

Chief Executive Officer: Mrs Alison Nettleship  
Head of School: Mrs Kathryn Catherwood  
Assistant Head of School: Miss Natasha Irvine



Weston Mill Community Primary Academy  
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PL2 2EL

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Westonmill.desk@discoverymat.co.uk



## Newsletter 6th January 2023

Welcome back after the Christmas break! It has been lovely to welcome our children back to school this week as they begin their new topics.

On Thursday, Year 1 and 2 went to Theatre Royal Plymouth to watch Pinocchio. The children (and staff) had an amazing afternoon and thoroughly enjoyed the experience. Keep an eye on Facebook for some pictures of the children at this event. This trip was part of Year 1 and 2's new topic all about toys and a great way for them to immerse themselves in their learning for the term.

You should now have a copy of your child's Curriculum newsletter, which will tell you about what they are learning this term and any important dates or key information and trips for the term. Copies of these will be added to our Facebook page over the coming days. There are also some suggestions of things you can do at home to support your children and encouraging conversations about what they are learning in school.

We hope you have a lovely weekend and we look forward to seeing you all next week!

Mrs Kathryn Catherwood

Head of School



Parent's evening is next Tuesday 10th and Wednesday 11th between 3:15pm and 6pm. Appointment confirmation letters have been sent home this afternoon. Please speak to your child's teacher if you have not booked an appointment.

### Weekly attendance for 3rd - 6th January

The UK Government expectation is 96%. We are striving for children to achieve this as there is a direct link between attendance and achievement.

This week's winners are : Cape Town Class and Oslo Class

LONDON	83.2
NAIROBI	70.6
MOMBASA	66.3
CAPE TOWN	85.6



SAN FRANCISCO	94.5
TOKYO	72.7
SANTIAGO	91.2
CANBERRA	91.5
DUBAI	90.3
OSLO	95.8

## Meet our INCO

My name is Chelsea O'Brien, and I am very pleased to introduce myself as the Inclusion Coordinator at Weston Mill. I have been teaching for many years and have taught Nursery, Key Stage one, and Key stage two. Three years ago, I became the Inclusion Lead at another school in the Discovery MAT, which I thoroughly enjoy and where I will continue this role. I look forward to supporting our families and children at Weston Mill as Inclusion Coordinator.



A key part of my role is coordinating the provision for our children with special educational needs and ensuring they receive support they need.

Good communication is vital for this, my aim is to get to know parents and work closely alongside you and other professionals to meet the best possible outcomes for your child/children. Please do get in touch if you have any worries or concerns. I am a parent myself, with a son and a daughter and know all about the thrills and challenges parenthood brings!

I will be at Weston Mill on Thursdays and Fridays. Please feel free to catch me on the playground or get in contact to organise a meeting.

## Parent Questionnaire



You are invited to take this:

### **Weston Mill Community Primary Academy Parent Questionnaire**

The quiz Weston Mill Community Primary Academy Parent Questionnaire is now available and will take you 2 minutes to complete. Please make sure to submit it by 13/01/2023.

Thank you!

Use the link below to complete our parent questionnaire. A paper copy of this questionnaire will also be available on Parent's Evening next week.

<https://forms.office.com/Pages/ResponsePage.aspx?>

[id=F832JFdOpU6VSvFGTtnRUPU\\_jlCo7JluDzKGRip5eRUOVU1U1A3QjZVNFRTepRNk&w](https://forms.office.com/Pages/ResponsePage.aspx?id=F832JFdOpU6VSvFGTtnRUPU_jlCo7JluDzKGRip5eRUOVU1U1A3QjZVNFRTepRNk&w)



**Next meeting: Friday 20th January at 2pm.**

If you are interested in joining the PTFA, please contact the school office on  
01752 365250 or email

[westonmill.desk@discoverymat.co.uk](mailto:westonmill.desk@discoverymat.co.uk) for more information.

We are always looking for more volunteers to support us with events for the children and bring our school community together. Our PTFA usually meet once a month to discuss and plan for school events, but we are grateful of any time that you could spare to support us at school.

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Dates  
for your



January

10th January - Parent's Evening

11th January - Parent's Evening

19th January - Tokyo Class Parent Reading session @ 2:15pm

26th January - San Francisco Class Assembly @ 2:30pm

February

1st February - Mombasa Celebration of Learning @ 2:15pm

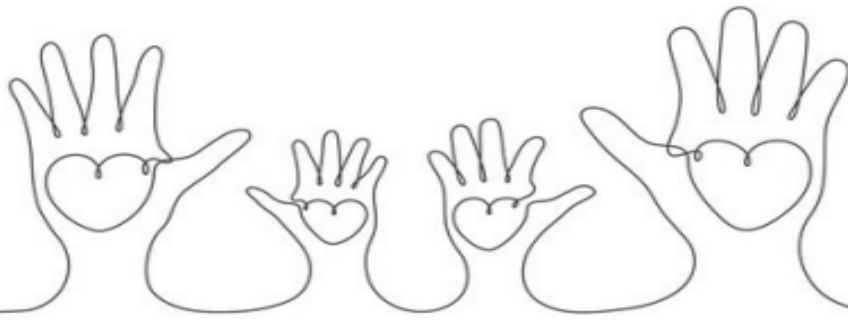
3rd February - PTFA Spring Disco Timings TBC

9th February - Santiago Class Assembly @ 2:30pm

20th February - NPD - School Closed to all pupils

23rd February - Canberra Class Parent Reading Session @ 2:15pm

28th February - Cape Town Celebration of Learning @ 2:15pm



## “Let’s Talk about Children”

Therapeutic Parenting is a nurturing parenting style developed from consistent, empathic, and emotional based responses to your children as a response to their behaviours.

We believe that all children would benefit from experiencing therapeutic parenting and want to share this parenting style through the use of a ‘Therapeutic Toolbox’.

This programme is full to top tips and advice to support you and your child on the journey of parenting and growing up.

This is a 6 week programme and topics include :

- what does it mean to be a therapeutic parent?
- Emotions
- Anger and aggression
- Managing tricky behaviours
- Play
- Parental self care



Starting Wednesday  
25th January 2023  
At Beechwood School



### WEBSITE AND FACEBOOK

Please follow us on our  
Facebook page - Weston Mill  
Community Primary

**You can also check our website  
for**

**latest news, dates and letters.**





# **PERMANENT VACANCY MEALTIME ASSISTANT**

**Grade A point 1**

**7.5 hours per week for 38 weeks per annum**

We have a permanent MTA post become available at Oakwood Primary Academy.

We are looking to appoint a Mealttime Assistant to work within our Trust who –

- can work as part of a successful team
- is able to organise play activities
- is enthusiastic and patient
- has a range of behaviour strategies
- has a good sense of humour

**If you are interested in this role, please contact**

**Oakwood Office via [oakwood.office@discoverymat.co.uk](mailto:oakwood.office@discoverymat.co.uk)**

**By 12pm Tuesday 10<sup>th</sup> January 2023.**

# PIAS Parent Workshops

PIAS Parent workshops available to book. Please use the following link to book your place. Workshops - Plymouth Information Advice and Support for SEND. [www.plymouthias.org.uk](http://www.plymouthias.org.uk)

**PLYMOUTH  
INFORMATION ADVICE  
AND SUPPORT FOR SEND**



# WORKSHOP

## HOW TO UNDERSTAND MY CHILD'S COMMUNICATION

Do you need support and advice around:  
How your child communicates?  
How to support them at home to  
communicate their needs and wants?



**RUNNING ON: THURSDAY 12TH  
& 26TH JAN 2023, 9.30-11AM**

**REGISTER NOW:**

*BOOKING DETAILS WITHIN FB POST*

RUNNING FACE TO FACE  
AT: JAN CUTTING HEALTHY  
LIVING CENTRE  
BOOKING ESSENTIAL

**PLYMOUTH  
INFORMATION ADVICE  
AND SUPPORT FOR SEND**



# **WORKSHOP**

## **HOW TO UNDERSTAND & SUPPORT OUR CHILD'S SOCIAL SKILLS AND PLAY**

Do you need support and advice around:

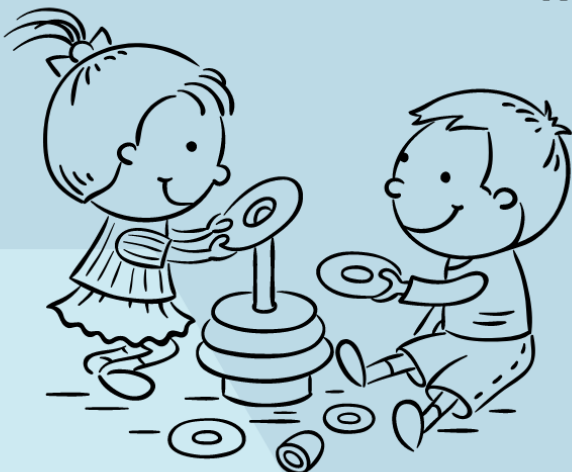
How to support your child in their play?  
How to model and support your child in a  
social environment?

**RUNNING ON: THURSDAY 19TH**

**JAN 2023, 9.30-11AM**

**REGISTER NOW:**

*BOOKING DETAILS WITHIN FB POST*



**RUNNING FACE TO FACE  
AT: JAN CUTTING HEALTHY  
LIVING CENTRE  
BOOKING ESSENTIAL**

# Strep A Advice...



If your child has been to the hospital/doctors for a swab, please ensure your child remains at home until you receive the results.

## STREP A

Group A Strep infections cause various symptoms such as sore throat, fever, chills and muscle aches. As a parent, if you feel that your child seems seriously unwell, you should trust your own judgement.

### Contact NHS 111 or your GP if:

- your child is getting worse
- your child is feeding or eating much less than normal
- your child has had a dry nappy for 12 hours or more or shows other [signs of dehydration](#)
- your baby is under 3 months and has a temperature of 38C, or is older than 3 months and has a temperature of 39C or higher
- your baby feels hotter than usual when you touch their back or chest, or feels sweaty
- your child is very tired or irritable

### Call 999 or go to A&E if:

- your child is having difficulty breathing – you may notice grunting noises or their tummy sucking under their ribs
- there are pauses when your child breathes
- your child's skin, [tongue or lips are blue](#)
- your child is floppy and will not wake up or stay awake

<p><b>Scarlet Fever</b></p> <p><b>You can get more information here:</b></p> <p><a href="#">Scarlet fever - NHS (www.nhs.uk)</a></p>	<p>Children need to stay off for 24 hours after starting antibiotics. If antibiotics are not prescribed by the GP children will need to stay away from your setting for 2-3 weeks as they may still be infectious.</p> <p>Cases who are still infectious (e.g. within first 24 hours of antibiotics or until fully recovered if antibiotics not taken) should avoid people in vulnerable groups. This includes people with chronic illness such as cancer or diabetes, who are immunocompromised, or who have had very recent influenza or chicken-pox infection. All suspected cases of scarlet fever should seek medical care, either via NHS 111 or their GP.</p>
<p><b>Impetigo</b></p>	<p>Impetigo is a skin infection. It will start with red sores or blisters. These will burst quickly and leave crusty, golden-brown patches.</p> <p>Anyone with signs of impetigo should speak to their GP. They should stay at home for two days (48 hours) after starting antibiotic treatment or until all lesions have crusted over / healed.</p>
<p><b>Strep Throat</b></p>	<p>Strep throat is an infection in the throat and tonsils caused by bacteria called group A <i>Streptococcus</i> (group A strep). It is spread by talking, coughing, or sneezing. It can only be diagnosed by swabbing the throat and running a test on the swab. Cases can attend the setting when they no longer have a fever AND have taken antibiotics for at least 24hrs.</p>



# ed's AWESOME LUNCHTIME MENU


WEEK 01

WEEK BEGINNING: 31<sup>ST</sup> OCT • 21<sup>ST</sup> NOV • 12<sup>TH</sup> DEC • 16<sup>TH</sup> JAN  
6<sup>TH</sup> FEB • 6<sup>TH</sup> MARCH • 27<sup>TH</sup> MARCH

	CHOICE 1	CHOICE 2
<b>MONDAY</b>	Cheese & tomato pizza with jacket wedges H/V	Vegan balls with tomato sauce & mixed vegetable rice H/W/V/VE
<b>PUDDING</b>	Iced apple cake H/W/V/VE, yoghurt and fresh fruit	
<b>TUESDAY</b>	Beef chilli with rice & nacho chips H/W	Breaded nuggets, bbq sauce & herby wedges V/VE
<b>PUDDING</b>	Fresh fruit platter H/V/VE, yoghurt and fresh fruit	
<b>WEDNESDAY</b>	Meatballs with tomato sauce served with pasta H/W	Vegan pasty pocket with sauté potatoes H/V/VE
<b>PUDDING</b>	Custard biscuit and fruit H/V/VE, yoghurt and fresh fruit	
<b>THURSDAY</b>	Roast chicken with Yorkshire pudding, roast potatoes & gravy H	Courgette sausage with roast potatoes and gravy H/V
<b>PUDDING</b>	Fruit salad V/VE, yoghurt and fresh fruit	
<b>FRIDAY</b>	Crispy fish bites with fresh chips H	Vegetable quiche with fresh chips H/W/V
<b>PUDDING</b>	Chocolate brownie H/W/V/VE, yoghurt and fresh fruit	

WEEK 02

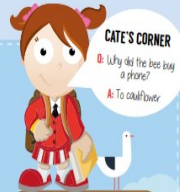
WEEK BEGINNING: 7<sup>TH</sup> NOV • 28<sup>TH</sup> NOV • 2<sup>ND</sup> JANUARY  
23<sup>RD</sup> JAN • 20<sup>TH</sup> FEB • 13<sup>TH</sup> MARCH

	CHOICE 1	CHOICE 2
<b>MONDAY</b>	Sausages in gravy served with creamy mash H	Vegetable pie served with creamy mash H/V
<b>PUDDING</b>	Fruity cookie H/W/V/VE, yoghurt and fresh	
<b>TUESDAY</b>	Beefy pasta bake and garlic bread H/W	French bread pizza with herby wedges H/V
<b>PUDDING</b>	Fresh fruit platter V/VE, yoghurt and fresh fruit	
<b>WEDNESDAY</b>	Sweet and sour chicken served with rice H/W	Macaroni cheese with garlic bread H/V
<b>PUDDING</b>	Shortcake & fruit H/W/V/VE, yoghurt and fresh fruit	
<b>THURSDAY</b>	Roast gammon with apple sauce, roast potatoes and gravy H	Vegetable shepherds pie with gravy H/V/VE
<b>PUDDING</b>	Fruit salad V/VE, yoghurt and fresh fruit	
<b>FRIDAY</b>	 Fish fingers with chips	Folded bean & cheese quesadillas with fresh chips H/V/VE
<b>PUDDING</b>	Spiced pear tray bake served & custard H/W/V/VE, yoghurt and fresh fruit	

WEEK 03

WEEK BEGINNING: 14<sup>TH</sup> NOV • 5<sup>TH</sup> DEC • 9<sup>TH</sup> JAN • 30<sup>TH</sup> JAN  
27<sup>TH</sup> FEB • 20<sup>TH</sup> MARCH

	CHOICE 1	CHOICE 2
<b>MONDAY</b>	Beef burger in a brioche roll with jacket wedges H	Sausage and haricot bean stew served creamy mash H/V/VE
<b>PUDDING</b>	Oat and date slice H/W/V/VE, yoghurt and fresh fruit	
<b>TUESDAY</b>	Cheese wheel with herby diced potatoes H/V	Ratatouille pasta bake H/V/VE
<b>PUDDING</b>	Fruit salad V/VE, yoghurt and fresh fruit	
<b>WEDNESDAY</b>	All day breakfast H	Vegan all day breakfast H/V/VE
<b>PUDDING</b>	Cheese, crackers and apple slices H/V, yoghurt and fresh fruit	
<b>THURSDAY</b>	Roast chicken served with Yorkshire pudding, roast potatoes & gravy H	Broccoli bake with roast potatoes and gravy H/V
<b>PUDDING</b>	Banana flapjack H/W/V/VE, yoghurt and fresh fruit	
<b>FRIDAY</b>	Bubble coated salmon fillet with fresh chips	Cheese and potato slice with fresh chips H/V/VE
<b>PUDDING</b>	Chocolate orange cake & chocolate sauce H/W/V/VE, yoghurt and fresh fruit	



CATE'S CORNER

Q: Why did the bee say a phone?  
A: To callBeever.

FRESH FRUIT, LOCAL WESTCOUNTRY YOGHURT AND WEST COUNTRY MILK AVAILABLE DAILY. FRESH DRINKING WATER IS AVAILABLE THROUGHOUT THE LUNCH TIME PERIOD. ALL MEALS SERVED WITH SEASONAL VEGETABLES. CHICKEN ALTERNATIVES TO BEEF AND PORK UPON REQUEST. ONE MEAT FREE DAY.

H: HOME MADE IN THE KITCHEN.  
W: WHOLE WHEAT INGREDIENTS.  
VE: VEGAN DISH.  
V: VEGETARIAN  
Z: THE VEGETARIAN LINE.



DO YOU KNOW You can make mixed or brown rice instead of potatoes  
Tilda

ED'S REGULARS AVAILABLE DAILY

Photographs are for illustration purposes only and listed items may be subject to change due to supply.

ED'S REGULARS AVAILABLE DAILY