

# Weston Mill Community Primary Academy

Friday 7th March 2025

## This week:

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Wellie Request

Celebrating Success

Our Learning

Important Dates

Email Addresses to Remember

Lunch Menu NEW DATES

Family Support Team

Head Lice

Nasal Flu Vaccination

ParentPay

## Headteacher's update

Dear Parents and Carers,

After a week of cold but clear sunshine, let's hope the weekend can offer some more inspiration to get into the outdoors. I'm sure our forest school learners have appreciated the dry spell as the ground underfoot has certainly dried up a bit. With a little luck, it won't be too long until the first signs of leaves appear to give them some cover.

We have had another busy week this week. A trip through the hall on any given day may have seen PSSP providing indoor athletics or dance workshops. A big well done to all of the children who were getting their heart rates up while having fun at the same time. We must extend our thanks to Rocksteady and the band members who kindly gave up their regular rehearsal space this term to facilitate the extra sporting events. We hope the acoustics of the library suit you and we are looking forward to your end of term concert.

Cricket coaches have also been making the most of the dry weather and delivering sessions outside. It was great to see some bowling and wicket skills with Y4 & Y5 earlier in the week.

Of course, the annual World Book Day fever gripped us all this week and it was awesome to see such a wide variety of costumes and characters. A big thank you to Mrs. Butson for organizing some superb events – in particular the photo quiz of staff as children went down very well. We should probably give a nod of appreciation to Mr. Wood's effort with an inflatable costume which took some degree of resilience to keep wearing for the majority of the day.

As ever, a massive thank you to all who contributed towards the class book corners. We will be talking with the children to take suggestions of the books which interest them most.

Lastly, but by no means least, thank you to all of those who gave their time to support careers week either by talking to children in assembly or manning one of the professional occupation stalls at the Careers Fair this afternoon.

Thank you all for your ongoing support. We hope you have a wonderful weekend.

Best wishes,  
Weston Mill Team

# Attendance

We are continuing to strive for our attendance target of 96% and are making some progress to achieving this and ensuring our children regularly attend school to achieve success. If your child's attendance is less than 90%, you will be asked to attend an attendance meeting with Mrs Gleed. It is important that these meetings are attended to ensure that we are providing the right support for your child to continue to attend school regularly. Our attendance policy can be accessed using the following link:

[Weston Mill Community Primary Academy - Policies](#)

A gentle reminder to parents that contact **must** be made with school on your child's first day of absence and each day until they return to school. If you do not provide a reason for your child's absence, this will be recorded as an unauthorised absence and could result in a penalty notice being issued by Plymouth City Council. Arriving late for school after 9.10am will also be recorded as an unauthorised absence.

## Weekly attendance for 3rd March to 7th March

The UK Government expectation is **96%**. We are striving for children to achieve this as there is a direct link between attendance and achievement.

This week, our whole school attendance is **93.1%**

This week's winners are : **DUN Class**, and **MOZART Class**.

MOZART	96.3%
PRICE	95.8%
ZIMMER	95.8%



BRITTEN	81.5%
DUN	94.1%
HOLST	93.8%
TCHAIKOVSKY	92.4%

# Wellie Request

We are looking for donations of old wellies so more children can access our Forest School. If you have any please they would be greatly appreciated



# Celebrating Success

Year	Value awards	Star Learners
Nursery	Delilah	Hugo
Reception	Logan	Myah
Year 1	Aimee-Jean	Jaxon
Year 2	Jenson	Avery
Year 3	Jaden	Hunter
Year 4	Matthew	Tilly
Year 5	Emily	Lola
Year 6	Mason A	Hollie



# Our Learning

Year 2

World Book Day





# Our Learning

On Tuesday Mozart class had a very energetic Gymnastics lesson with Jan from PSSP. The children enjoyed playing various games like 'Beans' and 'The Floor is Lava!' They practised moving in different ways and creating high and low movements and shapes. The children then had to use their problem solving skills to sequence high and low moves to travel across the mats. They showed fantastic listening and great resilience. Well done Mozart Class!



# Our Learning

## Year 6 PE in action



# School Uniform

Please ensure that your child comes to school each day wearing the correct school uniform. If you require additional items of school uniform, please speak to Mrs Lavers who will be more than happy to help from our spare uniform.

here's a 10% discount code for your parents to save money on uniform from [MyClothing](#).

Code = **UNIFORM10%**

Expires = 31/03/2025

## Compulsory Uniform Items

Navy school jumper or cardigan (with or without the school logo)



White or blue polo shirt (with or without the school logo)



Trousers or shorts, or skirt (mid grey)





# School Uniform

Update Below!

Parents are reminded that their child should wear the correct PE uniform to school on their PE days. We ask that children wear their school jumper/cardigan as part of their PE kit only. **Hoodies are no longer permitted.** We appreciate your continued support and invite parents to speak with Mrs Lavers if they require any support for any items of uniform.

## **PE Kit**

White polo shirt or t-shirt  
(with or without logo)



Black shorts



Navy/Black jogging bottoms



# Important Dates

## Class Assembly Dates

**Year 2 Friday 21st March 2025 @ 9.15**

**Year 1 Friday 4th April 2025 @ 9.15**

**Year EYFS Friday 23rd May 2025 @ 9.15**



# Important Dates

## Dates for your Diary

For all events and any changes click below:

[Weston Mill Community Primary Academy - Calendar](#)



# Important Dates

## Spring Term New PE Days

Due to the Cricket Coach having to change his days to visit Weston Mill, we will need to change PE days.

Please could your child wear their PE kit to school on the following days:

Year 2 Tuesdays and Wednesdays

Year 3 Mondays and Wednesdays

Year 4 Mondays and Wednesdays

Year 5 Wednesdays and Thursdays

Year 6 Mondays and Wednesdays

Thank you for your support with this.

# Important Dates



This year, as part of the **Year 6** leaver's production, we will be participating in the TRP Playhouse project. The performance date will be **Friday 11<sup>th</sup> July at 12pm**: the performance will take place at the Theatre Royal Plymouth. Further details and ticket information will follow nearer the time, but we wanted to ensure parents/carers had the date in advance.



# Important Dates

Mozart and Brahms Class trip to the garden centre week beginning Monday 10<sup>th</sup> March

Thursday 3<sup>rd</sup> April- EYFS Easter stay and play  
2pm-3pm

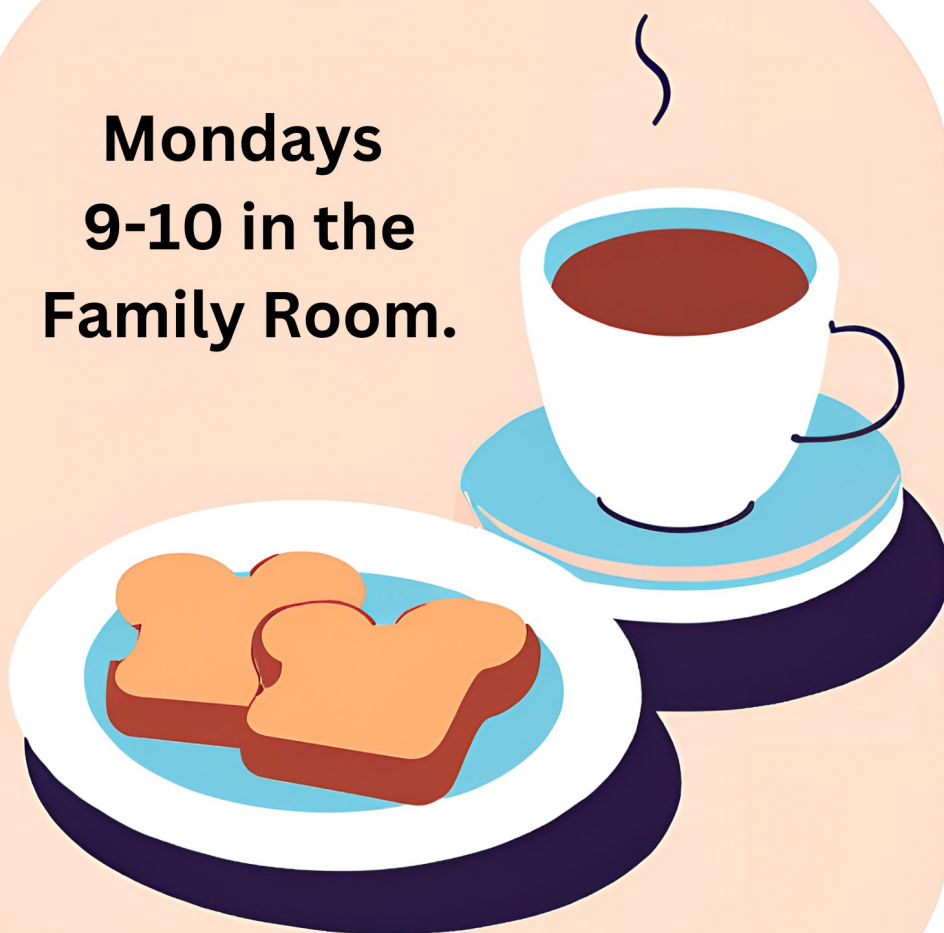
It's on the calendar!

[Weston Mill Community Primary Academy - Calendar](#)

# Important Dates

## Tea, Toast and Talk

**Mondays  
9-10 in the  
Family Room.**





**just pop in for a quick chat and  
a cuppa**

# Email Addresses to Remember

Email Addresses to Remember	
Nursery	<a href="mailto:j.bulley@discoverymat.co.uk">j.bulley@discoverymat.co.uk</a>
Reception	<a href="mailto:n.gray@discoverymat.co.uk">n.gray@discoverymat.co.uk</a>
Year 1	<a href="mailto:j.gooding@discoverymat.co.uk">j.gooding@discoverymat.co.uk</a>
Year 1	<a href="mailto:l.field@discoverymat.co.uk">l.field@discoverymat.co.uk</a>
Year 2	<a href="mailto:k.kombostiotis@discoverymat.co.uk">k.kombostiotis@discoverymat.co.uk</a>
Year 3	<a href="mailto:j.tumilty@discoverymat.co.uk">j.tumilty@discoverymat.co.uk</a>
Year 4	<a href="mailto:j.butson@discoverymat.co.uk">j.butson@discoverymat.co.uk</a>
Year 4	<a href="mailto:s.mann@discoverymat.co.uk">s.mann@discoverymat.co.uk</a>
Year 5	<a href="mailto:a.hewlett@discoverymat.co.uk">a.hewlett@discoverymat.co.uk</a>
Year 6	<a href="mailto:l.wallace@discoverymat.co.uk">l.wallace@discoverymat.co.uk</a>

# Family Support Team

			
<b>Mr Steve Mann</b> Assistant Head of School Deputy Designated Lead for Safeguarding Safeguarding Behaviour Attendance Family Support	<b>Mrs Zoe Lavers</b> Family Support worker First Contact to Signpost Parents Foodbank Courses for parents/Carers Services Families Community Support School Life Parents Questions & Answers Local Issues Coffee mornings Under 5 Group	<b>Mrs Becca Gleed</b> Head of School Designated Lead for Safeguarding Education and Curriculum PTFA Contact Family Support	<b>Mrs Laura Harris</b> INCO SEND Support SEND and Behaviour Support for Parents School Nurse Referrals DLA Applications GP Letters

# Lunch Menu

Please note week 3 Friday will be fishfingers instead of fishcakes.

Hot paninis will be available Mondays, Wednesdays and Fridays.

Cheese or Ham.


Nursery Children can now choose from Red, Green and Blue Option.

**NEW DATES**













# Lunch Menu



## WEEK 1


**W/C - MONDAY 4TH NOVEMBER, 25TH NOVEMBER, 16TH DECEMBER, 20TH JANUARY, 10TH FEBRUARY, 10TH MARCH, 31ST MARCH**

MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CHOICE 1 - H, W, V,</b> Margherita pizza with potato wedges <b>Allergens:</b> (Glu), (Wh), (So), (Mi), m/c (E)	<b>CHOICE 2 - H, W</b> Chicken curry with rice <b>Allergens:</b> (Su)	 All day breakfast - choose from meat or climate friendly option	<b>CHOICE 1 - H</b> Roast chicken, Yorkshire pudding, gravy and roast potatoes <b>Allergens:</b> (Glu), (Wh), (Mi), (E)	<b>CHOICE 1 - H</b> Homemade breaded haddock fillet served with fresh chips <b>Allergens:</b> (Glu), (Wh), (E), (Mi)
 <b>CHOICE 2 - H, W, V, VE</b> Katerveg meatballs served with homemade tomato sauce & pasta <b>Allergens:</b> (Glu), (Wh), (So)	 <b>CHOICE 2 - H, V, VE</b> Chickpea & sweetcorn burger served in a bun with potato wedges <b>Allergens:</b> (Glu), (Wh), (Mi), (So)	<b>Meat Option Allergens:</b> (Glu), (Wh), (E), (Mi) <b>Climate Friendly Allergens:</b> (Glu), (Wh)	<b>CHOICE 2 - H, V</b> Golden pastry topped vegetable pie, gravy & roast potato <b>Allergens:</b> (Glu), (Wh), (Mi), (Ce)	<b>CHOICE 2 - H, V</b> Tangy cheese, quinoa & vegetable muffin served with fresh chips <b>Allergens:</b> (Glu), (Wh), (E), (Mi)
SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW				
 <b>DESSERT - V, VE</b> Fruit Salad	<b>DESSERT - H, W, V</b> Butternut and date cake <b>Allergens:</b> (Glu)(Wh), (E)	 <b>DESSERT - H, V, VE</b> Cornish fairing biscuits and fruit slices <b>Allergens:</b> (Glu), (Wh)	 <b>DESSERT - H, V, VE</b> Fruit platter or Yoghurt <b>Allergens:</b> (Su), (Mi)	 <b>DESSERT - H, W, V, VE</b> Fruity cornflake tart with custard <b>Allergens:</b> (Wh), (Bar)
AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT 				


Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Check alternatives to beef and pork upon request. One meat free day.

H = HOME-MADE IN THE KITCHEN W = WHOLE WHEAT INGREDIENTS, VE = VEGAN DEIX, V = VEGETARIAN

**Allergen Key:** Gluten (Glu), Barley (Bar), Wheat (Wh), Oats (O), Rye (R), Soya (So), Sunflower (Su), Sesame (Se), Peanuts (P), Mustard (Mu), Molluscs (Mo), Milk (M), Nuts (N), Eggs (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c: May Contain

 = Climate Friendly

**DID YOU KNOW**  
 You can have mixed or brown rice instead of potatoes!  
*Tilda*



# Lunch Menu

## WEEK 2

**W/C - MONDAY 11TH NOVEMBER, 2ND DECEMBER, 6TH JANUARY, 27TH JANUARY, 24TH FEBRUARY, 17TH MARCH**

**MONDAY**

**CHOICE 1 - H, W**  
Baked bean and sausage pasta bake  
**Allergens:** (Glu), (Wh)

**CHOICE 2 - V, VE**  
Quorn dippers with seasoned potato wedges  
**Allergens:** (Glu), (Wh)

**DESSERT - V, VE**  
Fruit Salad

**MEAT FREE TUESDAY**

**CHOICE 1 - H, V, VE**  
Katerveg mince chilli and rice  
**Allergens:** (So)

**CHOICE 2 - H, V**  
Tasty cheese wheels with herby diced potato  
**Allergens:** (Glu), (Wh), (Mi), (Mu)

**DESSERT - H, V, VE**  
Fruity flapjack  
**Allergens:** (Glu), (O)  
m/c (Wh), (Bar)

**WEDNESDAY**

**CHOICE 1 - H**  
Chicken chow mein  
**Allergens:** (Glu), (Wh), (Se), (So)

**CHOICE 2 - H, V, VE**  
Vegetable sausage, mash and gravy  
**Allergens:** (Glu), (Wh), (Ce)

**DESSERT - H, W, V**  
Westcountry root cake  
**Allergens:** (Glu), (Wh), (E)  
m/c (Mi), (Bar)

**THURSDAY**

**CHOICE 1 - H**  
Roast beef, Yorkshire pudding, gravy and roast potatoes  
**Allergens:** (Glu), (Wh), (Mi), (E)

**CHOICE 2 - H, V, VE**  
Roast Quorn fillet, gravy and roast potatoes  
**Allergens:** (Glu), (Wh), (Bar)

**DESSERT - H, V, VE**  
Fruit Platter  
**Allergens:** (Glu), (O), M/C: (Wh), (Bar)

**FRIDAY**

**CHOICE 1**  
Fish fingers served with fresh chips  
**Allergens:** (Glu), (Wh), (F)

**CHOICE 2 - H, W, V**  
Homemade cheese and tomato quiche served with fresh chips  
**Allergens:** (Glu), (Wh), (E), (Mi)

**DESSERT - H, V**  
Zesty cake with custard  
**Allergens:** (Glu), (Wh), (E), (Su), (Mi)  
m/c (Bar)

**SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW**

**AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT**

Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.

H = HOME-MADE IN THE KITCHEN. W = WHOLE WHEAT INGREDIENTS. VE = VEGAN DISH. V = VEGETARIAN.

Allergen Key: Gluten (Glu), Barley (Bar), Wheat (Wh), Oats (O), Rye (R), Soya (So), Sulphites (Su), Sesame (Se), Peanuts (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (N), Eggs (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c May Contain

Climate Friendly

**WINTER WARMER HOT PANINI**  
Choose from Ham & Tomato or Cheese & Tomato, served with tortilla chips and vegetables.

**DID YOU KNOW?**  
You can have mixed or brown rice instead of potatoes.

*Tilda*

# Lunch Menu

## WEEK 3

W/C - MONDAY 18TH NOVEMBER, 9TH DECEMBER, 13TH JANUARY, 3RD FEBRUARY, 3RD MARCH, 24TH MARCH

**MONDAY**

**CHOICE 1 - H, W**  
Beef cobbler served with mash and gravy  
**Allergens:** (Glu), (Wh), m/c (Mi), (Bar)

**CHOICE 2 - H, V**  
Crispy samosa with rice  
**Allergens:** (Glu), (Wh), (E)

**DESSERT - V, VE**  
Fruit salad

**TUESDAY**

**CHOICE 1 - H**  
Chicken paella

**CHOICE 2 - V, VE**  
Quorn nuggets with diced potato  
**Allergens:** (Glu), (Wh)

**DESSERT - H, V**  
Orange honey cake  
**Allergens:** (Glu), (Wh), (Mi), (E)

**MEAT FREE WEDNESDAY**

**CHOICE 1 - H, V, VE**  
Tasty Katerveg bolognaise with garlic bread & pasta  
**Allergens:** (Glu), (Wh), (So), m/c (Se)

**CHOICE 2 - H, V**  
Creamy macaroni cheese with garlic bread  
**Allergens:** (Glu), (Wh), (Mi), (Mu), m/c (Se)

**DESSERT - H, V, VE**  
Custard biscuits with fruit slices  
**Allergens:** (Glu), (Wh)

**THURSDAY**

**CHOICE 1 - H**  
Roast gammon loin, Yorkshire Pudding, gravy & roast potatoes  
**Allergens:** (Glu), (Wh), (E)

**CHOICE 2 - H, V, VE**  
Golden crisp topped shepherds pie, gravy & roast potatoes  
**Allergens:** m/c (Glu), (Wh), (Bar)

**DESSERT - H, V, VE**  
Fruit Platter  
**Allergens:** (So)

**FRIDAY**

**CHOICE 1 - H**  
Homemade fish cakes served with fresh chips  
**Allergens:** (Glu), (Wh), (F), (E)

**CHOICE 2 - V, VE**  
Quorn fingers served with fresh chips  
**Allergens:** (Glu), (Wh)

**DESSERT - H, W, V**  
Chocolate cake with chocolate sauce  
**Allergens:** (Glu), (Wh), (E), (Mi), m/c (Bar)

**SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW**

**AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT**

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Climate Friendly

**WINTER WARMER HOT PANINI**  
Choose from Ham & Tomato or Cheese & Tomato, served with tortilla chips and vegetables.

**DID YOU KNOW?**  
You can have mixed or brown rice instead of potatoes!  
*Tilda*

# Lunch Menu

## ED'S SPECIAL EVENTS



### **NOVEMBER** **BONFIRE NIGHT** (TUESDAY 5TH NOVEMBER)

Hotdogs with seasoned wedges, Warming chilli and rice, Jacket potatoes with bonfire beans and cheese, Toffee apple cake and custard



### **DECEMBER** **CHRISTMAS LUNCH** (SEE YOUR SCHOOL FOR DATE)

See your schools poster for the full Christmas menu and date



### **JANUARY** **SIX NATIONS** (FRIDAY 31ST JANUARY)

Fish fillet and chips or pasta, Cheese and leek plait, served with French green beans and carrots, Melting moments



### **FEBRUARY** **TEDDY BEAR DAY** (MONDAY 10TH FEBRUARY)

Winnie the Pooh honey chicken with seasoned wedges and coleslaw, Kung Fu Panda stir fried noodles with veg, Paddington Bear marmalade cake



### **MARCH** **INTER. SCHOOL MEAL DAY** (THURSDAY 13TH MARCH)

Roast beef and Yorkshire pudding, Italian Frittata, Lamington tray bake, Salad bar includes Swedish beetroot and apple salad



**STAY UP TO DATE:**



[facebook.com/plymouthcatered](https://facebook.com/plymouthcatered)



[@cateredplymouth](https://twitter.com/cateredplymouth)



[@cateredplymouth](https://www.instagram.com/cateredplymouth)



[@cateredplymouth](https://www.tiktok.com/@cateredplymouth)

# Head Lice

Dear Parents

**RE: HEAD LICE**

Following a few cases of head lice at school, please use the information on this sheet when you look through your child's hair.

FOR THE FOLLOWING TREATMENT OF HEAD LICE WE ADVISE THE FOLLOWING: -

IT IS MUCH EASIER TO CHECK FOR HEAD LICE IF YOU HAVE WET HAIR.

Wash your child's hair and rinse.

Put conditioner on the hair and comb through (roots to ends) with a head lice comb. Rinse off conditioner as normal.

**If you find head lice, please repeat this every day for ten days. You should then get rid of all the lice.**

Please repeat for each member of the family, if you find head lice.

If you have big problems please visit your GP surgery, where they may prescribe lotion to treat.

PLEASE NOTE THAT EGGS NEED TO BE TAKEN OUT ONE AT A TIME. COMBS OR LOTION DO NOT GET RID OF THEM BECAUSE THEY ARE GLUED TO THE HAIR.

Please see the NHS advice below for further information.

[Head lice and nits - NHS](#)



# Nasal Flu Vaccination

Any parents who missed the consenting process and still wish their child to have the flu vaccine, please ask call 01392 342 678 and a consent form can be completed over the phone and you will be assisted with booking into one of our community clinics to have the vaccination done.

Anyone who has already completed a consent form and their child did not get the vaccine for any reason will automatically receive and email inviting them book into a community clinic.



**NHS**

## flu: 5 reasons to vaccinate your child

- 1. Protect your child**  
The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia
- 2. Protect you, your family and friends**  
Vaccinating your child will help protect more vulnerable friends and family
- 3. No injection needed**  
The nasal spray is painless and easy to have
- 4. It's better than having flu**  
The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record
- 5. Avoid costs**  
If your child gets flu, you may have to take time off work or arrange alternative childcare

For more information visit  
[www.nhs.uk/child-flu](http://www.nhs.uk/child-flu)

**Flu 1mmunisation**  
Helping to protect children, every winter

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If you want to order more copies of this poster, please visit [healthpublications.gov.uk/home.html](http://healthpublications.gov.uk/home.html) or call 0200 123 1000.

PLEASE ENSURE THAT ALL YOUR PARENTPAY ACCOUNTS  
ARE IN CREDIT.

WE ARE RUNNING A NO DEBT POLICY

PLEASE CLICK BELOW FOR FURTHER INFORMATION

[Weston Mill Community Primary Academy - Breakfast & After School Clubs](#)

[Weston Mill Community Primary Academy - School Meals](#)

[Weston Mill Community Primary Academy - Policies](#)

PLEASE CLEAR ANY DEBT NOW

[ParentPay](#)

