

Weston Mill Community Primary Academy

Friday 7th February 2025

This week:

Attendance

Wellie Request

Celebrating Success

Our Learning

Important Dates

Email Addresses to Remember

Lunch Menu

Family Support Team

Head Lice

Nasal Flu Vaccination

Headteacher's update

Dear Parents and Carers,

Thank you all so much for the support shown this morning for the NSPCC's Number Day. It was fantastic to see so many visitors who braved the cold conditions to join us in classes. The feedback from children and adults alike was really heartwarming; it's always so encouraging for children to feel they have impressed adults by sharing their skills. Those of us that have struggled with confidence in maths at some point in our lives (me more than most I shall admit) know how crucial confidence is as a building block for success. An extra well-done the brave adults of children in upper key stage two, since any maths activity at that age now challenges a great many of adults both in school and out. We would also like to recognise Tommie (Y5) who, very impressively, made his own number themed T-Shirt – what a fantastic effort! Many thanks also go to all of you who kindly donated to the NSPCC; every penny they receive directly benefits children in our communities.

In addition to the number event, teachers and learners have put a great deal of effort into running activities in relation to Children's mental health week. The activities ranged from, indoor and outdoor practical teamwork events, to happy breathing and mindfulness exercises and helped us once again reflect on the importance of mental wellbeing. At the beginning of next term, our school programme of My Happy Minds will have its profile raised across the school and all classes will have aligned their teaching sessions so that whole school assemblies can incorporate the focus of the week. We are continuing to increase the emphasis we are placing on building positive relationships and supporting children to maintain their mental health.

As we move inexorably into the final week of term three, Year Three will be welcoming some visitors for a dance workshop on Wednesday. There is also an exciting looking space dress-up day scheduled for the children of EYFS on Thursday. Indoor athletics will also be happening on Tuesday. As ever, keep your eye on social media for some photos.

Thank you all for your ongoing support. We hope you have a wonderful weekend.

Best wishes,

Weston Mill Team

Attendance

We are continuing to strive for our attendance target of 96% and are making some progress to achieving this and ensuring our children regularly attend school to achieve success. If your child's attendance is less than 90%, you will be asked to attend an attendance meeting with Mrs Gleed. It is important that these meetings are attended to ensure that we are providing the right support for your child to continue to attend school regularly. Our attendance policy can be accessed using the following link:

[Weston Mill Community Primary Academy - Policies](#)

A gentle reminder to parents that contact **must** be made with school on your child's first day of absence and each day until they return to school. If you do not provide a reason for your child's absence, this will be recorded as an unauthorised absence and could result in a penalty notice being issued by Plymouth City Council. Arriving late for school after 9.10am will also be recorded as an unauthorised absence.

Weekly attendance for 3rd February to 7th February.

The UK Government expectation is **96%**. We are striving for children to achieve this as there is a direct link between attendance and achievement .

This week, our whole school attendance is **90.5%**

This week's winners are : **TCHAIKOVSKY Class**, and **MOZART Class**.

MOZART	92.0%
PRICE	90.0%
ZIMMER	90.5%



BRITTEN	82.6%
DUN	86.6%
HOLST	92.1%
TCHAIKOVSKY	95.3%

Wellie Request

We are looking for donations of old wellies so more children can access our Forest School. If you have any please they would be greatly appreciated



Celebrating Success

Year	Value awards: Individual	Star Learners
Nursery	Flora	Ruby-Rose
Reception	Esme	Harry
Year 1	Olivia	Arthur
Year 2	Sophia	Jenson
Year 3	Harry	Buddy
Year 4	Alice	Lexi
Year 5	Eli	Natasha
Year 6	Oscar	Malak



Our Learning

In Brahms class our superstar is Ruby-Rose for an amazing week of toilet training all on your own. We are so proud of you!

The value award goes to Flora for showing confidence in making new friends

In Mozart class our superstar is Harry for an amazing week of learning and behaviour

The value award goes to Esme for showing amazing self-motivation in reading, what amazing Fred talk this week.

Well done to all our superstars in Early Years! 😊



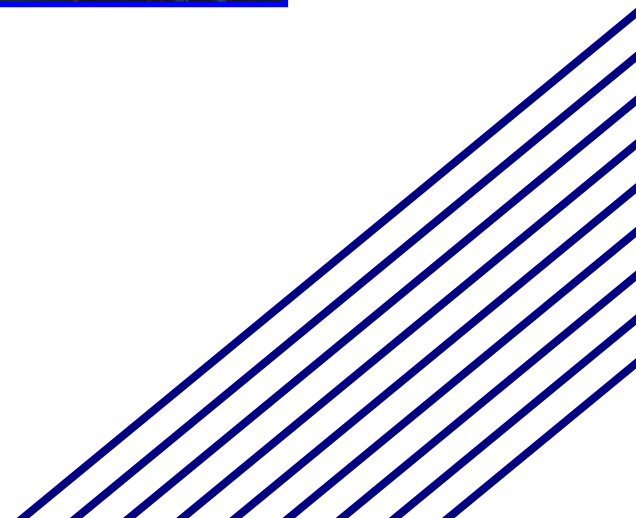
Our Learning

This week is mental health week and Mozart and Brahms class have been learning about keeping our minds and bodies healthy. The children have been practising their 'happy breathing', enjoying mindfulness activities and really loved their circuit training with Mr T. Well done Foundation!



Our Learning

Zimmer class are looking at Instructions in writing at the moment. We have used our WAGOLL (What a good one looks like) text to help us make a habitat for our creature, The Bog Baby. It was a great opportunity for the children to immerse themselves in our new text.



School Uniform

Please ensure that your child comes to school each day wearing the correct school uniform. If you require additional items of school uniform, please speak to Mrs Lavers who will be more than happy to help from our spare uniform.

here's a 10% discount code for your parents to save money on uniform from [MyClothing](#).

Code = **UNIFORM10%**

Expires = 31/03/2025

Compulsory Uniform Items

Navy school jumper or cardigan (with or without the school logo)



White or blue polo shirt (with or without the school logo)



Trousers or shorts, or skirt (mid grey)



School Uniform

Update Below!

Parents are reminded that their child should wear the correct PE uniform to school on their PE days. We ask that children wear their school jumper/cardigan as part of their PE kit only. **Hoodies are no longer permitted.** We appreciate your continued support and invite parents to speak with Mrs Lavers if they require any support for any items of uniform.

PE Kit

White polo shirt or t-shirt
(with or without logo)



Black shorts



Navy/Black jogging bottoms



Important Dates

Class Assembly Dates

Year 3 Friday 14th February 2025 @ 9.15

Year 2 Friday 21st March 2025 @ 9.15

Year 1 Friday 4th April 2025 @ 9.15

Year EYFS Friday 23rd May 2025 @ 9.15



Important Dates

Dates for your Diary

For all events and any changes click below:

[Weston Mill Community Primary Academy - Calendar](#)



Important Dates

Space Day!

Thursday 13th February



Brahms & Mozart class are having a space themed WOW day.

As part of this, the children can come to school dressed as anything linked to space. There will be lots of space themed activities and we will be tasting real space food!

Important Dates



WE NEED YOUR HELP

Careers Day

Weston Mill
Community Primary Academy

On Friday 7th March, we are holding a Careers Day! This is about raising children's aspirations for their futures and learning about a wide variety of jobs.

We are looking for a variety of visitors to come in and talk to the children all about their careers and occupations! If you, or anyone you know, are able to help, please follow the link to complete the form and we will get back to you with more details. <https://forms.office.com/e/CsDHj0YHTs>

Thank you!



<https://forms.office.com/e/CsDHj0YHTs>

Important Dates



We will be celebrating World Book Day on Thursday 6th March 2025.

We would like to invite children to come dressed as their favourite book character. Alternatively, children may wear comfy mufti clothes.

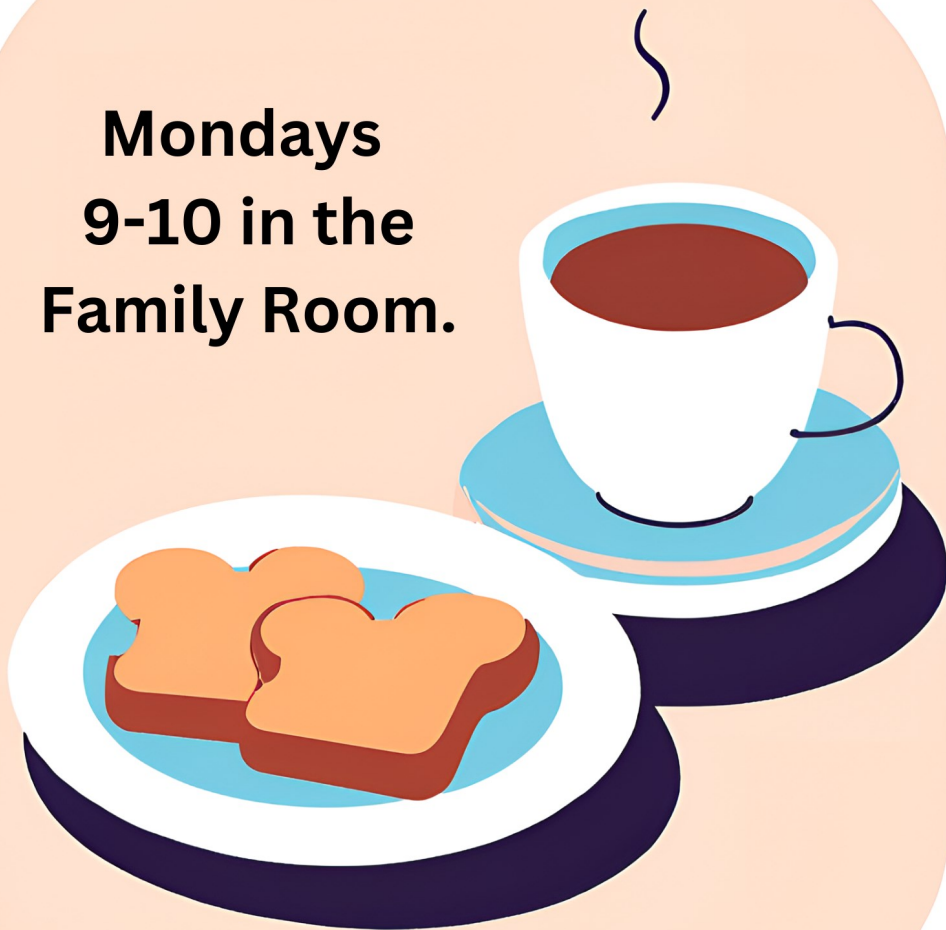
Our school Reading Champions have suggested that each child could donate an amount (perhaps 50p). These donations will be used for each class to purchase a few new books for the class library. The books will be chosen by a vote in each class.

Thank you for your kind support.

Important Dates

Tea, Toast and Talk

**Mondays
9-10 in the
Family Room.**



**just pop in for a quick chat and
a cuppa**

Email Addresses to Remember

Email Addresses to Remember

Nursery	j.bulley@discoverymat.co.uk
Reception	n.gray@discoverymat.co.uk
Year 1	j.gooding@discoverymat.co.uk
Year 1	l.field@discoverymat.co.uk
Year 2	k.kombostiotis@discoverymat.co.uk
Year 3	j.tumilty@discoverymat.co.uk
Year 4	j.butson@discoverymat.co.uk
Year 4	s.mann@discoverymat.co.uk
Year 5	a.hewlett@discoverymat.co.uk
Year 6	l.wallace@discoverymat.co.uk

Family Support Team

			
Mr Steve Mann Assistant Head of School Deputy Designated Lead for Safeguarding Safeguarding Behaviour Attendance Family Support	Mrs Zoe Lavers Family Support worker First Contact to Signpost Parents Foodbank Courses for parents/Carers Services Families Community Support School Life Parents Questions & Answers Local Issues Coffee mornings Under 5 Group	Mrs Becca Gleed Head of School Designated Lead for Safeguarding Education and Curriculum PTFA Contact Family Support	Mrs Laura Harris INCO SEND Support SEND and Behaviour Support for Parents School Nurse Referrals DLA Applications GP Letters

Lunch Menu

Please note week 3 Friday will be fishfingers instead of fishcakes.

Hot paninis will be available Mondays, Wednesdays and Fridays.

Cheese or Ham.



Lunch Menu










WEEK 1

W/C - MONDAY: 4TH NOV, 25TH NOV, 16TH DEC, 13TH JAN, 3RD FEB, 3RD MAR, 24TH MAR

WINTER WARMER HOT PANINI OR PASTA

Choose from Ham & Tomato or Cheese & Tomato, served with tortilla chips and vegetables. Or a Homemade tomato sauce with pasta.

MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>CHOICE 1 - H, W, V Margherita pizza with potato wedges</p> <p>Allergens: (Glu), (Wh), (So), (Mi), m/c (E)</p>	<p>CHOICE 2 - H, W Chicken curry with rice</p> <p>Allergens: (Su)</p>	<p> All day breakfast - choose from meat or climate friendly option</p>	<p>CHOICE 1 - H Roast chicken, Yorkshire pudding, gravy and roast potatoes</p> <p>Allergens: (Glu), (Wh), (Mi), (E)</p>	<p>CHOICE 1 - H Homemade breaded haddock fillet served with fresh chips</p> <p>Allergens: (Glu), (Wh), (E), (Mi)</p>
<p> CHOICE 2 - H, W, V, VE Katerveg meatballs served with homemade tomato sauce & pasta</p> <p>Allergens: (Glu), (Wh), (So)</p>	<p> CHOICE 2 - H, V, VE Chickpea & sweetcorn burger served in a bun with potato wedges</p> <p>Allergens: (Glu), (Wh), (Mi), (So)</p>	<p>Meat Option Allergens: (Glu), (Wh), (E), (Mi)</p> <p>Climate Friendly Allergens: (Glu), (Wh)</p>	<p>CHOICE 2 - H, V Golden pastry topped vegetable pie, gravy & roast potato</p> <p>Allergens: (Glu), (Wh), (Mi), (Ce)</p>	<p>CHOICE 3 - H, V Tangy cheese, quinoa & vegetable muffin served with fresh chips</p> <p>Allergens: (Glu), (Wh), (E), (Mi)</p>
SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW				
<p> DESSERT - V, VE Fruit Salad</p>	<p>DESSERT - H, W, V Butternut and date cake</p> <p>Allergens: (Wh), (E)</p>	<p> DESSERT - H, V, VE Cornish fairing biscuits and fruit slices</p> <p>Allergens: (Glu), (Mi), (E)</p>	<p> DESSERT - H, V, VE Fruit platter or Yoghurt</p> <p>Allergens: (Su), (Mi)</p>	<p> DESSERT - H, W, V, VE Fruity cornflake tart with custard</p> <p>Allergens: (Wh), (Bar)</p>

AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT 

Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.

H = HOME-MADE IN THE KITCHEN, W = WHOLE WHEAT INGREDIENTS, VE = VEGAN DIET, V = VEGETARIAN

Allergen Key: Gluten (Glu), Barley (Bar), Wheat (Wh), Oats (O), Rye (R), Soya (So), Sunflower (Su), Sesame (Se), Peanut (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (N), Egg (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c May Contain

 = Climate Friendly

DID YOU KNOW
You can have mixed or brown rice instead of potatoes!



Lunch Menu



WEEK 2

WINTER WARMER HOT PANINI OR PASTA

Choose from Ham & Tomato or Cheese & Tomato, served with tortilla chips and vegetables. Or a Homemade tomato sauce with pasta.

W/C - MONDAY: 11TH NOV, 2ND DEC, 30TH DEC, 20TH JAN, 17TH FEB, 10TH MAR, 31ST MAR

MONDAY	MEAT FREE TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE 1 - H, W Baked bean and sausage pasta bake Allergens: (Glu), (Wh)	CHOICE 1 - H, V, VE Katerveg mince chilli and rice Allergens: (So)	CHOICE 1 - H Chicken chow mein Allergens: (Glu), (Wh), (Se), (So)	CHOICE 1 - H Roast beef, Yorkshire pudding, gravy and roast potatoes Allergens: (Glu), (Wh), (Mi), (E)	CHOICE 1 Fish fingers served with fresh chips Allergens: (Glu), (Wh), (F)
CHOICE 2 - V, VE Quorn dippers with seasoned potato wedges Allergens: (Glu), (Wh)	CHOICE 2 - H, V Tasty cheese wheels with herby diced potato Allergens: (Glu), (Wh), (Mi), (Mu)	CHOICE 2 - H, V, VE Vegetable sausage, mash and gravy Allergens: (Glu), (Wh), (Ce)	CHOICE 2 - H, V, VE Roast Quorn fillet, gravy and roast potatoes Allergens: (Glu), (Wh), (Bar)	CHOICE 2 - H, W, V Homemade cheese and tomato quiche served with fresh chips Allergens: (Glu), (Wh), (E), (Mi)
SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW				
DESSERT - V, VE Fruit Salad	DESSERT - H, V, VE Fruity flapjack Allergens: (Glu), (O) m/c (Wh), (Bar)	DESSERT - H, W, V Westcountry root cake Allergens: (Glu), (Wh), (E) m/c (Mi), (Bar)	DESSERT - H, V, VE Fruit Platter Allergens: (Glu), (O), M/C: (Wh), (Bar)	DESSERT - H, V Zesty cake with custard Allergens: (Glu), (Wh), (E), (Su), (Mi) m/c (Bar)

AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT

Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.

H = HOME-MADE IN THE KITCHEN, W = WHOLE WHEAT INGREDIENTS, VE = VEGAN DSH, V = VEGETARIAN.

Allergen Key: Gluten (Glu), Barley (Bar), Wheat (Wh), Oats (O), Rye (R), Soya (So), Sulphites (Su), Sesame (Se), Peanuts (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (N), Eggs (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c: May Contain

= Climate Friendly

DID YOU KNOW?
You can have mixed or brown rice instead of potatoes!

Tilda



Lunch Menu



WEEK 3

WINTER WARMER HOT PANINI OR PASTA

Choose from Ham & Tomato or Cheese & Tomato, served with tortilla chips and vegetables. Or @ Homemade tomato sauce with pasta.

W/C - MONDAY: 18TH NOV, 9TH DEC, 6TH JAN, 27TH JAN, 24TH FEB 17TH MAR

MONDAY	TUESDAY	MEAT FREE WEDNESDAY	THURSDAY	FRIDAY
<p>CHOICE 1 - H, W Beef cobbler served with mash and gravy Allergens: (Glu), (Wh), m/c (Mi), (Bar)</p>	<p>CHOICE 1 - H Chicken paella</p>	<p>CHOICE 1 - H, V, VE Tasty Katereveg bolognaise with garlic bread & pasta Allergens: (Glu), (Wh), (So), m/c (Se)</p>	<p>CHOICE 1 - H Roast gammon loin, Yorkshire Pudding, gravy & roast potatoes Allergens: (Glu), (Wh), (E)</p>	<p>CHOICE 1 - H Homemade fish cakes served with fresh chips Allergens: (Glu), (Wh), (F), (E)</p>
<p>CHOICE 2 - H, V Crispy samosa with rice Allergens: (Glu), (Wh), (E)</p>	<p>CHOICE 2 - V, VE Quorn nuggets with diced potato Allergens: (Glu), (Wh)</p>	<p>CHOICE 1 - H, V Creamy macaroni cheese with garlic bread Allergens: (Glu), (Wh), (Mi), (Mu), m/c (Se)</p>	<p>CHOICE 2 - H, V, VE Golden crisp topped shepherds pie, gravy & roast potatoes Allergens: m/c (Glu), (Wh), (Bar)</p>	<p>CHOICE 2 - V, VE Quorn fingers served with fresh chips Allergens: (Glu), (Wh)</p>
SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW				
<p>DESSERT - V VE Fruit salad</p>	<p>DESSERT - H, V Orange honey cake Allergens: (Glu), (Wh), (Mi), (E)</p>	<p>DESSERT - H, V, VE Custard biscuits with fruit slices Allergens: (Glu), (Wh)</p>	<p>DESSERT - H, V, VE Fruit Platter Allergens: (So)</p>	<p>DESSERT - H, W, V, VE Chocolate cake with chocolate sauce Allergens: (Glu), (Wh), (E), (Mi), m/c (Bar)</p>

AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT

Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.

H = HOME-MADE IN THE KITCHEN, W = WHOLE WHEAT INGREDIENTS, VE = VEGAN DISH, V = VEGETARIAN.

Allergen Key: Gluten (Glu), Barley (Bar), Wheat (Wh), Dairy (D), Egg (E), Soy (So), Sulphites (Su), Sesame (Se), Peanuts (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (N), Eggs (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c: May Contain



DID YOU KNOW
You can have mixed or brown rice instead of potatoes!
Tilda



Lunch Menu

ED'S SPECIAL EVENTS



NOVEMBER **BONFIRE NIGHT** (TUESDAY 5TH NOVEMBER)

Hotdogs with seasoned wedges, Warming chilli and rice, Jacket potatoes with bonfire beans and cheese, Toffee apple cake and custard



DECEMBER **CHRISTMAS LUNCH** (SEE YOUR SCHOOL FOR DATE)

See your schools poster for the full Christmas menu and date



JANUARY **SIX NATIONS** (FRIDAY 31ST JANUARY)

Fish fillet and chips or pasta, Cheese and leek plait, served with French green beans and carrots, Melting moments



FEBRUARY **TEDDY BEAR DAY** (MONDAY 10TH FEBRUARY)

Winnie the Pooh honey chicken with seasoned wedges and coleslaw, Kung Fu Panda stir fried noodles with veg, Paddington Bear marmalade cake



MARCH **INTER. SCHOOL MEAL DAY** (THURSDAY 13TH MARCH)

Roast beef and Yorkshire pudding, Italian Frittata, Lamington tray bake, Salad bar includes Swedish beetroot and apple salad



STAY UP TO DATE:



facebook.com/plymouthcatered



[@cateredplymouth](https://twitter.com/cateredplymouth)



[@cateredplymouth](https://www.instagram.com/cateredplymouth)



[@cateredplymouth](https://www.tiktok.com/@cateredplymouth)

Head Lice

Dear Parents

RE: HEAD LICE

Following a few cases of head lice at school, please use the information on this sheet when you look through your child's hair.

FOR THE FOLLOWING TREATMENT OF HEAD LICE WE ADVISE THE FOLLOWING: -

IT IS MUCH EASIER TO CHECK FOR HEAD LICE IF YOU HAVE WET HAIR.

Wash your child's hair and rinse.

Put conditioner on the hair and comb through (roots to ends) with a head lice comb. Rinse off conditioner as normal.

If you find head lice, please repeat this every day for ten days. You should then get rid of all the lice.

Please repeat for each member of the family, if you find head lice.

If you have big problems please visit your GP surgery, where they may prescribe lotion to treat.

PLEASE NOTE THAT EGGS NEED TO BE TAKEN OUT ONE AT A TIME. COMBS OR LOTION DO NOT GET RID OF THEM BECAUSE THEY ARE GLUED TO THE HAIR.

Please see the NHS advice below for further information.

[Head lice and nits - NHS](#)

Nasal Flu Vaccination

Any parents who missed the consenting process and still wish their child to have the flu vaccine, please ask call 01392 342 678 and a consent form can be completed over the phone and you will be assisted with booking into one of our community clinics to have the vaccination done.

Anyone who has already completed a consent form and their child did not get the vaccine for any reason will automatically receive and email inviting them book into a community clinic.



NHS

flu: 5 reasons to vaccinate your child

- 1. Protect your child**
The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia
- 2. Protect you, your family and friends**
Vaccinating your child will help protect more vulnerable friends and family
- 3. No injection needed**
The nasal spray is painless and easy to have
- 4. It's better than having flu**
The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record
- 5. Avoid costs**
If your child gets flu, you may have to take time off work or arrange alternative childcare

For more information visit
www.nhs.uk/child-flu

Flu  **mmunisation**
Helping to protect children, every winter

© Crown copyright 2021. Product code: 28612151. Public Health England gateway number: 2021108. If you want to order more copies of this poster, please visit: healthpublications.gov.uk/Home/Item/141/1240.