

Chief Executive Officer: Mrs Alison Nettleship
Head of School: Mrs Kathryn Catherwood
Assistant Head of School: Mrs Chelsea O'Brien &
Assistant Head of School: Mrs Becca Gleed.



Weston Mill Community Primary Academy
Ferndale Road
Camel's Head
Plymouth
PL2 2EL

01752 365250

Westonmill.desk@discoverymat.co.uk



Newsletter 10th November 2023

We have had another very busy week, this week. The children created a class wreath for remembrance and Mrs Seaman and Mrs Triscott have been helping the children paint their pebbles to create our poppy display. This morning, the children learnt about the importance of Armistice Day and participated in a minutes silence after laying their wreaths. The wreaths have been displayed in the school windows to share with parents.

From Monday, the school library will be open from 8:40am for children in Key Stage 1 to come in and read with their parents until 8:55am. The children will have the opportunity to change their reading for pleasure book to continue to promote a love of reading for our children. We are hoping to open this up to children in Key Stage 2 later in the year. We look forward to seeing you on Monday morning. We kindly ask that parents arrive through the library door with their children in the morning.

Later this month, we have our next Parent Forum Meeting on 28th November at 2pm. We are always looking to gather parent feedback and would really appreciate you taking the time to complete a short survey using the link below. The results of this survey will be discussed at the next parent forum meeting, along with a review from the previous meeting. If you are unable to attend, but would like to raise an item for the agenda, please email westonmill.desk@discoverymat.co.uk.

I hope you all have a lovely weekend.

Mrs Kathryn Catherwood

Head of School

https://forms.office.com/Pages/ResponsePage.aspx?id=F832JFdOpU6VSvFGTtnRUPU__jLCo7JluDzKGRip5eRUQVpHVFVIVTFXQjZaREs2MDg1QVM5TUw0WC4u



Children in Need – Coffee, Cake and Calculate Event

On Friday 17th November we are holding a maths themed Children in Need event. From 2 pm, parents are invited into school to sample and enjoy our Coffee, Cake and How We Calculate Workshop. After this session, parents will be able to go into classes and join their children applying their calculation skills to solve problems. After the event, at 3pm, parents present are welcome to take children home. For all others, normal end of day dismissal procedures will be at 3:15pm.

We hope you will join us for a great, fun, informative and mathematical afternoon.

Mr Mann

FAMILY SUPPORT ADVISOR

ZOE LAVERS

FSW Weekly Round Up.

Wrap Up warm this weekend and head out to swish in some leaves.

Lost Property

We are getting a collection of jumpers and cardigans, please check and see if you have any items missing. It may be on the rail inside the door from the playground

Have you taken part in one of the Discovery list activities. We would love to see what you have done.

As we head to wetter and colder weeks. **Please make sure your child has a coat** to wear at Playtimes and lunchtimes. We encourage them to be out on the playground unless the weather is extremely bad.

Take care on the roads and in the car parks before and after school.

General Information:

As family support Worker – I am available to help and support you – not just for school issues I can also signpost you to other places and agencies.

To make an appointment for a chat email me

Z.lavers@discoverymat.co.uk,
or catch me on the playground in the mornings from 845am.

Remember to like our Facebook page and keep up to date with lots of things we have been doing in school

Coming soon: Road Safety Week, we will be helping the children to remember how to walk safely on pavements and how to cross the road.

Lost Property

Misplaced a lunchbox or water bottle?

Have a look at the rail of lost property. Just inside the Playground door to Main Reception Area.



Have you forgotten to take home a jumper or cardigan?

We try our best to return any property that is named to its owner. Please try to name everything that might get misplaced.

Remembrance Sunday

Every year we remember the lives that have been lost because of conflict and wars.

The poppy became the symbol of remembering and peace after a poem was written about the poppies that grew in the battlefields following World War One.



Quick Menu Ideas for this Weekend

EASY AND QUICK French bread

pizza

French Stick

Tin of chopped tomatoes

Cheese

- French Bread stick cut into pieces and then sliced in half to open up
- Tin of tomatoes- drain some of the juice from the tin, and add some ketchup.
- Put some on the bread
- Add any extra toppings and cheese.
- Put in oven or under grill until cheese has melted.

FLAPJACKS

175g/6oz butter

175g/6oz golden syrup

175g/6oz light muscovado sugar

350g/12oz porridge oats

- Put the sugar and butter and syrup in a bowl and heat up until the butter has melted give it a stir.
- Then Stir in the oats.
- Line a baking tray with greaseproof paper and press down the mixture in the tray.
- Put in an oven at 180, for about 15-20 minutes. Leave to cool and cut into squares after about 10 minutes cooling time.

A short police community survey, which we would like the local community to complete to see what they would like the police to prioritise, and what issues they have in the area.

You can use this link – <https://t.co/vkAN6vZRit>

OR scan the QR code –



We are excited to share that we are in the process of revamping our weekly spellings! Over the next week, children will bring home usernames and passwords for our new scheme: **Spelling Shed**. They will be able to access fun and engaging games online to practise their weekly spellings. Please be reassured that a paper copy of the week's spellings will also be sent home. Spellings will still be tested weekly. If you have any questions, please do not hesitate to contact your child's teacher.

[Spelling Shed - Spelling Shed - The Science of Spelling](#)



[Bookstart Toddler and Pre-schooler](#) | [BookTrust](#)

Tea and Talk - FREE EVENT

Monday 6 November – parents/carers or employees can drop in between 1 – 4pm to our adult education hub at Hyde Park House Mutley to speak to a Learning Advisor about upskilling, CPD, to help with employability or help to start a new career.

[Cook and Share](#) | [Food for Life Get Togethers \(fflgettogethers.org\)](#)

Discovery MAT is keen to further our practice regarding Equality, Diversity and Inclusion (EDI). As part of this we are currently working towards

an EDI Quality Mark and would appreciate some parental engagement. If you would like to be part of this process please email our Trust Inclusion Lead

L.cooper-smith@discoverymat.co.uk.



If you're pregnant or have children under the age of 4, you could get help to buy food and milk

Apply online to get your prepaid card.

 **Go to the website:**
www.healthystart.nhs.uk/how-to-apply

****If the online application is rejected YOU COULD STILL BE ELIGIBLE****

 **Email your details to:**
healthy.start@nhsbsa.nhs.uk

 **Or Call: 0300 330 7010** (calls charged at local rate)

 **Or go to your local Children's Centre or Wellbeing Hub for further support**



www.healthystart.nhs.uk
  @NHSHealthyStart

Scan the QR code to apply now!



START OF THE SCHOOL DAY & ATTENDANCE

Our school gate leading to the playground will remain open until 9:10am every morning.

Please use this entrance only when bringing your child to school.

Reception entrance via the staff car park must not be used before this time. You will be asked to walk around, unless there has been an arrangement made with Mrs Catherwood or Mrs Powney.

In the unusual event of your child arriving extremely late for school, after 9:10am (gates closed), the reception entrance should be used **PLEASE SIGN YOUR CHILD IN, GIVE REASON FOR LATENESS AND ADD LUNCH CHOICE.**

Please be aware that crossing patrol is available for children arriving to school between 8:40 and 9.10am each morning. There will be no crossing patrol after 9.10am each morning.

Important reminder: the school register is taken at 08.55am!

BEING LATE AFFECTS YOUR CHILD'S ATTENDANCE

Children arriving after this time will be registered late, which has an enormous impact on attendance figures.

After 9.10am it is recorded as an **unauthorized** absence. By law we are required to register in this way. We must also report to the **Educational Welfare Officer** if your child has had over a certain amount of unauthorized absences

On average around 10% of our children are registered late everyday!

If your child is unwell please phone the school before **08.55am every day** that they are unwell. **Failure to do so will also result in an Unauthorized absence.**

Let's work on improving our attendance together!

If you need support with this, please let us know.

Please see our **Attendance Policy**

[Weston Mill Community Primary Academy - Policies](#)

Weekly attendance for 6th – 10th November

The UK Government expectation is **96%**. We are striving for children to achieve this as there is a direct link between attendance and achievement .

This week, our whole school attendance is **94.5%**

This week's winners are : **BOLT Class** and
WHITLOCK Class

| | |
|-------------|-------|
| DALEY | 94.8% |
| BOLT | 95.8% |
| EVERSON | 93.9% |
| | |



| | |
|----------|-------|
| WHITLOCK | 96.7% |
| AINSLIE | 92.2% |
| ADAMS | 93.5% |
| BROWN | 92.9% |



Oak Villa Car Park

Please ensure any parents using the Oak Villa Car Park take care when driving and parking, and hold your child's hand, if appropriate, when walking through the car park. This is to ensure that all children remain safe whilst arriving and leaving school each day. We appreciate your continued support with this to support our school community.

calendar



The school calendar is updated regularly with important dates and events at school. Please continue to check the calendar regularly for updates.

[Weston Mill Community Primary Academy - Calendar](#)

Information is also shared on our school Facebook Page.

[\(12\) Facebook](#)



Weston Mill Community Primary Academy



WEBSITE

[Weston Mill Community Primary Academy - Home](#)



CALENDAR

[Weston Mill Community Primary Academy - Calendar](#)



TERM DATES

[Weston Mill Community Primary Academy - Term Dates](#)

IMPORTANT POLICIES



[Weston Mill Community Primary Academy - Policies](#)



NEWSLETTER

[Weston Mill Community Primary Academy - Newsletters](#)

Please follow us on our Facebook

[\(1\) Facebook](#)



Communication and Reminders



We use **ParentPay** as our main method to communicate **important messages**, send weekly newsletters, book breakfast and after school club, payments for school dinners, clubs, educational visits (including residential) and discos.

A GREAT BIG CONGRATULATIONS! 100% OF PARENTS HAVE ACTIVATED THEIR PARENTPAY ACCOUNT

Please continue to sign into your ParentPay account when personal details require updating.

We ask that you ensure a mobile number and email address has been added to your account, so all future information is received. **PLEASE TURN ON YOUR EMAIL NOTIFICATIONS.**

IT IS IMPORTANT THAT YOUR DETAILS ARE ALWAYS KEPT UP TO DATE!

You may already have an account but we would like to highlight the importance of adding all your children.

If a message is sent for a specific child, in a specific class and you have not added that child, you will not receive those messages.

If you need support with adding children or activating an account for the first time, please ask Mrs Powney or Mrs Searle.

A NUMBER OF PARENTPAY ACCOUNTS ARE IN DEBT FOR LUNCHESES, AFTER SCHOOL CLUB AND BREAKFAST CLUB. PLEASE CHECK YOUR ACCOUNTS AND ENSURE ALL PAYMENTS ARE MADE AND KEPT IN CREDIT. WE WILL ENDEAVOUR TO SEND REGULAR REMINDER EMAILS TO THOSE WHO ARE STILL IN DEBT. TO HELP PREVENT DEBT MOUNTING.

FOLLOW THE LINK BELOW FOR OUR SCHOOL MEALS DEBT POLIICY.

[Weston Mill Community Primary Academy - Important Policies](#)

FREE SCHOOL MEALS

Plymouth City Council are promoting applying for FSMs on the portal below.

Please apply or reapply if your circumstances have changed. Children in Reception, Year 1 and Year 2 receive Universal Free School Meals (UFSM) **but it is important to remember that by being eligible for FSMs you will receive eVouchers during the holidays and the school will receive additional funding for your children.**

[Citizen Portal - Sign in \(plymouth.gov.uk\)](http://plymouth.gov.uk)



Medication In School.

At the start of the new academic year ALL medication must be brought to the office for Mrs Powney to process. Without fresh consent your child's medication **WILL NOT** be administered.

Ensure any new medical conditions are updated with Mrs Powney at the office.

If your child has asthma, please check your child's details are up to date on their file held at school and an inhaler is in school. There are NO emergency inhalers....Your child WILL need their own.

IT MUST BE BOXED, WITH A PRESCRIPTION LABEL AND INSTRUCTIONS, FRESH CONSENT WILL ALSO NEED TO BE COMPLETED AT RECEPTION OR IT WILL NOT BE ACCEPTED.

This will also apply to all other medications. It is YOUR responsibility to provide medication and consent for the school to administer if needed and you must make a note of any expiry dates.

[Weston Mill Community Primary Academy - Policies](#)



SUPPORTING CHILDREN WITH
MEDICAL CONDITIONS POLICY

Approved and signed by the Board of Trustees
24.09.22

Renewal Date: May 2024

IMMUNISATION ADVICE TO PARENTS AND CARERS - THE NEW SCHOOL YEAR

Starting or returning to school is an exciting time for children, but as they will be mixing with lots of other children, making sure they are up to date with their routine immunisations gives them the best protection from what can potentially be very harmful infections. But if you're not sure if your child has had all of their vaccinations, you can check their personal health record (their red book), or if you have questions, you can contact your child's doctor's surgery. If you have any concerns about vaccinations, you can read more about them on the NHS website. There are also vaccination tips for parents and carers to help your child's vaccination appointment go smoothly. The NHS also has helpful information online to help parents and carers know how long their child should be kept off school when they are ill. It's important that vaccines are given on time for the best protection, but if you or your child missed a vaccine, contact your GP to catch up.

Managing medicines on school premises and record keeping

At Discovery Multi Academy Trust the following procedures are to be followed:

- Medicines should only be administered at school or nursery when it would be detrimental to a child's health or school attendance not to do so;
- No child under 16 should be given prescription medicines without their parents written consent (see template B) - except in exceptional circumstances where the medicine has been prescribed to the child without the knowledge of the parents. In such cases, every effort should be made to encourage the child or young person to involve their parents while respecting their right to confidentiality;
- It is trust policy to **not** administer non-prescription medication on school premises
- Where clinically possible, medicines should be prescribed in dose frequencies which enable them to be taken outside school hours;
- The trust academies and nursery will only accept prescribed medicines, with written permission from parent/carer that are in-date, labelled, provided in the original container as dispensed by the pharmacist and include instructions for administration, dosage and storage. The exception to this is insulin which must be in-date, but will generally be available to schools inside an insulin pen or a pump, rather than its original container;
- All medicines will be stored safely in a locked first aid cupboard/fridge. Children should know where their medicines are at all times. Where relevant, they should know who holds the key to the storage facility.
- Medicines and devices such as asthma inhalers, blood glucose testing meters and adrenaline pens should be always readily available state where and not locked away. Asthma inhalers should be marked with the child's name.
- During trips the first aid trained member of staff will carry all medical devices and medicines required;
- We will keep all controlled drugs that have been prescribed for a pupil securely stored in a non-portable container and only named staff will have access. Controlled drugs should be easily accessible in an emergency. A record should be kept of any doses used and the amount of the controlled drug held in the school;
- Staff administering medicines should do so in accordance with the prescriber's instructions. The trust's academies and nursery will keep a record (see template C and D) of all medicines administered to individual children, stating what, how and how much was administered, when and by whom. Any side effects of the medication to be administered at school should be noted. Written records are kept of all medicines administered to children. These records offer protection to staff and children and provide evidence that agreed procedures have been followed;



UK Health
Security
Agency



A practical
guide
for staff

Managing **infectious** cases of **diseases** in all education and childcare settings

The online guide offers information and resources for the following:

Introduction to infection control in all education and childcare settings

Prevention and control

Outbreak management

Immunisation

Staff health, pet and animal contact

Cleaning the environment

Managing specific infections

Exclusion table

Diarrhoea and vomiting outbreak action list



Advice and guidance

To find out more, visit www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities or bit.ly/2xiJpPZ.





UK Health
Security
Agency



Should I keep my child off school?

Yes

Until...

| | |
|--|--|
| Chickenpox | at least 5 days from the onset of the rash and until all blisters have crusted over |
| Diarrhoea and Vomiting | 48 hours after their last episode |
| Cold and Flu-like illness (including COVID-19) | they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19. |
| Impetigo | their sores have crusted and healed, or 48 hours after they started antibiotics |
| Measles | 4 days after the rash first appeared |
| Mumps | 5 days after the swelling started |
| Scabies | they've had their first treatment |
| Scarlet Fever | 24 hours after they started taking antibiotics |
| Whooping Cough | 48 hours after they started taking antibiotics |

No

but make sure you let their school or nursery know about...

| | |
|----------------------|-----------------|
| Hand, foot and mouth | Glandular fever |
| Head lice | Tonsillitis |
| Threadworms | Slapped cheek |



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.

School Uniform.

Over the last few weeks we have noticed children coming to school wearing the incorrect uniform. As part of our home-school agreement, we ask that our children come to school dressed in their school uniform and with the correct PE kit. Your child's class teacher will have notified you of PE days, but we recommend having a PE kit in school each day. Please see details of the our school uniform below.

School uniform at Weston Mill is as follows:

Navy jumper or sweatshirt

White or light blue shirt or polo shirt

Grey trousers or skirt

Black school shoes

Gingham dress (Summer months only) / Pinafore (mid gray) Summer months only



Flat, sensible, safe black shoes (no trainers, no Crocs or similar and no visible branding please) or plain black ankle height boots (no calf or full length boots) and no heels



Compulsory Uniform Items

Navy school jumper or cardigan (with or without the school logo)



White or blue polo shirt (with or without the school logo)



Trousers or shorts, or skirt (mid gray)



PE kit:

White t-shirt

Plain Black/Navy shorts or jogging bottoms

Trainers



LINK FOR OUR SCHOOL UNIFORM POLICY

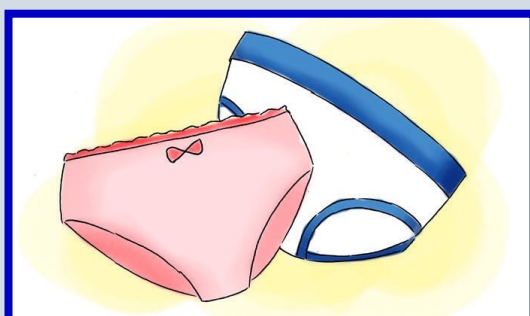
[Weston Mill Community Primary Academy - Policies](#)

Spare Underwear Appeal

Please could we make an appeal for clean pants , socks, tights and vests for those little accidents for children of all ages.

If your child has needed any spare clothes please ensure they are washed and returned.

A GREAT
THANK



BIG
YOU!



Weston Mill Community Primary Academy

NURSERY

Spaces are currently available
for 2, 3 and 4 year olds within
our Nursery.

We offer 15 funded hours per child,
opening during term time only.

Me2 funding now accepted.

Please see the contact details below to
express an interest in applying for a
nursery place.



For more information, please contact the
school on **01752 365250** or email
westomill.desk@discoverymat.co.uk.

LUNCH MENU

ed's AWESOME LUNCHTIME MENU

WEEK 01

WEEK BEGINNING - 11th SEPTEMBER • 2nd OCTOBER • 30th OCTOBER • 20th NOVEMBER • 11th DECEMBER

| CHOICE 1 | CHOICE 2 |
|---|---|
| MONDAY Jerk chicken with rice and peas H/V PUDDING: Fruit salad, yoghurt w/v and fresh fruit | Vegan balls with pasta H/V/Ve PUDDING: Strawberry dessert whip H/V, yoghurt and fresh fruit |
| TUESDAY Macaroni cheese with garlic bread H PUDDING: Strawberry dessert whip H/V, yoghurt and fresh fruit | Courgette burger in a brioche bun H/V PUDDING: Yoghurt and fresh fruit v |
| WEDNESDAY All day breakfast H PUDDING: Custard biscuit and fruit w/v, yoghurt and fresh fruit | Vegan all day breakfast H/V/Ve PUDDING: Yoghurt and fresh fruit v |
| THURSDAY Roast chicken with Yorkshire pudding, roast potatoes H PUDDING: Yoghurt and fresh fruit v | Butternut squash parcel served with roast potatoes, gravy H/V/Ve PUDDING: Yoghurt and fresh fruit v |
| FRIDAY Fish fingers and fresh chips H PUDDING: Vegan orange cake H/V/Ve, yoghurt and fresh fruit | Baked vegetable omelette with fresh chips H/V PUDDING: Yoghurt and fresh fruit v |

WEEK 02

WEEK BEGINNING - 18th SEPTEMBER • 9th OCTOBER • 6th NOVEMBER • 27th NOVEMBER • 18th DECEMBER

| CHOICE 1 | CHOICE 2 |
|--|--|
| MONDAY Spanish chicken served with new potatoes H PUDDING: Real fruit ice lolly, yoghurt and fresh fruit v | Vegan nuggets with pasta H/V/Ve PUDDING: Yoghurt and fresh fruit v |
| TUESDAY Cheese wheels served with seasoned diced potatoes H/V PUDDING: Yoghurt and fresh fruit v | Vegetable Korra with rice and naan H/V/Ve PUDDING: Fruity flapjack w/v, yoghurt and fresh fruit |
| WEDNESDAY Crispy Piri Piri chicken burger in a brioche bun with herby wedges H PUDDING: Fruity flapjack w/v, yoghurt and fresh fruit | Vegetable fritatta served with garlic bread H/V PUDDING: Roast gammon, roast potatoes, gravy H PUDDING: Fruit salad w/v, yoghurt and fresh fruit |
| THURSDAY Roast gammon, roast potatoes, gravy H PUDDING: Fruit salad w/v, yoghurt and fresh fruit | Vegetable fritatta served with roast potatoes, gravy H/V PUDDING: Fish croquettes and fresh chips H PUDDING: Vegan chocolate brownie H/V/Ve, yoghurt and fresh fruit |
| FRIDAY Fish croquettes and fresh chips H PUDDING: Vegan chocolate brownie H/V/Ve, yoghurt and fresh fruit | Cheese and tomato pizza with fresh chips H/V PUDDING: Yoghurt and fresh fruit v |

WEEK 03

WEEK BEGINNING - 4th SEPTEMBER • 25th SEPTEMBER • 16th OCTOBER • 13th NOVEMBER • 4th DECEMBER

| CHOICE 1 | CHOICE 2 |
|--|---|
| MONDAY Sausage roll with seasoned diced potatoes H PUDDING: Yoghurt and fresh fruit v | Mexican bean quesadilla with rice H/V PUDDING: Yoghurt and fresh fruit v |
| TUESDAY Homecooked ham and pineapple pizza with wedges H/V PUDDING: Fruity rocky road w/v, yoghurt and fresh fruit | Vegetable and tofu Chow mein H/V/Ve PUDDING: Spaghetti and meatballs H/V PUDDING: Fruit salad w/v, yoghurt and fresh fruit |
| WEDNESDAY Spaghetti and meatballs H/V PUDDING: Fruit salad w/v, yoghurt and fresh fruit | Vegan chilli and rice H/V/Ve PUDDING: Roast chicken with Yorkshire pudding, roast potatoes, gravy H PUDDING: Jam and coconut sponge H/V/Ve, yoghurt and fresh fruit |
| THURSDAY Roast chicken with Yorkshire pudding, roast potatoes, gravy H PUDDING: Jam and coconut sponge H/V/Ve, yoghurt and fresh fruit | Broccoli and potato cheese bake with roast potatoes, gravy H/V PUDDING: Oven baked battered pollock fillet and fresh chips H PUDDING: Fruit and jelly H/V/Ve, yoghurt and fresh fruit |
| FRIDAY Oven baked battered pollock fillet and fresh chips H PUDDING: Fruit and jelly H/V/Ve, yoghurt and fresh fruit | Cheese and tomato quiche with fresh chips H/V PUDDING: Fruit and jelly H/V/Ve, yoghurt and fresh fruit |

CATE'S CORNER
 * Label all our fantastic veg to the other fantastic!
 * You go ahead and it's lovely!

FRESH FRUIT, LOCAL WESTCOUNTRY PRODUCE AND WEST COUNTRY MILK AVAILABLE DAILY. FRESH DRINKING WATER IS AVAILABLE THROUGHOUT THE LUNCH TIME PERIOD. ALL MEALS SERVED WITH SEASONAL VEGETABLES. CHICKEN ALTERNATIVES TO BEES AND PORK UPON REQUEST. ONE MEAL FREE DAY.

H - HOME MADE IN THE KITCHEN
 W - WHOLE WHEAT INGREDIENTS
 V - VEGETARIAN
 Z - THE VEGETARIAN LINE

ed's REGULARS
 Jacket Potatoes with Cheese / Tomato / Ketchup & Cornish
 Fresh Salad Bar
 AVAILABLE DAILY

DO YOU KNOW?
 You can now get more value for your money!
 Tilda

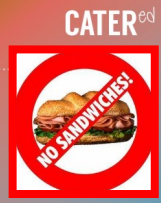
Photographs are for illustration purposes only and listed items may be subject to change due to supply.

FEEDING AMBITIONS. MAKING A DIFFERENCE. EVERY CHILD EVERY TIME.

LOOK OUT FOR ed's SPECIAL EVENTS

- THE KING'S CORONATION
FRIDAY 9th MAY
- PLANT BASED WEEK
MONDAY 15th MAY - FRIDAY 19th MAY
- ARMED FORCES DAY
FRIDAY 23rd JUNE
- WOMEN'S WORLD CUP
FRIDAY 20th JULY
- ROALD DAHL DAY
WEDNESDAY 12th SEPTEMBER
- WORLD FOOD DAY
MONDAY 16th OCTOBER

STAY UP TO DATE
 Like: facebook.com/plymouthcatered
 Follow: @cateredschools
 Follow: @cateredschools



At CATER^{ed}, we pride ourselves that the majority of the food we serve is cooked from scratch every day, making Ed's lunchtime menu truly **owned!** Because we use fresh, local, seasonal and organic ingredients we're also supporting local growers, farmers and the regional economy whilst we keep an eye on our eco-footprint.

- We use:-
- Locally caught and landed Pollock and Mackerel
 - Free range eggs (including in our mayonnaise)
 - Westcountry milk
 - Westcountry yoghurts
 - Organic herbs
 - No fried food
 - Fairtrade sugar
 - Wholemeal flour
 - Seasonal fresh vegetables and fruit (which may vary due to availability)

Tell Ed!
 We want to know what you think about our food so if you have any questions, comments or want to send us some super stars contact us on 01752 977166 or by email catered@plymouthcatered.org.uk

Please visit our pages at www.catered.org.uk
UFISM: All children in Reception, Year 1 and Year 2 are entitled to receive a FREE school meal every day regardless of household circumstances. This is called universal infant free school meals. So you can come in and have a great tasting meal every day and pay Ed nothing!

We encourage everyone to take up this free offer!
FSM: If you think you may be entitled to free school meals for your child under aged 7 and for older children information about free school meals can be found by following the link to Free School Meals within the CATERed webpages or by calling the FSM team on 01752 307410. Eligibility for FSM also provides schools with additional income via the Pupil Premium.

We encourage everyone one who's eligible to take up this free offer!
 If you are buying a meal, one of Ed's Super Fantastic two course meals including a drink currently costs £2.80.
 For a full allergen breakdown please contact us at catering@catered.org.uk, let us know what school your child attends so we can talk through the menu offer currently at that school.

Mandatory Food Standards apply to all school lunches details can be found by following the link from our pages or by visiting:
<http://www.schoolfoodplan.com/actions/school-food-standards/>

CATERed
 is a company jointly owned by schools across the City and Plymouth City Council serving great tasting, freshly prepared food to children and young people every day.
 Company No: 935592 | VAT No: 208 525 29

ed's SUPER FANTASTIC SCHOOL MEALS

September 2023 to December 2023

NEW PRICE



Week A (11th September, 2nd October, 30th October, 20th November, 11th December)

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
| Jerk chicken with rice and peas H/V Fruit salad, yogurt | Macaroni cheese with garlic bread H Strawberry desert whip | All day breakfast H Custard biscuit and fruit | Roast chicken with Yorkshire pudding, roast potatoes H Yoghurt and fresh fruit | Fish fingers and fresh chips H Vegan orange cake |

Week B (18th September, 9th October, 6th November, 27th November, 18th December)

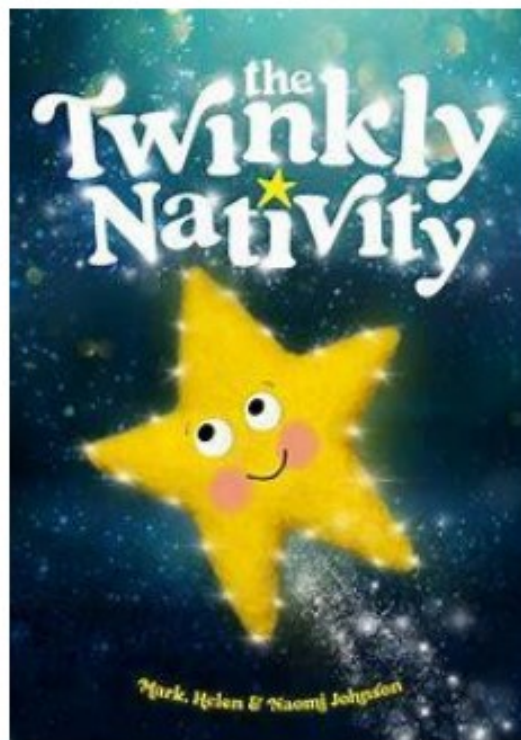
| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
| Spanish chicken served with new potatoes H Real fruit ice lolly | Cheese wheels served with seasoned diced potatoes H/V Yoghurt and fresh fruit | Crispy Piri Piri chicken burger in a brioche bun with herby wedges H Fruity flapjack | Roast gammon, roast potatoes, gravy H Fruit salad | Fish croquettes and fresh chips H Vegan chocolate brownie |

Week C (4th September, 25th September, 16th October, 13th November, 4th December)

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
| Sausage roll with seasoned diced potatoes H Yoghurt and fresh fruit | Homecooked ham and pineapple pizza with wedges H/V Fruity rocky road | Spaghetti and meatballs H/V Fruit salad | Roast chicken with Yorkshire pudding, roast potatoes, gravy H Jam and coconut sponge | Oven baked battered pollock fillet and fresh chips H Fruit and jelly |

CATERed
 FEEDING AMBITIONS

Foundation Nativity Performance



On Tuesday 12th December at 9.30am and
Wednesday 13th December at 2.00pm Murray
and Daley classes will be performing their
Christmas show "Twinkly Nativity"

More information to follow!