

Weston Mill Community Primary Academy

Friday 15th November 2024

Headteacher's update

Dear Parents and Carers,

What a busy and fantastic week we've had at Weston Mill!

We ended the week on a high with an incredible day for Children in Need! A huge thank you to everyone who donated—your generosity means so much. The children looked amazing in their outfits and enjoyed a day packed with exciting activities: baking, football skills, creating a whole-school Pudsey Bear, forest school adventures, and more. A special shoutout to our wonderful team who made the day so memorable, and to CATERed for the delicious biscuits and cakes that the children loved!

We were thrilled to welcome an amazing 151 of you to this week's Parents' Evening! It was fantastic to see so many of you and share how your children are doing. These meetings are such a valuable opportunity to meet with your child's teacher, but please remember, we're always here to help. Whether it's a quick chat at the end of the day or an email, we're here to support you and your child whenever needed.

This week, some of our children represented the school at an indoor athletics event. Their enthusiasm and exemplary behaviour made us so proud—well done to everyone who took part!

This week also marked Anti-Bullying Week, during which the children engaged in meaningful activities and discussions. Highlights included Odd Socks Day and Positive Noticing Day, celebrating kindness and individuality—a truly uplifting experience for all!

We have lots of things going on next week including:

- **School Council Trip:** A visit to the Lord Mayor's Chamber—what an experience!
 - **Year 6 Swimming:** It's the final week of lessons—let's make a splash!
 - **Coffee, Cake, and Calculate:** Join us next Wednesday, 9:15–10:15 AM, for a wonderful session of maths activities with your child. We can't wait to welcome you!
- Year 5 Class Assembly:** Happening next Friday at 9:15 AM—come along to see your children showcase their learning!
- A Surprise is Coming...**

We have an exciting delivery arriving next week, and we can't wait to share it with you. If you love books and reading, you're in for a treat! Stay tuned for more details—we promise it'll be worth the wait!

Thank you for your continued support. We hope you all have a wonderful weekend!

Best wishes,
The Weston Mill Team

This week:

Attendance

Celebrating Success

Remembrance Sunday

School Uniform: Update

Nasal Flu Vaccination

Important Dates

Email Addresses to Remember

Lunch Menu

Family Support Team

Design A Christmas Card

Head Lice

Attendance

We are continuing to strive for our attendance target of 96% and are making some progress to achieving this and ensuring our children regularly attend school to achieve success. If your child's attendance is less than 90%, you will be asked to attend an attendance meeting with Mrs Gleed. It is important that these meetings are attended to ensure that we are providing the right support for your child to continue to attend school regularly. Our attendance policy can be accessed using the following link: [Weston Mill Community Primary Academy - Policies](#)

A gentle reminder to parents that contact **must** be made with school on your child's first day of absence and each day until they return to school. If you do not provide a reason for your child's absence, this will be recorded as an unauthorised absence and could result in a penalty notice being issued by Plymouth City Council. Arriving late for school after 9.10am will also be recorded as an unauthorised absence.

Weekly attendance for 11th November to 15th November

The UK Government expectation is **96%**. We are striving for children to achieve this as there is a direct link between attendance and achievement .

This week, our whole school attendance is **93.8%**

This week's winners are : **MOZART Class** and **TCHAIKOVSKY Class**.

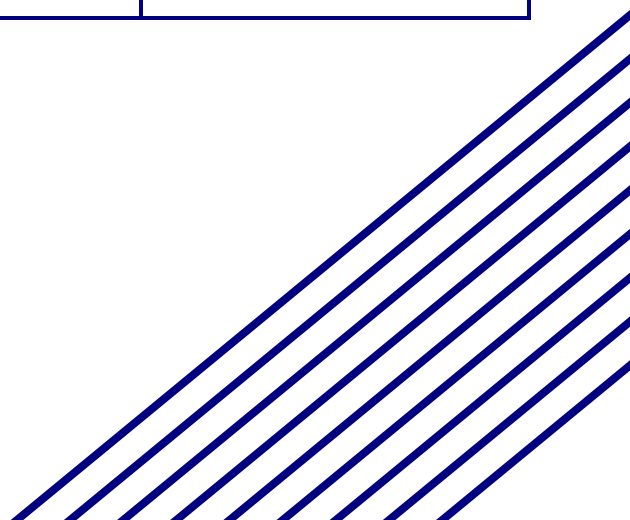
MOZART	100%
PRICE	88.4%
ZIMMER	88.9%



BRITTEN	91.1%
DUN	94.5%
HOLST	92.3%
TCHAIKOVSKY	98.6%

Celebrating Success

Year	Value awards	Star Learners
Nursery	Skyler	Roman
Reception	Ezra	Esme
Year 1	Luna	Nico
Year 2	Annabelle	Bonnie
Year 3	Aneya	Morire
Year 4	Theo	Summer
Year 5	Ethan	Emily
Year 6	Ava	Nathaniel



Remembrance Sunday



Marcie did an amazing job when representing the school at the Lord Mayor's Remembrance Sunday Service.

Thank you.

In memory of all those that gave their lives.

Lest we forget.

School Uniform

Please ensure that your child comes to school each day wearing the correct school uniform. If you require additional items of school uniform, please speak to Mrs Lavers who will be more than happy to help from our spare uniform.

Compulsory Uniform Items

Navy school jumper or cardigan (with or without the school logo)



White or blue polo shirt (with or without the school logo)



Trousers or shorts, or skirt (mid grey)



School Uniform

Update Below!

Parents are reminded that their child should wear the correct PE uniform to school on their PE days. We ask that children wear their school jumper/cardigan as part of their PE kit only. **Hoodies are no longer permitted.** We appreciate your continued support and invite parents to speak with Mrs Lavers if they require any support for any items of uniform.

PE Kit

White polo shirt or t-shirt
(with or without logo)



Black shorts



Navy/Black jogging bottoms



Nasal Flu Vaccination



NHS

flu: 5 reasons to vaccinate your child

- 1. Protect your child**
The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia
- 2. Protect you, your family and friends**
Vaccinating your child will help protect more vulnerable friends and family
- 3. No injection needed**
The nasal spray is painless and easy to have
- 4. It's better than having flu**
The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record
- 5. Avoid costs**
If your child gets flu, you may have to take time off work or arrange alternative childcare

For more information visit www.nhs.uk/child-flu

Flu Immunisation
Helping to protect children, every winter

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Academic Year 2024/25 School:

Weston Mill Community Primary Academy

Code: DV143310

Dear Parent/Guardian

Your child's annual nasal flu vaccination is now due Kernow Health's School Age Immunisation Service is delivering the nasal flu immunisation programme in Cornwall and Devon's schools on behalf of NHS England & Improvement.

Flu can be a very unpleasant illness and sometimes causes serious complications. Vaccinating your child will also help protect more vulnerable friends and family by preventing the spread of flu.

In 2024/25 all children in Primary Schools from Reception to year 6 (inclusive) will be offered the vaccine. The vaccination is free and recommended for young children; it is administered by a quick and simple spray up the nose.

Please enter www.nhs.uk/child-flu to access information explaining the vaccination programme which also includes details about the small number of children for whom the nasal vaccine is not appropriate. The patient information leaflet is also in the attached link: FLUENZ Tetra, INN-influenza vaccine (live attenuated, nasal) (medicines.org.uk)

We are due to visit your child's school on 20th November 2024. In order to access the online consent form, please enter or click on the following link: <https://www.kernowimmunisations.co.uk/Forms/Flu>

PLEASE ENSURE YOU ENTER THE FULL UNIQUE SCHOOL REFERENCE CODE.

The code for your child's school is: DV143310

Please submit your consent form by midday on 15 th November 2024 to ensure your child receives their vaccination.

If you experience any problems accessing the form, please telephone 01392 342678 for Devon schools and the team will be happy to help.

Please note that as in previous years you must opt into the programme. If a consent form is not submitted your child will not be vaccinated. If your child becomes wheezy or has their asthma medication increased after you submit this form, please contact us on the numbers above. If you decide you do not want to vaccinate your child against flu, it will help us if you still complete and submit the consent form giving the reason. This will help us to plan and develop the service. Please tell us if you need this information in a different format.

Important Dates

Class Assembly Dates

Year 5 Friday 22nd November 2024 @ 9.15

Year 4 Friday 31st January 2025 @ 9.15

Year 3 Friday 14th February 2025 @ 9.15

Year 2 Friday 21st March 2025 @ 9.15

Year 1 Friday 4th April 2025 @ 9.15

Year EYFS Friday 23rd May 2025 @ 9.15



Important Dates



Year 5
Class Assembly
Friday 22nd November
at 09:15



Important Dates



COFFEE, CAKE,
CALCULATE



Join us for coffee (other drinks available!),
cake and maths activities with your child on:

Wednesday 20th November, 9.15-10.15am.

All welcome!

We look forward to seeing you there!



Important Dates

Dates for your Diary

For all events and any changes click below:

[Weston Mill Community Primary Academy - Calendar](#)



Email Addresses to Remember

Email Addresses to Remember

Nursery	j.bulley@discoverymat.co.uk
Reception	n.gray@discoverymat.co.uk
Year 1	j.gooding@discoverymat.co.uk
Year 1	l.field@discoverymat.co.uk
Year 2	k.kombostiotis@discoverymat.co.uk
Year 3	t.hawker@discoverymat.co.uk
Year 4	j.butson@discoverymat.co.uk
Year 4	s.mann@discoverymat.co.uk
Year 5	a.hewlett@discoverymat.co.uk
Year 6	l.wallace@discoverymat.co.uk

Family Support Team

			
Mr Steve Mann Assistant Head of School Deputy Designated Lead for Safeguarding Safeguarding Behaviour Attendance Family Support	Mrs Zoe Lavers Family Support worker First Contact to Signpost Parents Foodbank Courses for parents/Carers Services Families Community Support School Life Parents Questions & Answers Local Issues Coffee mornings Under 5 Group	Mrs Becca Gleed Head of School Designated Lead for Safeguarding Education and Curriculum PTFA Contact Family Support	Mrs Laura Harris INCO SEND Support SEND and Behaviour Support for Parents School Nurse Referrals DLA Applications GP Letters

Lunch Menu

Our new lunch menu starting Monday 4th November.
Please note week 3 Friday will be fishfingers instead of fishcakes.
Hot paninis will be available Mondays, Wednesdays and Fridays.
Cheese or Ham.



Lunch Menu










WEEK 1

W/C - MONDAY: 4TH NOV, 25TH NOV, 16TH DEC, 13TH JAN, 3RD FEB, 3RD MAR, 24TH MAR

WINTER WARMER HOT PANINI OR PASTA

Choose from Ham & Tomato or Cheese & Tomato, served with tortilla chips and vegetables. Or a Homemade tomato sauce with pasta.

MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>CHOICE 1 - H, W, V Margherita pizza with potato wedges</p> <p>Allergens: (Glu), (Wh), (So), (Mi), m/c (E)</p>	<p>CHOICE 2 - H, W Chicken curry with rice</p> <p>Allergens: (Su)</p>	<p> All day breakfast - choose from meat or climate friendly option</p>	<p>CHOICE 1 - H Roast chicken, Yorkshire pudding, gravy and roast potatoes</p> <p>Allergens: (Glu), (Wh), (Mi), (E)</p>	<p>CHOICE 1 - H Homemade breaded haddock fillet served with fresh chips</p> <p>Allergens: (Glu), (Wh), (E), (Mi)</p>
<p> CHOICE 2 - H, W, V, VE Katerveg meatballs served with homemade tomato sauce & pasta</p> <p>Allergens: (Glu), (Wh), (So)</p>	<p> CHOICE 2 - H, V, VE Chickpea & sweetcorn burger served in a bun with potato wedges</p> <p>Allergens: (Glu), (Wh), (Mi), (So)</p>	<p>Meat Option Allergens: (Glu), (Wh), (E), (Mi)</p> <p>Climate Friendly Allergens: (Glu), (Wh)</p>	<p>CHOICE 2 - H, V Golden pastry topped vegetable pie, gravy & roast potato</p> <p>Allergens: (Glu), (Wh), (Mi), (Ce)</p>	<p>CHOICE 3 - H, V Tangy cheese, quinoa & vegetable muffin served with fresh chips</p> <p>Allergens: (Glu), (Wh), (E), (Mi)</p>
SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW				
<p> DESSERT - V, VE Fruit Salad</p>	<p>DESSERT - H, W, V Butternut and date cake</p> <p>Allergens: (Wh), (E)</p>	<p> DESSERT - H, V, VE Cornish fairing biscuits and fruit slices</p> <p>Allergens: (Glu), (Mi), (E)</p>	<p> DESSERT - H, V, VE Fruit platter or Yoghurt</p> <p>Allergens: (Su), (Mi)</p>	<p> DESSERT - H, W, V, VE Fruity cornflake tart with custard</p> <p>Allergens: (Wh), (Bar)</p>

AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT 

Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.

H = HOME-MADE IN THE KITCHEN, W = WHOLE WHEAT INGREDIENTS, VE = VEGAN DIET, V = VEGETARIAN

Allergen Key: Gluten (Glu), Barley (Bar), Wheat (Wh), Oats (O), Rye (R), Soya (So), Sesame (Se), Peanut (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (Ni), Egg (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c May Contain

 = Climate Friendly

DID YOU KNOW
You can have mixed or brown rice instead of potatoes!



Lunch Menu



WEEK 2

WINTER WARMER HOT PANINI OR PASTA

Choose from Ham & Tomato or Cheese & Tomato, served with tortilla chips and vegetables. Or a Homemade tomato sauce with pasta.

W/C - MONDAY: 11TH NOV, 2ND DEC, 30TH DEC, 20TH JAN, 17TH FEB, 10TH MAR, 31ST MAR

MONDAY	MEAT FREE TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE 1 - H, W Baked bean and sausage pasta bake Allergens: (Glu), (Wh)	CHOICE 1 - H, V, VE Katerveg mince chilli and rice Allergens: (So)	CHOICE 1 - H Chicken chow mein Allergens: (Glu), (Wh), (Se), (So)	CHOICE 1 - H Roast beef, Yorkshire pudding, gravy and roast potatoes Allergens: (Glu), (Wh), (Mi), (E)	CHOICE 1 Fish fingers served with fresh chips Allergens: (Glu), (Wh), (F)
CHOICE 2 - V, VE Quorn dippers with seasoned potato wedges Allergens: (Glu), (Wh)	CHOICE 2 - H, V Tasty cheese wheels with herby diced potato Allergens: (Glu), (Wh), (Mi), (Mu)	CHOICE 2 - H, V, VE Vegetable sausage, mash and gravy Allergens: (Glu), (Wh), (Ce)	CHOICE 2 - H, V, VE Roast Quorn fillet, gravy and roast potatoes Allergens: (Glu), (Wh), (Bar)	CHOICE 2 - H, W, V Homemade cheese and tomato quiche served with fresh chips Allergens: (Glu), (Wh), (E), (Mi)
SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW				
DESSERT - V, VE Fruit Salad	DESSERT - H, V, VE Fruity flapjack Allergens: (Glu), (O) m/c (Wh), (Bar)	DESSERT - H, W, V Westcountry root cake Allergens: (Glu), (Wh), (E) m/c (Mi), (Bar)	DESSERT - H, V, VE Fruit Platter Allergens: (Glu), (O), M/C: (Wh), (Bar)	DESSERT - H, V Zesty cake with custard Allergens: (Glu), (Wh), (E), (Su), (Mi) m/c (Bar)

AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT

Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.

H = HOME-MADE IN THE KITCHEN, W = WHOLE WHEAT INGREDIENTS, VE = VEGAN DSH, V = VEGETARIAN.

Allergen Key: Gluten (Glu), Barley (Bar), Wheat (Wh), Oats (O), Rye (R), Soya (So), Sulphites (Su), Sesame (Se), Peanuts (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (N), Eggs (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c: May Contain

= Climate Friendly

DID YOU KNOW?
You can have mixed or brown rice instead of potatoes!

Tilda



Lunch Menu



WEEK 3

WINTER WARMER HOT PANINI OR PASTA

Choose from Ham & Tomato or Cheese & Tomato, served with tortilla chips and vegetables. Or @ Homemade tomato sauce with pasta.

W/C - MONDAY: 18TH NOV, 9TH DEC, 6TH JAN, 27TH JAN, 24TH FEB 17TH MAR

MONDAY	TUESDAY	MEAT FREE WEDNESDAY	THURSDAY	FRIDAY
<p>CHOICE 1 - H, W</p> <p>Beef cobbler served with mash and gravy</p> <p>Allergens: (Glu), (Wh) m/c (Mi), (Bar)</p>	<p>CHOICE 1 - H</p> <p>Chicken paella</p>	<p>CHOICE 1 - H, V, VE</p> <p>Tasty Katereveg bolognaise with garlic bread & pasta</p> <p>Allergens: (Glu), (Wh), (So) m/c (Se)</p>	<p>CHOICE 1 - H</p> <p>Roast gammon loin, Yorkshire Pudding, gravy & roast potatoes</p> <p>Allergens: (Glu), (Wh), (E)</p>	<p>CHOICE 1 - H</p> <p>Homemade fish cakes served with fresh chips</p> <p>Allergens: (Glu), (Wh), (F), (E)</p>
<p>CHOICE 2 - H, V</p> <p>Crispy samosa with rice</p> <p>Allergens: (Glu), (Wh), (E)</p>	<p>CHOICE 2 - V, VE</p> <p>Quorn nuggets with diced potato</p> <p>Allergens: (Glu), (Wh)</p>	<p>CHOICE 1 - H, V</p> <p>Creamy macaroni cheese with garlic bread</p> <p>Allergens: (Glu), (Wh), (Mi), (Mu) m/c (Se)</p>	<p>CHOICE 2 - H, V, VE</p> <p>Golden crisp topped shepherds pie, gravy & roast potatoes</p> <p>Allergens: m/c (Glu), (Wh), (Bar)</p>	<p>CHOICE 2 - V, VE</p> <p>Quorn fingers served with fresh chips</p> <p>Allergens: (Glu), (Wh)</p>
SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW				
<p>DESSERT - V VE</p> <p>Fruit salad</p>	<p>DESSERT - H, V</p> <p>Orange honey cake</p> <p>Allergens: (Glu), (Wh), (Mi), (E)</p>	<p>DESSERT - H, V, VE</p> <p>Custard biscuits with fruit slices</p> <p>Allergens: (Glu), (Wh)</p>	<p>DESSERT - H, V, VE</p> <p>Fruit Platter</p> <p>Allergens: (So)</p>	<p>DESSERT - H, W, V, VE</p> <p>Chocolate cake with chocolate sauce</p> <p>Allergens: (Glu), (Wh), (E), (Mi) m/c (Bar)</p>

AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT

Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.

H = HOME-MADE IN THE KITCHEN, W = WHOLE WHEAT INGREDIENTS, VE = VEGAN DISH, V = VEGETARIAN.

Allergen Key: Gluten (Glu), Barley (Bar), Wheat (Wh), Dairy (D), Egg (E), Soy (So), Sulphites (Su), Sesame (Se), Peanuts (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (N), Eggs (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c: May Contain

Climate Friendly

DID YOU KNOW
You can have mixed or brown rice instead of potatoes!
Tilda



Lunch Menu

ED'S SPECIAL EVENTS



NOVEMBER **BONFIRE NIGHT** (TUESDAY 5TH NOVEMBER)

Hotdogs with seasoned wedges, Warming chilli and rice, Jacket potatoes with bonfire beans and cheese, Toffee apple cake and custard



DECEMBER **CHRISTMAS LUNCH** (SEE YOUR SCHOOL FOR DATE)

See your schools poster for the full Christmas menu and date



JANUARY **SIX NATIONS** (FRIDAY 31ST JANUARY)

Fish fillet and chips or pasta, Cheese and leek plait, served with French green beans and carrots, Melting moments



FEBRUARY **TEDDY BEAR DAY** (MONDAY 10TH FEBRUARY)

Winnie the Pooh honey chicken with seasoned wedges and coleslaw, Kung Fu Panda stir fried noodles with veg, Paddington Bear marmalade cake



MARCH **INTER. SCHOOL MEAL DAY** (THURSDAY 13TH MARCH)

Roast beef and Yorkshire pudding, Italian Frittata, Lamington tray bake, Salad bar includes Swedish beetroot and apple salad



STAY UP TO DATE:  facebook.com/plymouthcatered  [@cateredplymouth](https://twitter.com/cateredplymouth)  [@cateredplymouth](https://www.instagram.com/cateredplymouth)  [@cateredplymouth](https://www.tiktok.com/@cateredplymouth)

Design A Christmas Card

Reed

Design a Christmas card for Reed and win a Smiggle prize

One talented young artist will have the honour of designing Reed's 2024 Christmas card which, if chosen will be sent to businesses across the country.

The prizes:

First place: £50 Smiggle voucher and the title of 'Official Designer of the Reed 2024 Christmas Card!'

Second place: £30 Smiggle voucher

Third place: £20 Smiggle voucher

Send us your design:

pamela.waghorn@reed.com

By Friday 15 November

Good luck. We can't wait to see what you create!

Reed's education team



Use below area and include at least one Christmas item: for example, Santa, tree or a snowman.



Head Lice

Dear Parents

RE: HEAD LICE

Following a few cases of head lice at school, please use the information on this sheet when you look through your child's hair.

FOR THE FOLLOWING TREATMENT OF HEAD LICE WE ADVISE THE FOLLOWING: -

IT IS MUCH EASIER TO CHECK FOR HEAD LICE IF YOU HAVE WET HAIR.

Wash your child's hair and rinse.

Put conditioner on the hair and comb through (roots to ends) with a head lice comb. Rinse off conditioner as normal.

If you find head lice, please repeat this every day for ten days. You should then get rid of all the lice.

Please repeat for each member of the family, if you find head lice.

If you have big problems please visit your GP surgery, where they may prescribe lotion to treat.

PLEASE NOTE THAT EGGS NEED TO BE TAKEN OUT ONE AT A TIME. COMBS OR LOTION DO NOT GET RID OF THEM BECAUSE THEY ARE GLUED TO THE HAIR.

Please see the NHS advice below for further information.

[Head lice and nits - NHS](#)