

# Weston Mill Community Primary Academy

Friday 31st January 2025

## This week:

Attendance

Celebrating Success

Our Learning

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Email Addresses to Remember

Lunch Menu

Family Support Team

Head Lice

Nasal Flu Vaccination

## Headteacher's update

Dear Parents and Carers,

We start this week's update by congratulating Year Four (and Mrs Butson of course) on their class assembly which showcased their wonderful efforts across the curriculum this morning. Great job Dun Class: you did a very professional job. Many thanks also to the adults who came to support the children.

We would also like to take this opportunity to say well done to all the children who celebrated Chinese New Year earlier in the week with some wonderful creations. It was brilliant to see the fantastic paper lanterns crafted by Year One as they were gleefully snapped for a celebration photograph. We must also celebrate, and thank, Year Five for their incredibly thoughtful and heartwarming paper fortune cookies. It was so lovely to see the joy you spread to both adults and other children by distributing them around the school and sharing the beautiful sentiments which were hidden inside.

As we say goodbye to January, February begins with some exciting national events. On Monday we recognise the start of Children's Mental Health Week. We will start off the week with a whole school assembly related to the theme and link it with our ongoing work within the My Happy Mind programme. As part of the day on Monday all children will need to come to school in PE kit to take part in the physical activities related to teamwork and friendship. Hopefully you will have seen this reminder elsewhere too. Look out for updates and photos on social media.

On Friday the 7<sup>th</sup> February, we are inviting you to join the children in class from 9:15- 9:45 am to play some maths based games in celebration of the NSPCC's Number day. The event is a chance to have some fun and play some simple games together. To help us get into the spirit children (and staff) are invited to wear clothing related to or representing number. If you would like to make an optional 50p donation, any money raised will go to the NSPCC. We hope you will be able to join us.

Thank you all for your ongoing support. We hope you have a wonderful weekend.

Best wishes,

Weston Mill Team

# Attendance

We are continuing to strive for our attendance target of 96% and are making some progress to achieving this and ensuring our children regularly attend school to achieve success. If your child's attendance is less than 90%, you will be asked to attend an attendance meeting with Mrs Glead. It is important that these meetings are attended to ensure that we are providing the right support for your child to continue to attend school regularly. Our attendance policy can be accessed using the following link:

[Weston Mill Community Primary Academy - Policies](#)

A gentle reminder to parents that contact **must** be made with school on your child's first day of absence and each day until they return to school. If you do not provide a reason for your child's absence, this will be recorded as an unauthorised absence and could result in a penalty notice being issued by Plymouth City Council. Arriving late for school after 9.10am will also be recorded as an unauthorised absence.

## Weekly attendance for 27th January to 31st January

The UK Government expectation is **96%**. We are striving for children to achieve this as there is a direct link between attendance and achievement .

This week, our whole school attendance is **93.5%**

This week's winners are : **DUN Class, HOLST Class** and **MOZART Class**.

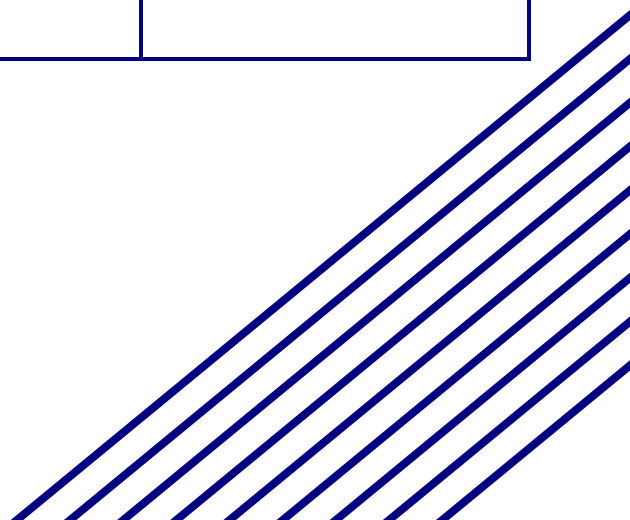
MOZART	95.5%
PRICE	95.0%
ZIMMER	92.6%



BRITTEN	84.8%
DUN	97.2%
HOLST	91.0%
TCHAIKOVSKY	95.0%

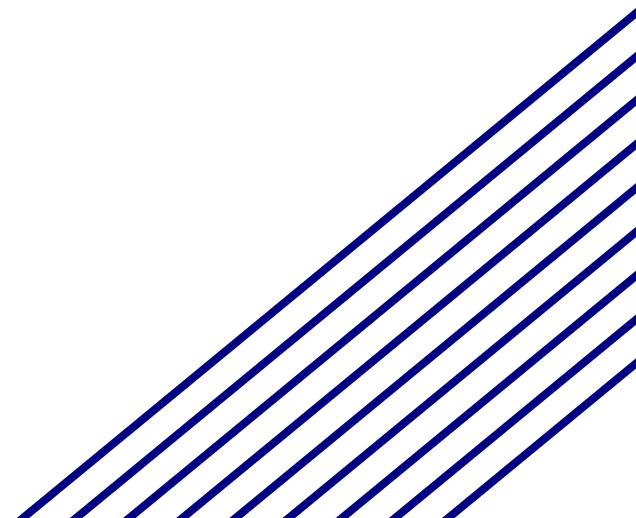
# Celebrating Success

<b>Year</b>	<b>Value awards: Inspired</b>	<b>Star Learners</b>
<b>Nursery</b>	<b>Alice</b>	<b>Evelyn</b>
<b>Reception</b>	<b>Oliver</b>	<b>Effie</b>
<b>Year 1</b>	<b>Reggie</b>	<b>Luna</b>
<b>Year 2</b>	<b>Ava-Rose</b>	<b>Bibi</b>
<b>Year 3</b>	<b>Mason</b>	<b>Denver</b>
<b>Year 4</b>	<b>Madison</b>	<b>Freddie E</b>
<b>Year 5</b>	<b>Ivy</b>	<b>Rosalia</b>
<b>Year 6</b>	<b>Ritisha</b>	<b>Logan M</b>



# Our Learning

On Wednesday, Year 4 learnt about Chinese New Year. We had fun colouring these bright pictures.



# School Uniform

Please ensure that your child comes to school each day wearing the correct school uniform. If you require additional items of school uniform, please speak to Mrs Lavers who will be more than happy to help from our spare uniform.

here's a 10% discount code for your parents to save money on uniform from [MyClothing](#).

Code = **UNIFORM10%**

Expires = 31/03/2025

## Compulsory Uniform Items

Navy school jumper or cardigan (with or without the school logo)



White or blue polo shirt (with or without the school logo)



Trousers or shorts, or skirt (mid grey)



# School Uniform

Update Below!

Parents are reminded that their child should wear the correct PE uniform to school on their PE days. We ask that children wear their school jumper/cardigan as part of their PE kit only. **Hoodies are no longer permitted.** We appreciate your continued support and invite parents to speak with Mrs Lavers if they require any support for any items of uniform.

## PE Kit

White polo shirt or t-shirt  
(with or without logo)



Black shorts



Navy/Black jogging bottoms



# Important Dates

## Class Assembly Dates

**Year 3 Friday 14th February 2025 @ 9.15**

**Year 2 Friday 21st March 2025 @ 9.15**

**Year 1 Friday 4th April 2025 @ 9.15**

**Year EYFS Friday 23rd May 2025 @ 9.15**



# Important Dates

## Dates for your Diary

For all events and any changes click below:

[Weston Mill Community Primary Academy - Calendar](#)





# Important Dates

Please can all children come to school in their PE kit on Monday 3rd February as part of our Mental Health Week Celebrations.

Thank you.

# Important Dates

Join us for the next PTFA Meeting on Friday 7th February at 9:15 AM in the library.

It is a great opportunity to get involved, share ideas and support our school community. Whether you're a regular attendee or new to the PTFA, everyone is welcome. We will be thinking about events we can plan for this term up until Easter. We look forward to seeing you there!

**WM PTFA**

## WE NEED YOU!

**CALLING ALL VOLUNTEERS!  
WE NEED YOUR HELP!**

We would love to expand our PTFA. Please let us know if you'd like to join and have an input in raising funds for our children. **All welcome!**

**THIS YEAR, WE ARE RAISING FUNDS TO...**

**ADD SOME ANIMALS TO OUR OUTDOOR SPACE!**

**ALL HELPING A LITTLE...  
TO ACHIEVE A LOT!**

**Friday 7th February  
at 9.15am**

Weston Mill  
Community Primary Academy

# Important Dates

## Space Day!

Thursday 13<sup>th</sup> February



Brahms & Mozart class are having a space themed WOW day.

As part of this, the children can come to school dressed as anything linked to space. There will be lots of space themed activities and we will be tasting real space food!

# Important Dates

WE NEED  
YOUR HELP



Careers  
Day



On Friday 7th March, we are holding a Careers Day! This is about raising children's aspirations for their futures and learning about a wide variety of jobs.

We are looking for a variety of visitors to come in and talk to the children all about their careers and occupations! If you, or anyone you know, are able to help, please follow the link to complete the form and we will get back to you with more details. <https://forms.office.com/e/CsDHj0YHTs>

Thank you!

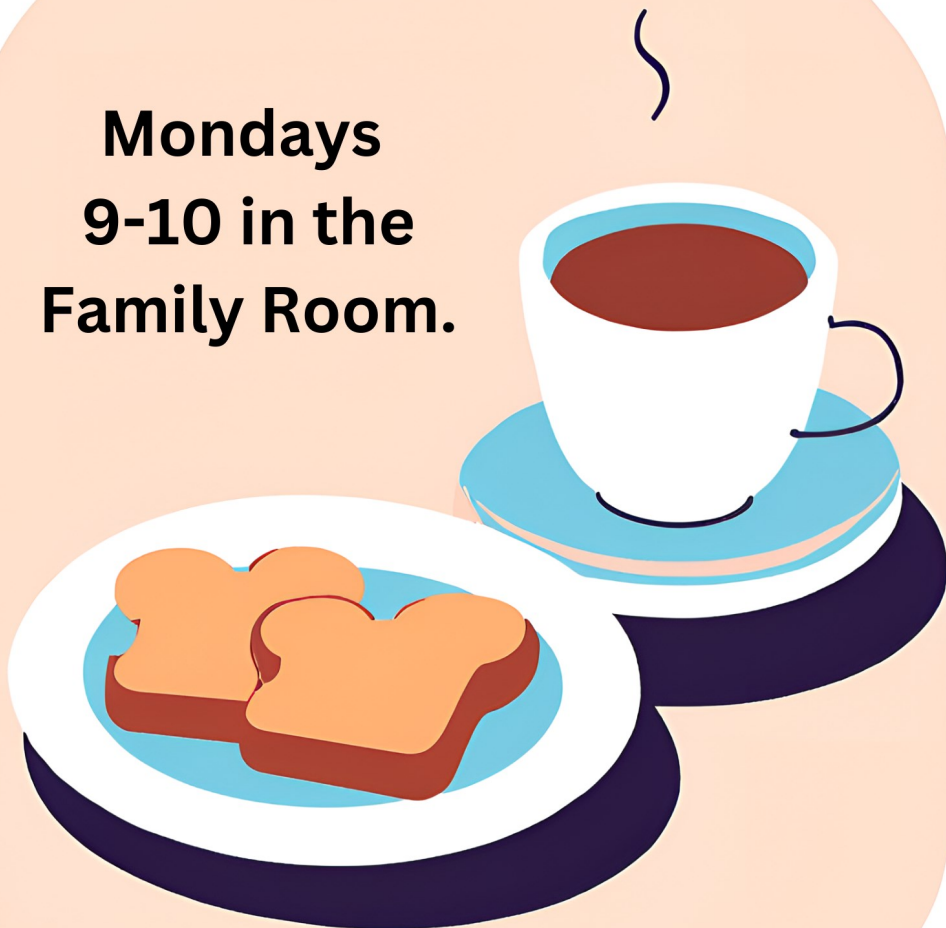


<https://forms.office.com/e/CsDHj0YHTs>

# Important Dates

## Tea, Toast and Talk

**Mondays  
9-10 in the  
Family Room.**



**just pop in for a quick chat and  
a cuppa**

# Email Addresses to Remember

## Email Addresses to Remember

Nursery	<a href="mailto:j.bulley@discoverymat.co.uk">j.bulley@discoverymat.co.uk</a>
Reception	<a href="mailto:n.gray@discoverymat.co.uk">n.gray@discoverymat.co.uk</a>
Year 1	<a href="mailto:j.gooding@discoverymat.co.uk">j.gooding@discoverymat.co.uk</a>
Year 1	<a href="mailto:l.field@discoverymat.co.uk">l.field@discoverymat.co.uk</a>
Year 2	<a href="mailto:k.kombostiotis@discoverymat.co.uk">k.kombostiotis@discoverymat.co.uk</a>
Year 3	<a href="mailto:j.tumilty@discoverymat.co.uk">j.tumilty@discoverymat.co.uk</a>
Year 4	<a href="mailto:j.butson@discoverymat.co.uk">j.butson@discoverymat.co.uk</a>
Year 4	<a href="mailto:s.mann@discoverymat.co.uk">s.mann@discoverymat.co.uk</a>
Year 5	<a href="mailto:a.hewlett@discoverymat.co.uk">a.hewlett@discoverymat.co.uk</a>
Year 6	<a href="mailto:l.wallace@discoverymat.co.uk">l.wallace@discoverymat.co.uk</a>

# Family Support Team

			
<b>Mr Steve Mann</b> Assistant Head of School Deputy Designated Lead for Safeguarding Safeguarding Behaviour Attendance Family Support	<b>Mrs Zoe Lavers</b> Family Support worker First Contact to Signpost Parents Foodbank Courses for parents/Carers Services Families Community Support School Life Parents Questions & Answers Local Issues Coffee mornings Under 5 Group	<b>Mrs Becca Gleed</b> Head of School Designated Lead for Safeguarding Education and Curriculum PTFA Contact Family Support	<b>Mrs Laura Harris</b> INCO SEND Support SEND and Behaviour Support for Parents School Nurse Referrals DLA Applications GP Letters

# Lunch Menu

Please note week 3 Friday will be fishfingers instead of fishcakes.

Hot paninis will be available Mondays, Wednesdays and Fridays.

Cheese or Ham.





# Lunch Menu










## WEEK 1

W/C - MONDAY: 4TH NOV, 25TH NOV, 16TH DEC, 13TH JAN, 3RD FEB, 3RD MAR, 24TH MAR

### WINTER WARMER HOT PANINI OR PASTA

Choose from Ham & Tomato or Cheese & Tomato, served with tortilla chips and vegetables. Or a Homemade tomato sauce with pasta.

MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>CHOICE 1 - H, W, V</b> Margherita pizza with potato wedges</p> <p><b>Allergens:</b> (Glu), (Wh), (So), (Mi), m/c (E)</p>	<p><b>CHOICE 2 - H, W</b> Chicken curry with rice</p> <p><b>Allergens:</b> (Su)</p>	<p> All day breakfast - choose from meat or climate friendly option</p>	<p><b>CHOICE 1 - H</b> Roast chicken, Yorkshire pudding, gravy and roast potatoes</p> <p><b>Allergens:</b> (Glu), (Wh), (Mi), (E)</p>	<p><b>CHOICE 1 - H</b> Homemade breaded haddock fillet served with fresh chips</p> <p><b>Allergens:</b> (Glu), (Wh), (E), (Mi)</p>
<p> <b>CHOICE 2 - H, W, V, VE</b> Katerveg meatballs served with homemade tomato sauce &amp; pasta</p> <p><b>Allergens:</b> (Glu), (Wh), (So)</p>	<p> <b>CHOICE 2 - H, V, VE</b> Chickpea &amp; sweetcorn burger served in a bun with potato wedges</p> <p><b>Allergens:</b> (Glu), (Wh), (Mi), (So)</p>	<p><b>Meat Option Allergens:</b> (Glu), (Wh), (E), (Mi)</p> <p><b>Climate Friendly Allergens:</b> (Glu), (Wh)</p>	<p><b>CHOICE 2 - H, V</b> Golden pastry topped vegetable pie, gravy &amp; roast potato</p> <p><b>Allergens:</b> (Glu), (Wh), (Mi), (Ce)</p>	<p><b>CHOICE 3 - H, V</b> Tangy cheese, quinoa &amp; vegetable muffin served with fresh chips</p> <p><b>Allergens:</b> (Glu), (Wh), (E), (Mi)</p>
SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW				
<p> <b>DESSERT - V, VE</b> Fruit Salad</p>	<p><b>DESSERT - H, W, V</b> Butternut and date cake</p> <p><b>Allergens:</b> (Wh), (E)</p>	<p> <b>DESSERT - H, V, VE</b> Cornish fairing biscuits and fruit slices</p> <p><b>Allergens:</b> (Glu), (Mi), (E)</p>	<p> <b>DESSERT - H, V, VE</b> Fruit platter or Yoghurt</p> <p><b>Allergens:</b> (Su), (Mi)</p>	<p> <b>DESSERT - H, W, V, VE</b> Fruity cornflake tart with custard</p> <p><b>Allergens:</b> (Wh), (Bar)</p>

AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT 

Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.

H = HOME-MADE IN THE KITCHEN, W = WHOLE WHEAT INGREDIENTS, VE = VEGAN DISH, V = VEGETARIAN

Allergen Key: Gluten (Glu), Barley (Bar), Wheat (Wh), Oats (O), Rye (R), Soya (So), Sesame (Se), Peanut (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (Ni), Egg (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c May Contain

 = Climate Friendly

**DID YOU KNOW**  
You can have mixed or brown rice instead of potatoes!



# Lunch Menu



## WEEK 2

### WINTER WARMER HOT PANINI OR PASTA

Choose from Ham & Tomato or Cheese & Tomato, served with tortilla chips and vegetables. Or a Homemade tomato sauce with pasta.

W/C - MONDAY: 11TH NOV, 2ND DEC, 30TH DEC, 20TH JAN, 17TH FEB, 10TH MAR, 31ST MAR

MONDAY	MEAT FREE TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CHOICE 1 - H, W</b> Baked bean and sausage pasta bake Allergens: (Glu), (Wh)	<b>CHOICE 1 - H, V, VE</b> Katerveg mince chilli and rice Allergens: (So)	<b>CHOICE 1 - H</b> Chicken chow mein Allergens: (Glu), (Wh), (Se), (So)	<b>CHOICE 1 - H</b> Roast beef, Yorkshire pudding, gravy and roast potatoes Allergens: (Glu), (Wh), (Mi), (E)	<b>CHOICE 1</b> Fish fingers served with fresh chips Allergens: (Glu), (Wh), (F)
<b>CHOICE 2 - V, VE</b> Quorn dippers with seasoned potato wedges Allergens: (Glu), (Wh)	<b>CHOICE 2 - H, V</b> Tasty cheese wheels with herby diced potato Allergens: (Glu), (Wh), (Mi), (Mu)	<b>CHOICE 2 - H, V, VE</b> Vegetable sausage, mash and gravy Allergens: (Glu), (Wh), (Ce)	<b>CHOICE 2 - H, V, VE</b> Roast Quorn fillet, gravy and roast potatoes Allergens: (Glu), (Wh), (Bar)	<b>CHOICE 2 - H, W, V</b> Homemade cheese and tomato quiche served with fresh chips Allergens: (Glu), (Wh), (E), (Mi)
SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW				
<b>DESSERT - V, VE</b> Fruit Salad	<b>DESSERT - H, V, VE</b> Fruity flapjack Allergens: (Glu), (O) m/c (Wh), (Bar)	<b>DESSERT - H, W, V</b> Westcountry root cake Allergens: (Glu), (Wh), (E) m/c (Mi), (Bar)	<b>DESSERT - H, V, VE</b> Fruit Platter Allergens: (Glu), (O), M/C: (Wh), (Bar)	<b>DESSERT - H, V</b> Zesty cake with custard Allergens: (Glu), (Wh), (E), (Su), (Mi) m/c (Bar)

AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT

Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.

H = HOME-MADE IN THE KITCHEN, W = WHOLE WHEAT INGREDIENTS, VE = VEGAN DSH, V = VEGETARIAN.

Allergen Key: Gluten (Glu), Barley (Bar), Wheat (Wh), Oats (O), Rye (R), Soya (So), Sulphites (Su), Sesame (Se), Peanuts (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (N), Eggs (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c: May Contain

= Climate Friendly

**DID YOU KNOW?**  
 You can have mixed or brown rice instead of potatoes!  
 Tilda



# Lunch Menu



## WEEK 3

### WINTER WARMER HOT PANINI OR PASTA

Choose from Ham & Tomato or Cheese & Tomato, served with tortilla chips and vegetables. Or @ Homemade tomato sauce with pasta.

W/C - MONDAY: 18TH NOV, 9TH DEC, 6TH JAN, 27TH JAN, 24TH FEB 17TH MAR

MONDAY	TUESDAY	MEAT FREE WEDNESDAY	THURSDAY	FRIDAY
<p><b>CHOICE 1 - H, W</b></p> <p>Beef cobbler served with mash and gravy</p> <p><b>Allergens:</b> (Glu), (Wh) m/c (Mi), (Bar)</p>	<p><b>CHOICE 1 - H</b></p> <p>Chicken paella</p>	<p><b>CHOICE 1 - H, V, VE</b></p> <p>Tasty Katereveg bolognese with garlic bread &amp; pasta</p> <p><b>Allergens:</b> (Glu), (Wh), (So) m/c (Se)</p>	<p><b>CHOICE 1 - H</b></p> <p>Roast gammon loin, Yorkshire Pudding, gravy &amp; roast potatoes</p> <p><b>Allergens:</b> (Glu), (Wh), (E)</p>	<p><b>CHOICE 1 - H</b></p> <p>Homemade fish cakes served with fresh chips</p> <p><b>Allergens:</b> (Glu), (Wh), (F), (E)</p>
<p><b>CHOICE 2 - H, V</b></p> <p>Crispy samosa with rice</p> <p><b>Allergens:</b> (Glu), (Wh), (E)</p>	<p><b>CHOICE 2 - V, VE</b></p> <p>Quorn nuggets with diced potato</p> <p><b>Allergens:</b> (Glu), (Wh)</p>	<p><b>CHOICE 1 - H, V</b></p> <p>Creamy macaroni cheese with garlic bread</p> <p><b>Allergens:</b> (Glu), (Wh), (Mi), (Mu) m/c (Se)</p>	<p><b>CHOICE 2 - H, V, VE</b></p> <p>Golden crisp topped shepherds pie, gravy &amp; roast potatoes</p> <p><b>Allergens:</b> m/c (Glu), (Wh), (Bar)</p>	<p><b>CHOICE 2 - V, VE</b></p> <p>Quorn fingers served with fresh chips</p> <p><b>Allergens:</b> (Glu), (Wh)</p>
SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW				
<p><b>DESSERT - V VE</b></p> <p>Fruit salad</p>	<p><b>DESSERT - H, V</b></p> <p>Orange honey cake</p> <p><b>Allergens:</b> (Glu), (Wh), (Mi), (E)</p>	<p><b>DESSERT - H, V, VE</b></p> <p>Custard biscuits with fruit slices</p> <p><b>Allergens:</b> (Glu), (Wh)</p>	<p><b>DESSERT - H, V, VE</b></p> <p>Fruit Platter</p> <p><b>Allergens:</b> (So)</p>	<p><b>DESSERT - H, W, V, VE</b></p> <p>Chocolate cake with chocolate sauce</p> <p><b>Allergens:</b> (Glu), (Wh), (E), (Mi) m/c (Bar)</p>

AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT

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Allergen Key: Gluten (Glu), Barley (Bar), Wheat (Wh), Dairy (D), Egg (E), Soy (So), Sulphites (Su), Sesame (Se), Peanuts (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (N), Eggs (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c: May Contain

Climate Friendly

**DID YOU KNOW?**  
You can have mixed or brown rice instead of potatoes!  
Tilda



# Lunch Menu

## ED'S SPECIAL EVENTS



### **NOVEMBER** **BONFIRE NIGHT** (TUESDAY 5TH NOVEMBER)

Hotdogs with seasoned wedges, Warming chilli and rice, Jacket potatoes with bonfire beans and cheese, Toffee apple cake and custard



### **DECEMBER** **CHRISTMAS LUNCH** (SEE YOUR SCHOOL FOR DATE)

See your schools poster for the full Christmas menu and date



### **JANUARY** **SIX NATIONS** (FRIDAY 31ST JANUARY)

Fish fillet and chips or pasta, Cheese and leek plait, served with French green beans and carrots, Melting moments



### **FEBRUARY** **TEDDY BEAR DAY** (MONDAY 10TH FEBRUARY)

Winnie the Pooh honey chicken with seasoned wedges and coleslaw, Kung Fu Panda stir fried noodles with veg, Paddington Bear marmalade cake



### **MARCH** **INTER. SCHOOL MEAL DAY** (THURSDAY 13TH MARCH)

Roast beef and Yorkshire pudding, Italian Frittata, Lamington tray bake, Salad bar includes Swedish beetroot and apple salad



**STAY UP TO DATE:**  [facebook.com/plymouthcatered](https://facebook.com/plymouthcatered)  [@cateredplymouth](https://twitter.com/cateredplymouth)  [@cateredplymouth](https://www.instagram.com/cateredplymouth)  [@cateredplymouth](https://www.tiktok.com/@cateredplymouth)

# Head Lice

Dear Parents

**RE: HEAD LICE**

Following a few cases of head lice at school, please use the information on this sheet when you look through your child's hair.

FOR THE FOLLOWING TREATMENT OF HEAD LICE WE ADVISE THE FOLLOWING: -

IT IS MUCH EASIER TO CHECK FOR HEAD LICE IF YOU HAVE WET HAIR.

Wash your child's hair and rinse.

Put conditioner on the hair and comb through (roots to ends) with a head lice comb. Rinse off conditioner as normal.

**If you find head lice, please repeat this every day for ten days. You should then get rid of all the lice.**

Please repeat for each member of the family, if you find head lice.

If you have big problems please visit your GP surgery, where they may prescribe lotion to treat.

PLEASE NOTE THAT EGGS NEED TO BE TAKEN OUT ONE AT A TIME. COMBS OR LOTION DO NOT GET RID OF THEM BECAUSE THEY ARE GLUED TO THE HAIR.

Please see the NHS advice below for further information.

[Head lice and nits - NHS](#)

# Nasal Flu Vaccination

Any parents who missed the consenting process and still wish their child to have the flu vaccine, please ask call 01392 342 678 and a consent form can be completed over the phone and you will be assisted with booking into one of our community clinics to have the vaccination done.

Anyone who has already completed a consent form and their child did not get the vaccine for any reason will automatically receive and email inviting them book into a community clinic.



**NHS**

## flu: 5 reasons to vaccinate your child

- 1. Protect your child**  
The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia
- 2. Protect you, your family and friends**  
Vaccinating your child will help protect more vulnerable friends and family
- 3. No injection needed**  
The nasal spray is painless and easy to have
- 4. It's better than having flu**  
The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record
- 5. Avoid costs**  
If your child gets flu, you may have to take time off work or arrange alternative childcare

For more information visit  
[www.nhs.uk/child-flu](http://www.nhs.uk/child-flu)

**Flu**  **mmunisation**  
Helping to protect children, every winter

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