

Chief Executive Officer: Mrs Alison Nettleship
Head of School: Mrs Kathryn Catherwood
Acting Assistant Head of School: Mrs Tania Hawker



Weston Mill Community Primary Academy
Ferndale Road
Camel's Head
Plymouth
PL2 2EL

01752 365250
Westonmill.desk@discoverymat.co.uk

Newsletter 16th June 2023

We have had another fantastic week this week. We were extremely lucky on Wednesday afternoon to have a visit from an Olympian, Rich Parker. The children took part in a series of activities that promoted exercise and healthy education. The children were also able to ask questions about what it was like to be a professional athlete. We will add photographs to our Facebook page this afternoon to share this event with you.

We are very much looking forward to our Sport's Day event next Thursday as part of our school Sport's Week. On Monday, more information will be sent home with your child to support with the organisation of this event. A copy of this letter will also be sent via ParentPay to ensure that everyone receives a copy. If you have any questions about this event, please speak to your child's class teacher or Mrs Powney in the school office.

As part of our PSHE curriculum, on Monday, we will be celebrating LGBTQ+ and diversity Pride as a school. Everyone is invited to wear colourful, or rainbow mufti and no donations are required. As a school we will discuss LGBTQ+ inclusion and equality as part of our whole-school assembly as part of our PSHE curriculum.

We hope you have a lovely weekend

Have a great weekend.

Mrs Catherwood



Athlete Visit

A big WOW! to Oscar who raised £72 and Amelia who raised £95 through sponsorship.

And an enormous THANK YOU to everyone else who also raised money for this event.

The school will benefit with new PE equipment.

Sponsorship money for the ATHLETE VISIT will need to be returned no later than 7 days after the event. So please bring any sponsor money or online payments by Tuesday 20th

June. THANK YOU SO MUCH FOR YOUR SUPPORT WITH THIS. YOUR ENTHUSIASM HAS BEEN AMAZING!



START OF THE SCHOOL DAY & ATTENDANCE

Our school gate leading to the playground will remain open until 9:10am every morning.

Please use this entrance only when bringing your child to school.

Reception entrance via the staff car park must not be used before this time. You will be asked to walk around, unless there has been an arrangement made with Mrs Catherwood or Mrs Powney.

In the unusual event of your child arriving extremely late for school, after 9:10am (gates closed), the reception entrance should be used to ensure that your child is registered and their lunch choice has been taken.

Please be aware that crossing patrol is available for children arriving to school between 8:30 and 9am each morning. There will be no crossing patrol after 9am each morning.

Important reminder: the school register is taken at 08:55am!

BEING LATE AFFECTS YOUR CHILD'S ATTENDANCE

Children arriving after this time will be registered late, which has an enormous impact on attendance figures.

After 9.10am it is recorded as an **unauthorized** absence. By law we are required to register in this way.

On average around 10% of our children are registered late everyday!

If your child is unwell please phone the school before 08.55am **every day** that they are unwell.

Let's work on improving our attendance together!

If you need support with this, please let us know.

Weekly attendance for 12th June– 16th June

The UK Government expectation is **96%**. We are striving for children to achieve this as there is a direct link between attendance and achievement .

This week, our whole school attendance is **91%**

This week's winners are : **CAPE TOWN Class** and
SAN FRANCISCO Class



LONDON	92.3%
NAIROBI	90%
MOMBASA	88.5%
CAPE TOWN	94.8%

SAN FRANCISCO	93%
TOKYO	82.9%
SANTIAGO	91.4%
CANBERRA	90.4%
DUBAI	88.9%
OSLO	90%



Oak Villa Car Park

Following an incident, please ensure any parents using the Oak Villa Car Park take care when driving and parking, and hold your child's hand, if appropriate, when walking through the car park. This is to ensure that all children remain safe whilst arriving and leaving school each day. We appreciate your continued support with this to support our school community.

Communication and Reminders



We use **ParentPay** as our main method to communicate **important messages**, send weekly newsletters, book breakfast and after school club, payments for school dinners, clubs, educational visits (including residential) and discos.

A GREAT BIG CONGRATULATIONS! WE ONLY HAVE SIX PARENTS WHO NEED TO ACTIVATE THEIR PARENTPY ACCOUNT

Please continue to sign into your ParentPay account when personal details require updating.

We ask that you ensure a mobile number and email address has been added to your account, so all future information is received.

IT IS IMPORTANT THAT YOUR DETAILS ARE ALWAYS KEPT UP TO DATE!

You may already have an account but we would like to highlight the importance of adding all your children.

If a message is sent for a specific child, in a specific class and you have not added that child, you will not receive those messages.

If you need support with adding children or activating an account for the first time, please ask Mrs Powney or Mrs Searle.

A NUMBER OF PARENTPAY ACCOUNTS ARE IN DEBT FOR LUNCHES, AFTER SCHOOL CLUB AND BREAKFAST CLUB. PLEASE CHECK YOUR ACCOUNTS AND ENSURE ALL PAYMENTS ARE UP TO DATE. WE WILL ENDEAVOUR TO SEND REGULAR REMINDER EMAILS TO THOSE WHO ARE STILL IN DEBT. TO HELP PREVENT DEBT MOUNTING.

FOLLOW THE LINK BELOW FOR OUR SCHOOL MEALS DEBT POLIICY.

[Weston Mill Community Primary Academy - Important Policies](#)



Medication In School.

As we are fast approaching the end of term, we would like to remind you that all medication will be returned home at the end of term.

If you are expecting medication to return and do not receive it please see Mrs Powney in September.

We have a number of unlabeled asthma inhalers which, unfortunately, we will need to dispose of as we cannot identify their owner.

At the start of the new academic year if your child has asthma, please check your details are up to date on their file held at school and an inhaler is in school.

**IT MUST BE BOXED, WITH A PRESCRIPTION LABEL AND INSTRUCTIONS,
FRESH CONSENT WILL ALSO NEED TO BE COMPLETED AT RECEPTION.**

This will also apply to all other medications.



SUPPORTING CHILDREN WITH MEDICAL CONDITIONS POLICY

Approved and signed by the Board of Trustees

26.09.22

Renewal Date: May 2024

Managing medicines on school premises and record keeping

At Discovery Multi Academy Trust the following procedures are to be followed:

- Medicines should only be administered at school or nursery when it would be detrimental to a child's health or school attendance not to do so;
- No child under 16 should be given prescription medicines without their parents written consent (see template B) - except in exceptional circumstances where the medicine has been prescribed to the child without the knowledge of the parents. In such cases, every effort should be made to encourage the child or young person to involve their parents while respecting their right to confidentiality;
- It is trust policy to **not** administer non-prescription medication on school premises
- Where clinically possible, medicines should be prescribed in dose frequencies which enable them to be taken outside school hours;
- The trust academies and nursery will only accept prescribed medicines, with written permission from parent/carer that are in-date, labelled, provided in the original container as dispensed by the pharmacist and include instructions for administration, dosage and storage. The exception to this is insulin which must be in-date, but will generally be available to schools inside an insulin pen or a pump, rather than its original container;
- All medicines will be stored safely in a locked first aid cupboard/fridge. Children should know where their medicines are at all times. Where relevant, they should know who holds the key to the storage facility.
- Medicines and devices such as asthma inhalers, blood glucose testing meters and adrenaline pens should be always readily available state where and not locked away. Asthma inhalers should be marked with the child's name.
- During trips the first aid trained member of staff will carry all medical devices and medicines required;
- We will keep all controlled drugs that have been prescribed for a pupil securely stored in a non-portable container and only named staff will have access. Controlled drugs should be easily accessible in an emergency. A record should be kept of any doses used and the amount of the controlled drug held in the school;
- Staff administering medicines should do so in accordance with the prescriber's instructions. The trust's academies and nursery will keep a record (see template C and D) of all medicines administered to individual children, stating what, how and how much was administered, when and by whom. Any side effects of the medication to be administered at school should be noted. Written records are kept of all medicines administered to children. These records offer protection to staff and children and provide evidence that agreed procedures have been followed;



UK Health
Security
Agency



A practical
guide
for staff

Managing cases of infectious diseases in all education and childcare settings

The online guide offers information and resources for the following:

Introduction to infection control in all education and childcare settings

Prevention and control

Outbreak management

Immunisation

Staff health, pet and animal contact

Cleaning the environment

Managing specific infections

Exclusion table

Diarrhoea and vomiting outbreak action list



Advice and guidance

To find out more, visit www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities or bit.ly/2xiJpPZ.





UK Health
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Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

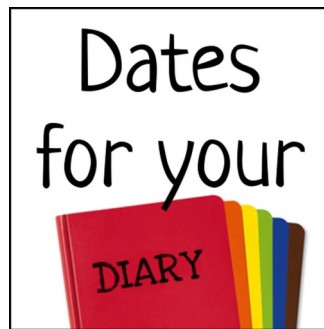
but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.



June

19th June LGBTQ+ and diversity Pride Day-Non-Uniform wear colourful or rainbow clothes.

20th June-London Parent's Meeting (3:15pm – 5:15pm)

22nd June Sports Day

23rd June Non Puoil Day –School Closed to Children.

26th June Year 6 London Trip

29th June-Dubai Class Reading Session @ 2:15pm

29th June-Mombasa Class Assembly @ 2:30pm



July

3rd July Year 1/2 Dartmoor Zoo Trip

4th July NEW Reception Intake 2023-Settling in Session 9.30am-11.00am

5th July London & Plymouth Beach Trip

7th July-London Class Assembly @ 9.30am-10.00am

10th & 11th July Year3/4 Hoe Trip

11th July Rock Steady Summer Concert

12th July NEW Reception Intake 2023-Settling in Session 9.30am-11.00am

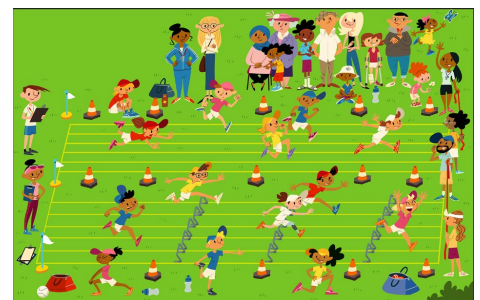
13th July-Oslo Class Reading Session @ 2:15pm

14th July-Summer Fayre 3pm-5pm

19th July London./Plymouth Come & Play 2pm-3pm

20th^t July-Year 6 Leavers' Disco 5pm-7pm

25th July – Last Day of Summer Term



IMPORTANT CHANGE

SANDWICHES CAN ONLY BE ORDERED ON TUESDAY & THURSDAY SUMMER MENU

WEEK 01 WEEK BEGINNING: 17 th APRIL • 8 th MAY • 5 th JUNE • 26 th JUNE 17 th JULY • 11 th SEPTEMBER • 2 nd OCTOBER		WEEK 02 WEEK BEGINNING: 24 th APRIL • 15 th MAY • 12 th JUNE • 3 rd JULY 24 th JULY • 18 th SEPTEMBER • 9 th OCTOBER		WEEK 03 WEEK BEGINNING: 1 st MAY • 22 nd MAY • 19 th JUNE • 10 th JULY 4 th SEPTEMBER • 25 th SEPTEMBER • 16 th OCTOBER	
CHOICE 1	CHOICE 2	CHOICE 1	CHOICE 2	CHOICE 1	CHOICE 2
MONDAY Jerk chicken with rice and peas H/V PUDDING: Fruit salad, yoghurt V/Vt and fresh fruit	MONDAY Vegan balls with pasta H/V PUDDING: Real fruit ice lolly, yoghurt and fresh fruit V	MONDAY Spanish chicken served with new potatoes H PUDDING: Real fruit ice lolly, yoghurt and fresh fruit V	MONDAY Vegan nuggets with pasta H/V/Vt PUDDING: Yoghurt and fresh fruit V	MONDAY Sausage roll with seasoned diced potatoes H PUDDING: Yoghurt and fresh fruit V	MONDAY Mexican bean quesadilla with rice H/V PUDDING: Yoghurt and fresh fruit V
TUESDAY Macaroni cheese with garlic bread H PUDDING: Strawberry dessert whip H/V, yoghurt and fresh fruit	TUESDAY Courgette burger in a brioche bun H/V PUDDING: Strawberry dessert whip H/V, yoghurt and fresh fruit	TUESDAY Cheese wheels served with seasoned diced potatoes H/V PUDDING: Yoghurt and fresh fruit V	TUESDAY Vegetable Korma with rice and naan H/V/Vt PUDDING: Yoghurt and fresh fruit V	TUESDAY Homecooked ham and pineapple pizza with wedges H/V PUDDING: Fruity rocky road H/V, yoghurt and fresh fruit	TUESDAY Vegetable and tofu Chow mein H/V/Vt PUDDING: Fruity rocky road H/V, yoghurt and fresh fruit
WEDNESDAY All day breakfast H PUDDING: Custard biscuit and fruit H/Vt, yoghurt and fresh fruit	WEDNESDAY Vegan all day breakfast H/V/Vt PUDDING: Custard biscuit and fruit H/Vt, yoghurt and fresh fruit	WEDNESDAY Crispy Piri Piri chicken burger in a brioche bun with herb wedge H PUDDING: Fruity flapjack H/Vt, yoghurt and fresh fruit	WEDNESDAY Vegetable fritatta served with garlic bread H/V PUDDING: Fruity flapjack H/Vt, yoghurt and fresh fruit	WEDNESDAY Spaghetti and meatballs H/V PUDDING: Fruit salad V/Vt, yoghurt and fresh fruit	WEDNESDAY Vegan chilli and rice H/V/Vt PUDDING: Fruit salad V/Vt, yoghurt and fresh fruit
THURSDAY Roast chicken with Yorkshire pudding, roast potatoes H PUDDING: Yoghurt and fresh fruit V	THURSDAY Butternut squash parcel served with roast potatoes, gravy H/V/Vt PUDDING: Yoghurt and fresh fruit V	THURSDAY Roast gammon, roast potatoes, gravy H PUDDING: Fruit salad V/Vt, yoghurt and fresh fruit	THURSDAY Vegetable sausage served with roast potatoes, gravy V/Vt PUDDING: Fruit salad V/Vt, yoghurt and fresh fruit	THURSDAY Roast chicken with Yorkshire pudding, roast potatoes, gravy H PUDDING: Jam and coconut sponge H/Vt, yoghurt and fresh fruit	THURSDAY Broccoli and potato cheese bake with roast potatoes, gravy H/V PUDDING: Jam and coconut sponge H/Vt, yoghurt and fresh fruit
FRIDAY Fish fingers and fresh chips H/V PUDDING: Vegan orange cake H/Vt, yoghurt and fresh fruit	FRIDAY Baked vegetable omelette with fresh chips H/V PUDDING: Vegan orange cake H/Vt, yoghurt and fresh fruit	FRIDAY Fish croquettes and fresh chips H/V PUDDING: Vegan chocolate brownie H/Vt, yoghurt and fresh fruit	FRIDAY Cheese and tomato pizza with fresh chips H/V PUDDING: Vegan chocolate brownie H/Vt, yoghurt and fresh fruit	FRIDAY Oven baked battered pollock fillet and fresh chips H/V PUDDING: Fruit and jelly H/Vt, yoghurt and fresh fruit	FRIDAY Cheese and tomato quiche with fresh chips H/V PUDDING: Fruit and jelly H/Vt, yoghurt and fresh fruit



Weston Mill Nursery Lunch Menu

Week A (17th April, 8th May, 5th June, 26th June, 17th July, 11th September, 2nd October)

Monday	Tuesday	Wednesday	Thursday	Friday
Jerk chicken with rice and peas H/V Fruit salad, yogurt	Macaroni cheese with garlic bread H Strawberry desert whip	All day breakfast H Custard biscuit and fruit	Roast chicken with Yorkshire pudding, roast potatoes H Yoghurt and fresh fruit	Fish fingers and fresh chips H/V Vegan orange cake

Week B (24th April, 15th May, 21st June, 3rd July, 24th July, 18th September, 9th October)

Monday	Tuesday	Wednesday	Thursday	Friday
Spanish chicken served with new potatoes H Real fruit ice lolly	Cheese wheels served with seasoned diced potatoes H/V Yoghurt and fresh fruit	Crispy Piri Piri chicken burger in a brioche bun with herb wedge H Fruity flapjack	Roast gammon, roast potatoes, gravy H Fruit salad	Fish croquettes and fresh chips H/V Vegan chocolate brownie

Week C (1st May, 22nd May, 19th June, 10th July, 4th September, 25th September, 16th October)

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage roll with seasoned diced potatoes H Yoghurt and fresh fruit	Homecooked ham and pineapple pizza with wedges H/V Fruity rocky road	Spaghetti and meatballs H/V Fruit salad	Roast chicken with Yorkshire pudding, roast potatoes, gravy H Jam and coconut sponge	Oven baked battered pollock fillet and fresh chips H/V Fruit and jelly



School Uniform.

Over the last few weeks we have noticed children coming to school wearing the incorrect uniform. As part of our home-school agreement, we ask that our children come to school dressed in their school uniform and with the correct PE kit. Your child's class teacher will have notified you of PE days, but we recommend having a PE kit in school each day. Please see details of the our school uniform below.

School uniform at Weston Mill is as follows:

Navy jumper or sweatshirt

White or light blue shirt or polo shirt

Grey trousers or skirt

Black school shoes



Compulsory Uniform Items

Navy school jumper or cardigan (with or without the school logo)



White or blue polo shirt (with or without the school logo)



Trousers or shorts, or skirt (mid gray)



PE kit:

White t-shirt

Plain Black/Navy shorts or jogging bottoms

Trainers



LINK FOR OUR SCHOOL UNIFORM POLICY

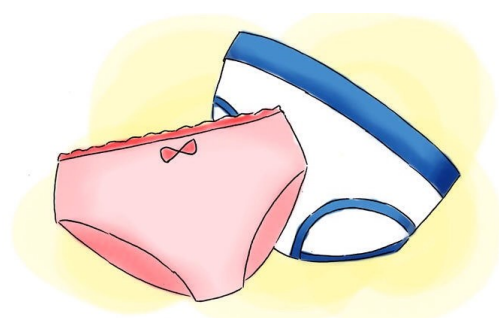
[Weston Mill Community Primary Academy - Important Policies](#)

Spare Underwear Appeal

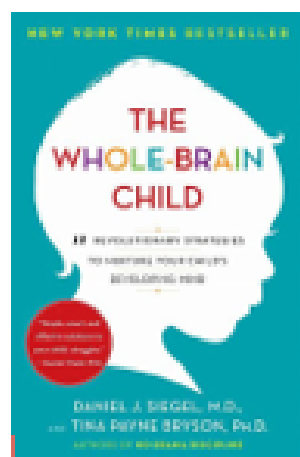
Please could we make an appeal for clean pants , socks, tights and vests for those little accidents for children of all ages.

If your child has needed any spare clothes please ensure they are washed and returned.

**A GREAT
THANK**



**BIG
YOU!**



Some of the teachers across have been reading this book and are keen to share some of the strategies with you. These are things that we will be using in our classrooms and HUTs but also things that the group have used to support their own children and families at home. If you would like further information or ideas to support your child's behaviour please contact your schools Family Support Worker.

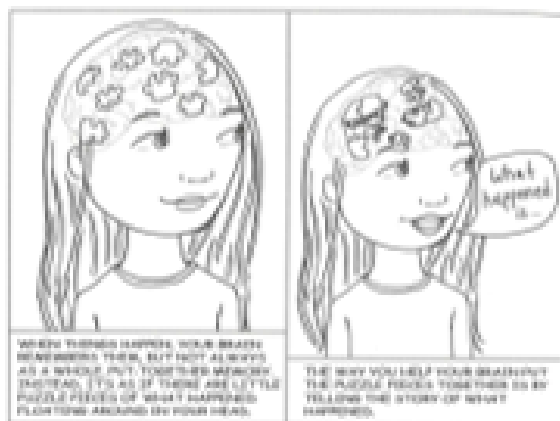
Beechwood – L.armstrong@discoverymat.co.uk

Oakwood- m.horne@discoverymat.co.uk

Weston Mill – m.antell@discoverymat.co.uk

WHOLE-BRAINKIDS: Teach Your Kids About Making Their Deeper Memories (Again)

PUTTING PUZZLE PIECES OF MEMORY TOGETHER



FOR EXAMPLE





The following link provides ideas for mark making, art, and early writing activities. Before letter, numbers or pictures come simple marks. Mark-making is a great start to writing and art. Marks are how children learn to express themselves and portray the world around them. So, get mark making and have some fun along the way. Use hands, fingers and feet. Squishing dough, swirling colours together – there are lots of ways to experiment with marks.

[Make-a-mark,-make-a-start.pdf \(pacey.org.uk\)](https://www.pacey.org.uk/partners/school-ready/preparation/Make-a-mark,-make-a-start.pdf)

PACEY is the Professional Association for Childcare and Early Years. Formed in 1977. PACEY is a charity dedicated to supporting everyone involved in childcare and early years to provide high quality services, information and advice to children, their families and carers. Further information regarding school readiness can be found here:

<https://www.pacey.org.uk/partners/school-ready/preparation/>

School Readiness messages for parents/carers

Here are two more activities to play with your child to further develop his/her listening skills:

Memory Games

Play games such as 'I Spy' or 'I Went to the Shops, and I Bought...' to boost memory as well as listening skills.

Simon Says

Play 'Simon Says'—try replacing 'Simon' with your child's favourite toy or character

School Ready - PACEY

Follow the link below for information to signpost your parents/carers to as they support their children to be School Ready:

<https://www.pacey.org.uk/partners/school-ready/preparation/>



Summerhouse Services

'Supporting Brighter Futures'

Practitioner Training One Day Workshop

'The Language Of Listening'

Student-Centred, Close Listening Approaches For Supporting Children & Young People's Mental Health, Resilience & Learning

Friday 7th July

10.00 - 3.30

**Cost Of Living Special Offer - Full Workshop Version
FREE ! (Usually £75)**

Max Group Number 12 . First Come First Serve. Max 3 Places Per Agency.

General Refreshments Included But Not Lunch For Discounted Offers

Venue - Saltash Social Club . The Mansion . Fore Street . Saltash . Cornwall PL12 6JL

Listening 'actively', with empathy, compassion and clear boundaries has been proven to be one of the most powerful, safe and effective ways of .. supporting personal mental health and wellbeing .. de-escalating and diffusing intense emotions including anxiety, panic, anger and the urge to self harm in different ways, **together with suicidal thoughts and feelings**. Effective and 'close' listening also builds self worth, self image and confidence .. improves memory, retention and concentration .. facilitates problem solving .. promotes healthy relationships (and is key to creating a motivational learning environment, as prescribed by the DFES and within all Safeguarding, SEND and Behaviour Management Policies). **It is also the key approach that is used by the Samaritans.**

We all like to think we are naturally 'good listeners'; however, unless we have had some training and observed practice and feedback in the techniques and principles of 'active listening' and an awareness of the need to listen 'with your whole self', there is always lots of room for improvement !

The art of active listening is a 'job for life' and this preventative, supportive, practical and enjoyable workshop will help you get on the road and begin the process of equipping you with straightforward, powerful skills with which to develop your listening confidence and holistically, safely and effectively facilitate a supportive world for all children and young people's mental wellbeing, resilience and learning.

This workshop has been designed in response to identified need and consultation with young people, practitioners, parents and carers and offers the opportunity to address areas that fall within the Healthy School, Safeguarding, SEND, Thrive, Restorative Practice and Whole School Approaches.

Outcomes

- Identify the Stage 1 Active Listening Skills & how to apply them to a supportive listening intervention.
- Explore the differences between offering counselling and a supportive approach and identify the risks of confusing the two.
- Define personal and professional boundaries and clarify their relationship to safe and effective working with children and young people
- Undergo observed practice in the Stage 1 Active Listening Skills and receive constructive feedback from fellow learners and the tutor.
- Understand the benefits of adapting the language of active listening to offer an 'orbital' approach to empathically helping young people.
- Employ the three 'core conditions' of the person-centred approach to facilitate a symbiotic (mutually beneficial for pupil and practitioner) student-centred learning environment.
- Understand and practice the principles of the simple, 3 step Egan's Skilled Helper model and how to utilize them as a toolkit when supporting children and young people with learning, mental health and resilience needs.
- Intuit the power of active listening from a life preservation (suicide prevention) perspective.
- Identify avenues for further training and support for Practitioners, Parents, Carers and young People.

Company Number 13427929

First come first serve (Max. 12) on this offer !

Please email penny.logsdaile@summerhouseservices.org for Bookings. We do not take phone or online bookings for these offers.

'The Language Of Listening' - Student-Centred, Close Listening Approaches For Supporting Children & Young People's Mental Health, Resilience & Learning - Friday 7th July - FREE OFFER - Usually £75pp - Saltash Social Club - 10.00 - 3.30



Summerhouse Services

'Supporting Brighter Futures'



Safe Spaces For Young People's Mental Health

We are a small, Plymouth-based, holistic, not-for-profit organisation promoting mental health, resilience and free thinking for children, young people and those adults that inhabit their world. We provide a range of human-centred, outcome-led, orbital and unique training and support services.

We have in person and virtual offers for all services, for which we have a nationwide remit.

While we are only just over a 18 months old as an organisation, the work and unique approach we use has been in the making and continually shaped in response to need for over 20 years in the voluntary sector by Founder and Director Penny.

Our creative, engaging, enjoyable and supportive offers are easy access, friendly and professional and never use power point, even for our virtual training ! The focus instead is on lively interaction, enjoy as you learn and participation to own level of comfort.

ALL offers are generic and for EVERYONE and we never target audiences with specific issues, as our services are both preventative and supportive in nature and importantly, NONE of our offers are therapy or counselling, although ALL the spaces we create facilitate climates that are potentially, therapeutic, motivational and healing in nature.

We have had a fantastic reception since starting up in May 2021 and adults that come to our training use words such as 'game changing', 'ground breaking', 'new', 'pioneering', 'straightforward' and 'value for money' and young people generally find us 'helpful' 'validating', 'relaxing', 'interesting' and 'really fun' !

To find out more, please take a look around our website and if you would like a chat about any aspect of what we do or have any queries as to how we may help, please do not hesitate to get in touch....we always like a chat !



Contact Details

Tel: 07869173154

Email: summerhouse.services@gmail.com

www.summer-house.org

<https://www.facebook.com/supportingbrighterfutures>

<https://www.instagram.com/summerhouseservices/>

Company Number 13427929



FREE NSPCC Online Safety Workshops for Parents & Carers



The NSPCC is running a series of free **Online Safety Workshops for Parents & Carers** in during the summer term and beyond via Zoom.

The workshops are 1 hour and will help parents and carers to find out about:

- What children and young people are doing online
- Parental concerns
- What the risks are for young people in terms of what they see, do, and who they meet online
- How to manage these risks as a parent/carer
- Sources of help and support

Each workshop will also focus on a combination of the following topics:

- Gaming
- Social Media
- Online Bullying
- Parental controls
- Mental health and well being
- Modelling good behaviour
- Online challenges, hoaxes and scams
- Persuasive design and screen time vs screen use

We would encourage that a lead professional from your setting is present on the training, so that you are aware of any concerns and can follow up appropriately. You will also benefit from hearing the same key messages as your parent/carer community. However, this is not mandatory.

For more information and to request joining details please email

parentworkshops@nspcc.org.uk

Date	Time	Content
16 th May	4-5pm	Core + Online bullying, social media +modelling good behaviour
24 th May	5-6pm	Core + Online bullying + Online friendships + Parental controls + Social Media
1 st June	7-8pm	Content TBC
6 th June	7-8pm	Core + Online Gaming + Parental Control
15 th June	4-5pm	Core Content + Online Bullying + Mental Health Well-Being + Modelling Good Behaviour
21 June	6-7pm	Core + Mental health and wellbeing + Online friendships+ Parental controls
28 June	7-8pm	TBC
3 July	6-7pm	Core + social media + controls + role modelling
13 July	5-6pm	Core + Gaming + Social + Bullying + Parental Controls
18 July	7-8pm	TBC
16 Aug	7-8pm	Core + Gaming + Social Media + Sharing Nudes + Parental Controls



**Do you have a child
0-5 years old?
Or
Are you expecting a baby?**

Let's Get Chatting!

If you answered 'yes' and you live in Devon,
we would love you to answer a few questions
about how children learn to communicate.
You can find the questions at
<https://forms.office.com/r/ELSUTvz7A6>
or use the QR code



SCAN ME

One Devon



Let's Get Chatting
#letsgetchattingdevon

**Children need adults who will
support them as they learn to
communicate and talk.**

Notice...
How does your child communicate with you?

Respond...
Each time your child communicates
give a response.

Chat...
Chat about everyday life.

Follow the Livewell Southwest
Facebook page over the coming
months for more advice on how to
support your child's communication
development.

One Devon

Let's Get Chatting

Text to accompany Social Media Posts - Please copy and paste

Pre Q post...

A child's ability to communicate with the special people around them is one of the most important things they learn in the first few years of their life. Parents play a really big part in helping their children to learn to communicate and talk. We want to understand how parents in Devon see the role of supporting their children's communication, where they might go to find information and support and what they are already doing that has been helpful. If you are a parent living in Devon and you have a child aged 0-5 years, or you are expecting a baby in the coming months please help us by answering a few questions about supporting your child's communication development. You can find the questions here

- <https://forms.office.com/r/ELSUTvz7A6>

And look out for the 'Let's Get Chatting' social media campaign over the coming months for more information to support your child's developing communication.

Let's Get Chatting digital poster...

A child's ability to communicate with the special people around them is one of the most important things they learn in the first few years of their life. Parents play a really big part in helping their children to learn to communicate and talk. That's why over the coming months you will see an invitation to 'let's get chatting' - a focus on the importance of early communication, how to support children, when to get support and people that can help. Look out for further information on the Livewell Southwest Facebook Page and 'Let's Get Chatting'!

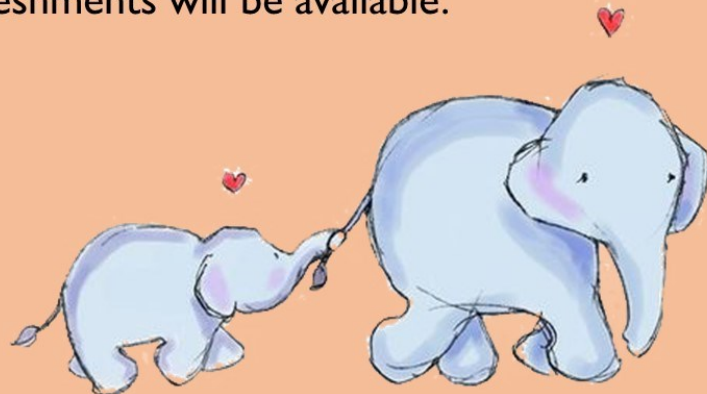
Parent and Toddler Group

Weston Mill Community Primary Academy will be starting a Parent and Toddler Group. This group will be run by Maggie Antell, our Family Support Worker, and Emma Palmer, one of our Mealtime assistants.

The group will be held every Wednesday between 9-10am and will start on the 25th January 2023.

Our Parent and Toddler Group will be held in the additional HUT room. Please arrive through the main reception door from the school playground. A member of staff will be at the door to greet you.

Refreshments will be available.





Weston Mill Community Primary Academy

NURSERY

**Spaces are currently available
for 2, 3 and 4 year olds within
our Nursery.**

**We offer 15 funded hours per child,
opening during term time only.**

Me2 funding now accepted.

**Please see the contact details below to
express an interest in applying for a
nursery place.**



For more information, please contact the
school on **01752 365250** or email
westomill.desk@discoverymat.co.uk.

CALLING ALL DADS OR DADS TO BE



"What I liked most about Dad's group was the opportunity to talk to other dads and have space to chill with my kids".

Dads your kids and coffee, how does that sound?

Start the weekend having some time with your child/ren and meet other local dads.

Opportunity to share stories of vomit, poop and sleep deprivation.

Try your hand at some new activities.

Find out about services available for you!!

Sessions will run monthly on a Saturday morning 10am – 12pm

- 18th March
- 22nd April
- 20th May
- 24th June
- 15th July

Please book to reserve your space



LARK CHILDREN'S CENTRE

Sure Start Community Room (around the back of Ham Drive Nursery PL2 2NJ)
01752 313293 | michelle.caiels@larkcluster.co.uk |

NEW ! On Course South West are running a number of "Dad Clubs" Location: LARK Children's centre on Ham Drive Activities include fairy houses, wood weaving, forest schooling and outdoor cooking Dates : 20th May 24th June 15th July www.onscoursesouthwest.co.uk

The Garden House in Buckland Monachorum.

We are a charity, our aim is to further the science of horticulture and to preserve, enhance and present the gardens for the education and enjoyment of the public.

This summer we will be running some wonderful events that the children may love to come to.

Boxtree Productions will be performing A Midsummer Night's Dream on Saturday 29th July at 2pm and 6pm.

Illyria Theatre will be performing Robin Hood on Saturday 9th September at 2pm.

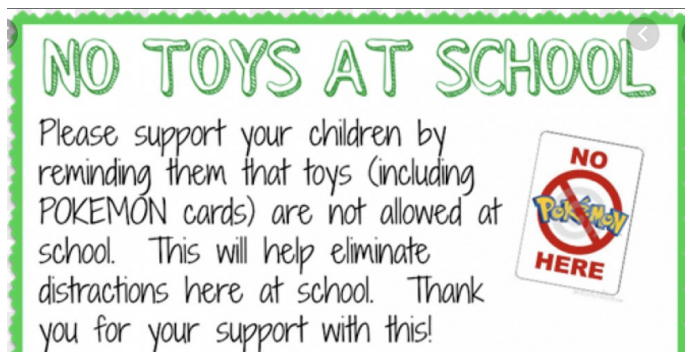
Street food will be available for all theatre events catering for all tastes. Just bring your picnic blankets, stretch out your legs and join us in the open-air for an experience the whole family will enjoy.

We also have the Scarecrow Trail throughout the Summer holidays for children to come and view and vote for their favourite. The winning scarecrow will win free entry to the garden for 4 people. This will run from Saturday 15th July until Sunday 3rd September. There is still time to submit and entry if you would like to.

Our Teddy Bear Picnic will be on Thursday 10th August. There will be face painting, story-telling, a teddy bear trail, a FREE teddy bear cookie and a teddy bear picnic available to purchase on the day for kids (and grown up kids too!) There will be the chance to win a soft toy donated by Toy Cupboard in Tavistock and a Charlie Bear donated by Charlie Bears in Launceston. We will also have a selection of lawn games available to play.

Entry to the garden is free to members. All information is found on www.thegardenhouse.org.uk/whats-on/





TOYS IN SCHOOL

There has been an increase in children bringing toys to school over the last few weeks, including Pokemon cards. Please ensure your child is not bringing toys into school unless a prior arrangement has been made with the school INCO Mrs O'Brien, to support SEND needs or for a class event.



WEBSITE

[Weston Mill Community Primary Academy - Home](#)

CALENDAR

[Weston Mill Community Primary Academy - Calendar](#)

TERM DATES

[Weston Mill Community Primary Academy - Term Dates](#)

IMPORTANT POLICIES

[Weston Mill Community Primary Academy - Important Policies](#)

NEWSLETTER

[Weston Mill Community Primary Academy - Newsletters](#)



Please follow us on our Facebook

[\(1\) Facebook](#)



RARE PLYMOUTH UK, SUMMER 2024! **RARE**

A CLEAN, Age Free, Old skool RAVE, Evoking Fun . Freedom Energy....The Vibe That Defined The Emerging House Scene....
TO CELEBRATE ALL THAT YOUNG PEOPLE ARE TODAY

RARE

RESILIENT . AWARE . RELATIONAL . EMPATHIC

Behind the idea so far...  Education & Bass  LUSH Cosmetics  Clean Our Patch  City Col. Plymouth
    & many more! +  LOTS of the people we work with who are keen to help make RARE 2024 happen!

...ASKING FOR HELP IS A STRENGTH!

Please email Director Penny at summerhouse.services@gmail.com to get involved !

www.summer-house.org . <https://www.facebook.com/supportingbrighterfutures> . <https://www.instagram.com/summerhouseservices> . Co No 13427929



- Two weeks free
 - Free uniform
 - & money back guarantee
- For new members

ATTENTION PARENTS!

ONLY 6
WEEKS UNTIL
THE SUMMER
HOLIDAYS

GIVE YOUR CHILD
NEW CONFIDENCE,
FITNESS AND
WELLBEING, ROUTINE
OVER SUMMER AND
MUCH MUCH MORE

Special
offers for
children in
Plymouth
and
surrounding
areas

CLASSES STARTING NOW IN

Plympton - Plymstock - Peverell -
Honicknowle - Torpoint - Ivybridge

CLICK HERE TO BOOK YOUR FREE TRIAL CLASS

WWW.MATTFIDDES.COM



Holiday Club

Enjoy a happy and healthy unique holiday experience at Plymouth Life Centre!



Our vibrant and varied holiday club provides a safe and fun environment where children can experience a wide range of activities.

Morning 8am to 9am - £2.50 | Core 9am to 3pm - £30.00
Afternoon 3pm to 5pm - £5.00 | Food Lunch & Snack - £4.00

Book Now

www.plymouthactive.co.uk/activities/holiday-activities

Fit and Fed

Fit and Fed funded places

We are delighted to be working in partnership with the Fit and Fed programme which offers children on benefit-related free school meals funded places to our holiday club.
For more information contact us on fitandfed@plymouth.gov.uk

 PlymouthActive (@plymouthactiveleisure)

 @plymouthactive

 Plymouth Active - YouTube

Plymouth Active manages these facilities in partnership with Plymouth City Council



FREE FUNDED HOLIDAY CLUB PLACES AVAILABLE ACROSS THE CITY!

Q: When do the Holiday Clubs run?

A: Funded Holiday Clubs operate Easter, Summer and Christmas.

Q: What age?

A: Fit and Fed is for school aged children from reception to year 11 (inclusive).

Q: Who is it for?

A: Fit and Fed is primarily for children who receive benefit-related free school meals. We are also able to fund places for Looked After Children, Children with Education Health Care Plans, Children under Child Protection Plans, Young Carers and Children of Recognised Refugees or Children from Asylum Seeking and Ukrainian families.



Inflatable Fun



Fun sports games



Free lunch

**TO BOOK A PLACE PLEASE VISIT
WWW.PLYMOUTH.GOV.UK/FITANDFED**

**FOR MORE INFORMATION EMAIL
SPORTSDEV@PLYMOUTH.GOV.UK**



Department
for Education

Fit and Fed