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Newsletter 9th December 2022







Preparations are underway for our Christmas events next week. We are very much looking forward to bringing the school community together to celebrate the festive season. Thank you to everyone who has donated drinks, cakes and sweets for our Winter Fayre Tombola from our mufti day today. A letter has been sent out this evening with final arrangements for next week's events. If you have any questions or have not received a copy of this letter, please speak to your child's teacher or the school office who will be more than happy to help.

Next week, we are looking forward to welcoming parents of our Foundation children for their Nativity on Tuesday morning and parents of children in Years 1 – 3 for their Winter Wonderland celebration on Thursday morning. Our Christmas Lunch will be served on Thursday 15th December, and we kindly ask that all slips are returned to the office by **Monday 12th December** at the latest. If you need a replacement letter, please collect from the school office.

I hope you all have a lovely weekend and I look forward to seeing those who are joining us on Monday for our Stay and Code session!

Mrs Kathryn Catherwood

Acting Head of School

STEM Skills					
 Problem Solving	 Creativity	 Inquiry Skills	 Observation	 Flexibility	 Collaboration

Weekly attendance for 5th— 9th Dec 2022

The UK Government expectation is 96%. We are striving for children to achieve this as there is a direct link between attendance and achievement .

This week's winners are :

LONDON	87.0
NAIROBI	85.0
MOMBASA	81.0
CAPE TOWN	75.0



SAN FRANCISCO	84.4
TOKYO	69.4
SANTIAGO	61.1
CANBERRA	70.4
DUBAI	80.4
OSLO	83.7

Remembering why authors write is as easy as PIE (P=persuade, I=inform and E=entertain). In Mrs Butson's reading skills group, we made our own PIE's to help us remember this.



Children from Key Stage Two have had plenty of batting fun developing their cricket skills with West Devon Community Coach, Vicky across the whole of Term 2.



Dates for your



December

12th December – Stay and Code – whole school

12th December – Trust Christmas Event (more information to follow)

13th December – Plymouth and London Class Christmas Come and Play at 2:00pm

13th December – Foundation Nativity performance at 9:15am

14th December – Christingle – Christmas Carol Concert @ 4pm

15th December – Winter Wonderland Year 1 - 3 concert @ 9:30am

15th December – Christmas Lunch

15th December – Christmas Fayre at 2:00pm

16th December – Christmas Jumper Day



KS2 CRICKET SESSIONS

Key Stage 2 will be partaking in weekly cricket sessions this term.

Please ensure all children have their kit in school each Monday.

WEBSITE AND FACEBOOK

Please follow us on our
Facebook page - Weston Mill
Community Primary

**You can also
check our web-
site for**



Strep A Advice...



If your child has been to the hospital/doctors for a swab, please ensure your child remains at home until you receive the results.

STREP A

Group A Strep infections cause various symptoms such as sore throat, fever, chills and muscle aches. As a parent, if you feel that your child seems seriously unwell, you should trust your own judgement.

Contact NHS 111 or your GP if:

- your child is getting worse
- your child is feeding or eating much less than normal
- your child has had a dry nappy for 12 hours or more or shows other [signs of dehydration](#)
- your baby is under 3 months and has a temperature of 38C, or is older than 3 months and has a temperature of 39C or higher
- your baby feels hotter than usual when you touch their back or chest, or feels sweaty
- your child is very tired or irritable

Call 999 or go to A&E if:

- your child is having difficulty breathing – you may notice grunting noises or their tummy sucking under their ribs
- there are pauses when your child breathes
- your child's skin, [tongue or lips are blue](#)
- your child is floppy and will not wake up or stay awake

<p>Scarlet Fever</p> <p>You can get more information here:</p> <p>Scarlet fever - NHS (www.nhs.uk)</p>	<p>Children need to stay off for 24 hours after starting antibiotics. If antibiotics are not prescribed by the GP children will need to stay away from your setting for 2-3 weeks as they may still be infectious.</p> <p>Cases who are still infectious (e.g. within first 24 hours of antibiotics or until fully recovered if antibiotics not taken) should avoid people in vulnerable groups. This includes people with chronic illness such as cancer or diabetes, who are immunocompromised, or who have had very recent influenza or chicken-pox infection. All suspected cases of scarlet fever should seek medical care, either via NHS 111 or their GP.</p>
<p>Impetigo</p>	<p>Impetigo is a skin infection. It will start with red sores or blisters. These will burst quickly and leave crusty, golden-brown patches.</p> <p>Anyone with signs of impetigo should speak to their GP. They should stay at home for two days (48 hours) after starting antibiotic treatment or until all lesions have crusted over / healed.</p>
<p>Strep Throat</p>	<p>Strep throat is an infection in the throat and tonsils caused by bacteria called group A <i>Streptococcus</i> (group A strep). It is spread by talking, coughing, or sneezing. It can only be diagnosed by swabbing the throat and running a test on the swab. Cases can attend the setting when they no longer have a fever AND have taken antibiotics for at least 24hrs.</p>



Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

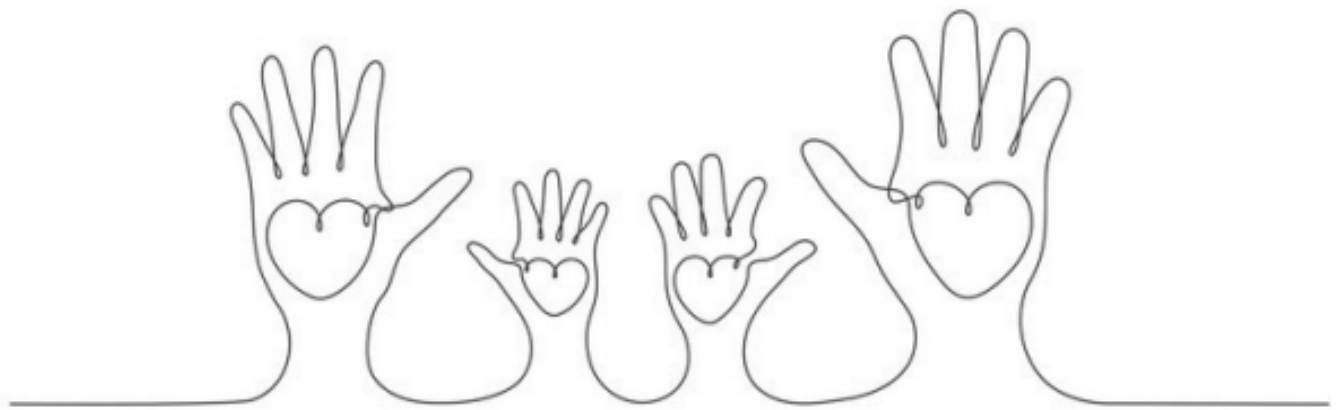
Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for **health protection in schools** or scan the QR code or visit <https://qrco.de/minfec>.



“Let’s Talk about Children”

Therapeutic Parenting is a nurturing parenting style developed from consistent, empathic, and emotional based responses to your children as a response to their behaviours.

We believe that all children would benefit from experiencing therapeutic parenting and want to share this parenting style through the use of a ‘Therapeutic Toolbox’.

This programme is full to top tips and advise to support you and your child on the journey of parenting and growing up.

This is a 6 week programme and topics include :

- what does it mean to be a therapeutic parent?
- Emotions
- Anger and aggression
- Managing tricky behaviours
- Play
- Parental self care



Starting Wednesday
25th January 2023
At Beechwood School



Monday 12th December: Discovery MAT Carol Concert Y6 and the School Choir @ 6pm at the Woolwell Centre.

Tuesday 13th December: Foundation (Nursery and Reception) Nativity performance for parents @ 9:30am in the school hall.

Wednesday 14th December: Whole School Carol Concert @ 4:00pm (More information shared in a letter sent home on 2.12.22).

Thursday 15th December: KS1 and Y3 Winter Wonderland Concert at 9:30am /School Christmas Lunch and Christmas Fayre at 2pm.

Friday 16th December: Christmas Jumper Day and class parties.



Our PTFA are busy preparing for our Christmas events to raise funds for the school. If you are interested in joining the PTFA, please contact the school office on 01752 365250 or email westonmill.desk@discoverymat.co.uk for more information.

We are always looking for more volunteers to support us with events for the children and bring our school community together. Our PTFA usually meet once a month to discuss and plan for school events, but we are grateful of any time that you could spare to support us at school.



'Stay and Code Session'

12th December 2022

Y1/2 - 1030-1130

Y3/4 - 1330-1430

Y5/6 - 0900-1000

Join us in our school hall for a short presentation introducing how we teaching Computing and E-safety at Weston Mill. Parents are then invited to 'stay and code' with their children in their classrooms.

Please sign up for the session in reception.



Reading at Home

This term we are focusing on improving reading across the school. An important part of learning to read and building reading fluency is practise. Each week, your child will bring home their Accelerated Reading book or their RWI book to read at home. They will also have their Reading Record to be completed once they have read with an adult at home. Here are some of the ways reading at home can develop a love of reading and build your child's reading fluency.



At Weston Mill we teach early reading using RWI. Below we have some more information about how your child will learn to read at school and information on how to listen to your child read and support their reading practise.

How will my child learn to read?

First, your child will learn to read:

- Set 1 Speed Sounds: these are sounds written with one letter:
m a s d t i n p g o c k u b f e l h r j v
y w z x and sounds written with two letters
 (your child will call these 'special friends'): **sh th ch**
qu ng nk ck
- Words containing these sounds, by sound-blending,
 e.g. m-a-t *mat*, c-a-t *cat*, g-o-t *got*, f-i-sh *fish*,
 s-p-o-t *spot*, b-e-s-t *best*, s-p-l-a-sh *splash*
- Blending Books and Red, Green and Purple Storybooks.

Second, he or she will learn to read:

- Set 2 Speed Sounds: **ay ee igh ow oo oo ar or**
air ir ou oy
- Words containing these sounds
- Pink, Orange and Yellow Storybooks.

Third, he or she will learn to read:

- Set 3 Speed Sounds: **ea oi a-e i-e o-e u-e aw**
are ur er ow ai oa ew ire ear ure
- Words containing these sounds
- Blue and Grey Storybooks.

Your child will be taught to say the sound for the letter and not the letter name, so 'm' as in 'mat', not 'em'; 's' as in 'sun' not 'es'.

How to listen to your child read



- Do not read the book aloud before your child reads it to you.
- Ask your child to read the sounds and words before he or she reads the story.
- When your child reads the story, ask him or her to sound out the words that he or she can't read automatically. Don't allow your child to struggle too much. Praise your child when he or she succeeds.
- Read back each sentence or page to keep the plot moving. (Your child's energy is going into reading the words not the story.)
- Do not ask your child to guess the word by using the pictures.
- Do it all with patience and love!

We have a storytime every day at school so children develop a love of stories. We hope that you will do the same by reading a bedtime story to your child every night. We have wonderful books in school for you to borrow.

Do you like to DRAW?

The Box is thrilled to launch our new young people's drawing competition.

Submit your favourite drawing to enter. There are three categories, primary school, secondary school and 18-25 years. The theme is simply **'For the Joy of Drawing'**

Winners will receive a great prize and have their work displayed at The Box.

Scan or take a high quality photograph of your drawing (min 300dpi) and email to-
theboxlearning@plymouth.gov.uk

Label the file with your initials, the date and category entered, for example - Joe Bloggs, entered on 30th Nov, in the Primary category would be labelled JB301122P (use S for secondary and YP for 18-25)

Closing date for all entries is 5pm on 11 Dec 22
Full terms and conditions can be found at:
www.theboxplymouth.com/drawing-competition



Supported using public funding by
**ARTS COUNCIL
ENGLAND**



ed's AWESOME LUNCHTIME MENU

WEEK 01
WEEK BEGINNING: 31ST OCT • 21ST NOV • 12TH DEC • 16TH JAN
6TH FEB • 6TH MARCH • 27TH MARCH

	CHOICE 1	CHOICE 2
MONDAY	Cheese & tomato pizza with jacket wedges H/V	Vegan balls with tomato sauce & mixed vegetable rice H/W/V/ve
PUDDING	Iced apple cake H/W/V yoghurt and fresh fruit	
TUESDAY	Beef chilli with rice & nacho chips H/W	Breaded nuggets, bbq sauce & herby wedges V/VE
PUDDING	Fresh fruit platter H/V/VE, yoghurt and fresh fruit	
WEDNESDAY	Meatballs with tomato sauce served with pasta H/W	Vegan pasty pocket with sauté potatoes H/V/VE
PUDDING	Custard biscuit and fruit H/W/V/VE, yoghurt and fresh fruit	
THURSDAY	Roast chicken with Yorkshire pudding, roast potatoes & gravy H	Courgette sausage with roast potatoes and gravy H/V
PUDDING	Fruit salad V/VE, yoghurt and fresh fruit	
FRIDAY	Crispy fish bites with fresh chips H	Vegetable quiche with fresh chips H/W/V
PUDDING	Chocolate brownie H/W/V, yoghurt and fresh fruit	

WEEK 02
WEEK BEGINNING: 7TH NOV • 28TH NOV • 2ND JANUARY
23RD JAN • 20TH FEB • 13TH MARCH

	CHOICE 1	CHOICE 2
MONDAY	Sausages in gravy served with creamy mash H	Vegetable pie served with creamy mash H/V
PUDDING	Fruity cookie H/W/V yoghurt and fresh	
TUESDAY	Beefy pasta bake and garlic bread H/W	French bread pizza with herby wedges H/V
PUDDING	Fresh fruit platter V/VE, yoghurt and fresh fruit	
WEDNESDAY	Sweet and sour chicken served with rice H/W	Macaroni cheese with garlic bread H/V
PUDDING	Shortcake & fruit H/W/V/VE, yoghurt and fresh fruit	
THURSDAY	Roast gammon with apple sauce, roast potatoes and gravy H	Vegetable shepherds pie with gravy H/V/VE
PUDDING	Fruit salad V/VE, yoghurt and fresh fruit	
FRIDAY	 Fish fingers with chips	Folded bean & cheese quesadillas with fresh chips H/V/VE
PUDDING	Spiced pear tray bake served & custard H/W/V yoghurt and fresh fruit	

WEEK 03
WEEK BEGINNING: 14TH NOV • 5TH DEC • 9TH JAN • 30TH JAN
27TH FEB • 20TH MARCH

	CHOICE 1	CHOICE 2
MONDAY	Beef burger in a brioche roll with jacket wedges H	Sausage and haricot bean stew served creamy mash H/V/VE
PUDDING	Oat and date slice H/W/V/VE, yoghurt and fresh fruit	
TUESDAY	Cheese wheel with herby diced potatoes H/V	Ratatouille pasta bake H/V/VE
PUDDING	Fruit salad V/VE, yoghurt and fresh fruit	
WEDNESDAY	All day breakfast H	Vegan all day breakfast H/V/VE
PUDDING	Cheese, crackers and apple slices H/V, yoghurt and fresh fruit	
THURSDAY	Roast chicken served with Yorkshire pudding, roast potatoes & gravy H	Broccoli bake with roast potatoes and gravy H/V
PUDDING	Banana flapjack H/W/V/VE, yoghurt and fresh fruit	
FRIDAY	Bubble coated salmon fillet with fresh chips	Cheese and potato slice with fresh chips H/V/VE
PUDDING	Chocolate orange cake & chocolate sauce H/W/V, yoghurt and fresh fruit	

Photographs are for illustration purposes only and listed items may be subject to change due to supply.

CATE'S CORNER

Q: Why did the bee say a phone?
A: To call/bee!

FRESH FRUIT, LOCAL WESTCOUNTRY YOGHURT AND WEST COUNTRY MILK AVAILABLE DAILY. FRESH DRINKING WATER IS AVAILABLE THROUGHOUT THE LUNCH TIME PERIOD. ALL MEALS SERVED WITH SEASONAL VEGETABLES. CHICKEN ALTERNATIVES TO BEEF AND PORK UPON REQUEST. ONE MEAT FREE DAY.

H: HOME MADE IN THE KITCHEN.
W: WHOLE WHEAT INGREDIENTS.
VE: VEGAN DISH.
V: VEGETARIAN
Z: THE VEGETARIAN LINE.

ed's REGULARS

Jacket Potatoes with Beans / Cheese / Tuna Mayonnaise & Coleslaw

Fresh Salad Bar

AVAILABLE DAILY

 HENZY BEANZ

DO YOU? YOU! You can have mixed or brown rice instead of potatoes

Tilda

EVERY CHILD EVERY TIME



Plymouth Argyle Women .v. Cheltenham Town Women

SUNDAY 8TH JANUARY 2023 @ HOME PARK, kick off at 1400

Plymouth Argyle Women's FC are playing at **Home Park**, on **Sunday 8th January 2023**, and it would be amazing to continue to build on the legacy of the Lionesses in the Summer and get a record attendance for Women's Football in the Southwest.

Plymouth Argyle Women play in Tier 3 of the Women's football pyramid and sit only 2 leagues below the Women's Super League.

This is a great opportunity as a community to come together and support Women and Girls football and show the players that we appreciate their commitment and dedication to football.

Apart from anything else it, it promises to be a fun filled exciting afternoon, with the Plymouth Argyle **Fanzone** open, Pilgrim Pete and much more happening.

If your Daughter or Son would like to attend this fixture, Tickets are priced as below:

Adults - £8
U23's - £5
12-18 yrs - £1
U12's - free

Tickets can be purchased online via this link:

<https://www.eticketing.co.uk/pafc>

or by telephone on 01752 907700, Home Park Ticket Office who will be happy to talk you through the seating options or in person at the Ticket Office on match day.

Children under 12 years of age must be accompanied by an appropriate adult or they will be refused entry