.uk</a>
Reception	<a href="mailto:n.gray@discoverymat.co.uk">n.gray@discoverymat.co.uk</a>
Year 1	<a href="mailto:j.gooding@discoverymat.co.uk">j.gooding@discoverymat.co.uk</a>
Year 1	<a href="mailto:l.field@discoverymat.co.uk">l.field@discoverymat.co.uk</a>
Year 2	<a href="mailto:k.kombostiotis@discoverymat.co.uk">k.kombostiotis@discoverymat.co.uk</a>
Year 3	<a href="mailto:t.hawker@discoverymat.co.uk">t.hawker@discoverymat.co.uk</a>
Year 4	<a href="mailto:j.butson@discoverymat.co.uk">j.butson@discoverymat.co.uk</a>
Year 4	<a href="mailto:s.mann@discoverymat.co.uk">s.mann@discoverymat.co.uk</a>
Year 5	<a href="mailto:a.hewlett@discoverymat.co.uk">a.hewlett@discoverymat.co.uk</a>
Year 6	<a href="mailto:l.wallace@discoverymat.co.uk">l.wallace@discoverymat.co.uk</a>

# Family Support Team

			
<b>Mr Steve Mann</b> Assistant Head of School Deputy Designated Lead for Safeguarding Safeguarding Behaviour Attendance Family Support	<b>Mrs Zoe Lavers</b> Family Support worker First Contact to Signpost Parents Foodbank Courses for parents/Carers Services Families Community Support School Life Parents Questions & Answers Local Issues Coffee mornings Under 5 Group	<b>Mrs Becca Gleed</b> Head of School Designated Lead for Safeguarding Education and Curriculum PTFA Contact Family Support	<b>Mrs Laura Harris</b> INCO SEND Support SEND and Behaviour Support for Parents School Nurse Referrals DLA Applications GP Letters



# Lunch Menu

Our new lunch menu starting Monday 4th November.  
Please note week 3 Friday will be fishfingers instead of fishcakes.  
Hot paninis will be available Mondays, Wednesdays and Fridays.  
Cheese or Ham.



# Lunch Menu










## WEEK 1

W/C - MONDAY: 4TH NOV, 25TH NOV, 16TH DEC, 13TH JAN, 3RD FEB, 3RD MAR, 24TH MAR

### WINTER WARMER HOT PANINI OR PASTA

Choose from Ham & Tomato or Cheese & Tomato, served with tortilla chips and vegetables. Or a Homemade tomato sauce with pasta.

MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>CHOICE 1 - H, W, V</b> Margherita pizza with potato wedges</p> <p><b>Allergens:</b> (Glu), (Wh), (So), (Mi), m/c (E)</p>	<p><b>CHOICE 2 - H, W</b> Chicken curry with rice</p> <p><b>Allergens:</b> (Su)</p>	<p> All day breakfast - choose from meat or climate friendly option</p>	<p><b>CHOICE 1 - H</b> Roast chicken, Yorkshire pudding, gravy and roast potatoes</p> <p><b>Allergens:</b> (Glu), (Wh), (Mi), (E)</p>	<p><b>CHOICE 1 - H</b> Homemade breaded haddock fillet served with fresh chips</p> <p><b>Allergens:</b> (Glu), (Wh), (E), (Mi)</p>
<p> <b>CHOICE 2 - H, W, V, VE</b> Katerveg meatballs served with homemade tomato sauce &amp; pasta</p> <p><b>Allergens:</b> (Glu), (Wh), (So)</p>	<p> <b>CHOICE 2 - H, V, VE</b> Chickpea &amp; sweetcorn burger served in a bun with potato wedges</p> <p><b>Allergens:</b> (Glu), (Wh), (Mi), (So)</p>	<p><b>Meat Option Allergens:</b> (Glu), (Wh), (E), (Mi)</p> <p><b>Climate Friendly Allergens:</b> (Glu), (Wh)</p>	<p><b>CHOICE 2 - H, V</b> Golden pastry topped vegetable pie, gravy &amp; roast potato</p> <p><b>Allergens:</b> (Glu), (Wh), (Mi), (Ce)</p>	<p><b>CHOICE 3 - H, V</b> Tangy cheese, quinoa &amp; vegetable muffin served with fresh chips</p> <p><b>Allergens:</b> (Glu), (Wh), (E), (Mi)</p>
SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW				
<p> <b>DESSERT - V, VE</b> Fruit Salad</p>	<p><b>DESSERT - H, W, V</b> Butternut and date cake</p> <p><b>Allergens:</b> (Wh), (E)</p>	<p> <b>DESSERT - H, V, VE</b> Cornish fairing biscuits and fruit slices</p> <p><b>Allergens:</b> (Glu), (Mi), (E)</p>	<p> <b>DESSERT - H, V, VE</b> Fruit platter or Yoghurt</p> <p><b>Allergens:</b> (Su), (Mi)</p>	<p> <b>DESSERT - H, W, V, VE</b> Fruity cornflake tart with custard</p> <p><b>Allergens:</b> (Wh), (Bar)</p>

AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT 

Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.

H = HOME-MADE IN THE KITCHEN, W = WHOLE WHEAT INGREDIENTS, VE = VEGAN DIET, V = VEGETARIAN

Allergen Key: Gluten (Glu), Barley (Bar), Wheat (Wh), Oats (O), Rye (R), Soya (So), Sesame (Se), Peanut (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (N), Egg (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c May Contain

 = Climate Friendly

**DID YOU KNOW**  
You can have mixed or brown rice instead of potatoes!

Tilda



# Lunch Menu



## WEEK 2

### WINTER WARMER HOT PANINI OR PASTA

Choose from Ham & Tomato or Cheese & Tomato, served with tortilla chips and vegetables. Or a Homemade tomato sauce with pasta.

W/C - MONDAY: 11TH NOV, 2ND DEC, 30TH DEC, 20TH JAN, 17TH FEB, 10TH MAR, 31ST MAR

MONDAY	MEAT FREE TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CHOICE 1 - H, W</b> Baked bean and sausage pasta bake Allergens: (Glu), (Wh)	<b>CHOICE 1 - H, V, VE</b> Katerveg mince chilli and rice Allergens: (So)	<b>CHOICE 1 - H</b> Chicken chow mein Allergens: (Glu), (Wh), (Se), (So)	<b>CHOICE 1 - H</b> Roast beef, Yorkshire pudding, gravy and roast potatoes Allergens: (Glu), (Wh), (Mi), (E)	<b>CHOICE 1</b> Fish fingers served with fresh chips Allergens: (Glu), (Wh), (F)
<b>CHOICE 2 - V, VE</b> Quorn dippers with seasoned potato wedges Allergens: (Glu), (Wh)	<b>CHOICE 2 - H, V</b> Tasty cheese wheels with herby diced potato Allergens: (Glu), (Wh), (Mi), (Mu)	<b>CHOICE 2 - H, V, VE</b> Vegetable sausage, mash and gravy Allergens: (Glu), (Wh), (Ce)	<b>CHOICE 2 - H, V, VE</b> Roast Quorn fillet, gravy and roast potatoes Allergens: (Glu), (Wh), (Bar)	<b>CHOICE 2 - H, W, V</b> Homemade cheese and tomato quiche served with fresh chips Allergens: (Glu), (Wh), (E), (Mi)
SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW				
<b>DESSERT - V, VE</b> Fruit Salad	<b>DESSERT - H, V, VE</b> Fruity flapjack Allergens: (Glu), (O) m/c (Wh), (Bar)	<b>DESSERT - H, W, V</b> Westcountry root cake Allergens: (Glu), (Wh), (E) m/c (Mi), (Bar)	<b>DESSERT - H, V, VE</b> Fruit Platter Allergens: (Glu), (O), M/C: (Wh), (Bar)	<b>DESSERT - H, V</b> Zesty cake with custard Allergens: (Glu), (Wh), (E), (Su), (Mi) m/c (Bar)

AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT

Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.

H = HOME-MADE IN THE KITCHEN, W = WHOLE WHEAT INGREDIENTS, VE = VEGAN DSH, V = VEGETARIAN.

Allergen Key: Gluten (Glu), Barley (Bar), Wheat (Wh), Oats (O), Rye (R), Soya (So), Sulphites (Su), Sesame (Se), Peanuts (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (N), Eggs (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c: May Contain

= Climate Friendly

**DID YOU KNOW?**  
You can have mixed or brown rice instead of potatoes!

Tilda



# Lunch Menu



## WEEK 3

### WINTER WARMER HOT PANINI OR PASTA

Choose from Ham & Tomato or Cheese & Tomato, served with tortilla chips and vegetables. Or @ Homemade tomato sauce with pasta.

W/C - MONDAY: 18TH NOV, 9TH DEC, 6TH JAN, 27TH JAN, 24TH FEB 17TH MAR

MONDAY	TUESDAY	MEAT FREE WEDNESDAY	THURSDAY	FRIDAY
<p><b>CHOICE 1 - H, W</b> Beef cobbler served with mash and gravy <b>Allergens:</b> (Glu), (Wh), m/c (Mi), (Bar)</p>	<p><b>CHOICE 1 - H</b> Chicken paella</p>	<p><b>CHOICE 1 - H, V, VE</b> Tasty Katereveg bolognese with garlic bread &amp; pasta <b>Allergens:</b> (Glu), (Wh), (So), m/c (Se)</p>	<p><b>CHOICE 1 - H</b> Roast gammon loin, Yorkshire Pudding, gravy &amp; roast potatoes <b>Allergens:</b> (Glu), (Wh), (E)</p>	<p><b>CHOICE 1 - H</b> Homemade fish cakes served with fresh chips <b>Allergens:</b> (Glu), (Wh), (F), (E)</p>
<p><b>CHOICE 2 - H, V</b> Crispy samosa with rice <b>Allergens:</b> (Glu), (Wh), (E)</p>	<p><b>CHOICE 2 - V, VE</b> Quorn nuggets with diced potato <b>Allergens:</b> (Glu), (Wh)</p>	<p><b>CHOICE 1 - H, V</b> Creamy macaroni cheese with garlic bread <b>Allergens:</b> (Glu), (Wh), (Mi), (Mu), m/c (Se)</p>	<p><b>CHOICE 2 - H, V, VE</b> Golden crisp topped shepherds pie, gravy &amp; roast potatoes <b>Allergens:</b> m/c (Glu), (Wh), (Bar)</p>	<p><b>CHOICE 2 - V, VE</b> Quorn fingers served with fresh chips <b>Allergens:</b> (Glu), (Wh)</p>
SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW				
<p><b>DESSERT - V VE</b> Fruit salad</p>	<p><b>DESSERT - H, V</b> Orange honey cake <b>Allergens:</b> (Glu), (Wh), (Mi), (E)</p>	<p><b>DESSERT - H, V, VE</b> Custard biscuits with fruit slices <b>Allergens:</b> (Glu), (Wh)</p>	<p><b>DESSERT - H, V, VE</b> Fruit Platter <b>Allergens:</b> (So)</p>	<p><b>DESSERT - H, W, V, VE</b> Chocolate cake with chocolate sauce <b>Allergens:</b> (Glu), (Wh), (E), (Mi), m/c (Bar)</p>

AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT

Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.

H = HOME-MADE IN THE KITCHEN, W = WHOLE WHEAT INGREDIENTS, VE = VEGAN DISH, V = VEGETARIAN.

Allergen Key: Gluten (Glu), Barley (Bar), Wheat (Wh), Dairy (D), Egg (E), Soy (So), Sulphites (Su), Sesame (Se), Peanuts (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (N), Eggs (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c: May Contain

Climate Friendly

**DID YOU KNOW?**  
You can have mixed or brown rice instead of potatoes!  
Tilda





# Lunch Menu

## ED'S SPECIAL EVENTS



### **NOVEMBER** **BONFIRE NIGHT** (TUESDAY 5TH NOVEMBER)

Hotdogs with seasoned wedges, Warming chilli and rice, Jacket potatoes with bonfire beans and cheese, Toffee apple cake and custard



### **DECEMBER** **CHRISTMAS LUNCH** (SEE YOUR SCHOOL FOR DATE)

See your schools poster for the full Christmas menu and date



### **JANUARY** **SIX NATIONS** (FRIDAY 31ST JANUARY)

Fish fillet and chips or pasta, Cheese and leek plait, served with French green beans and carrots, Melting moments



### **FEBRUARY** **TEDDY BEAR DAY** (MONDAY 10TH FEBRUARY)

Winnie the Pooh honey chicken with seasoned wedges and coleslaw, Kung Fu Panda stir fried noodles with veg, Paddington Bear marmalade cake



### **MARCH** **INTER. SCHOOL MEAL DAY** (THURSDAY 13TH MARCH)

Roast beef and Yorkshire pudding, Italian Frittata, Lamington tray bake, Salad bar includes Swedish beetroot and apple salad



**STAY UP TO DATE:**  [facebook.com/plymouthcatered](https://facebook.com/plymouthcatered)  [@cateredplymouth](https://twitter.com/cateredplymouth)  [@cateredplymouth](https://www.instagram.com/cateredplymouth)  [@cateredplymouth](https://www.tiktok.com/@cateredplymouth)

# Design A Christmas Card

**Reed**

## Design a Christmas card for Reed and win a Smiggle prize

One talented young artist will have the honour of designing Reed's 2024 Christmas card which, if chosen will be sent to businesses across the country.

### The prizes:

**First place:** £50 Smiggle voucher and the title of 'Official Designer of the Reed 2024 Christmas Card!'

**Second place:** £30 Smiggle voucher

**Third place:** £20 Smiggle voucher

### Send us your design:

pamela.waghorn@reed.com

By Friday 15 November

Good luck. We can't wait to see what you create!

Reed's education team



Use below area and include at least one Christmas item: for example, Santa, tree or a snowman.



# Head Lice

Dear Parents

**RE: HEAD LICE**

Following a few cases of head lice at school, please use the information on this sheet when you look through your child's hair.

FOR THE FOLLOWING TREATMENT OF HEAD LICE WE ADVISE THE FOLLOWING: -

IT IS MUCH EASIER TO CHECK FOR HEAD LICE IF YOU HAVE WET HAIR.

Wash your child's hair and rinse.

Put conditioner on the hair and comb through (roots to ends) with a head lice comb. Rinse off conditioner as normal.

**If you find head lice, please repeat this every day for ten days. You should then get rid of all the lice.**

Please repeat for each member of the family, if you find head lice.

If you have big problems please visit your GP surgery, where they may prescribe lotion to treat.

PLEASE NOTE THAT EGGS NEED TO BE TAKEN OUT ONE AT A TIME. COMBS OR LOTION DO NOT GET RID OF THEM BECAUSE THEY ARE GLUED TO THE HAIR.

Please see the NHS advice below for further information.

[Head lice and nits - NHS](#)

# Nasal Flu Vaccination

Any parents who missed the consenting process and still wish their child to have the flu vaccine, please ask call 01392 342 678 and a consent form can be completed over the phone and you will be assisted with booking into one of our community clinics to have the vaccination done.

Anyone who has already completed a consent form and their child did not get the vaccine for any reason will automatically receive and email inviting them book into a community clinic.



**NHS**

## flu: 5 reasons to vaccinate your child

- 1. Protect your child**  
The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia
- 2. Protect you, your family and friends**  
Vaccinating your child will help protect more vulnerable friends and family
- 3. No injection needed**  
The nasal spray is painless and easy to have
- 4. It's better than having flu**  
The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record
- 5. Avoid costs**  
If your child gets flu, you may have to take time off work or arrange alternative childcare

For more information visit  
[www.nhs.uk/child-flu](http://www.nhs.uk/child-flu)

**Flu**  **mmunisation**  
Helping to protect children, every winter

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